

Basics of Clinical X-Ray Computed Tomography

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EMI parallel beam scanner (1972)

180 views per rotation in 300 s
2x160 positions per view

Siemens 2-2-32=128-slice dual source cone-beam spiral CT (2005)

1536 views per rotation in 0.33 s
2-32x(672+352) 2-byte channels per view
600 MB/s data transfer rate
5 GB data size typical



GE LightSpeed

Toshiba Aquilion

Philips Brilliance

Siemens Somatom Definition

Dual Source



What does CT Measure?

- Polychromatic Radon transform

$$p(L) = -\ln \int dE w(E) e^{-\int dL \mu(r, E)}$$

with normalized detected spectrum: $1 = \int dE w(E)$

- Widely used monochromatic approximation:

$$p(L) \approx \int dL \mu(r, E_{\text{eff}})$$

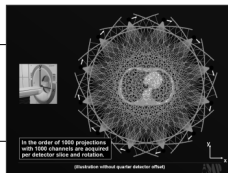
with the effective energy being around 70 keV



CT Basics

From Single-Slice to Cone-Beam Spiral CT

- **Technology**
 - Basic parameters
 - Detector concepts, tube technology
 - Scan trajectories, scan modes
- **Algorithms**
 - 2D filtered backprojection
 - Spiral z-interpolation
 - ASSR and EPBP (cone-beam recon.)
 - Phase-correlated CT (e.g. cardiac CT)
- **Image quality and dose**
 - Spatial resolution (PSF, SSP, MTF)
 - Relation of noise, dose and resolution
 - Dose values (CTDI, patient dose)
 - Dose reduction techniques



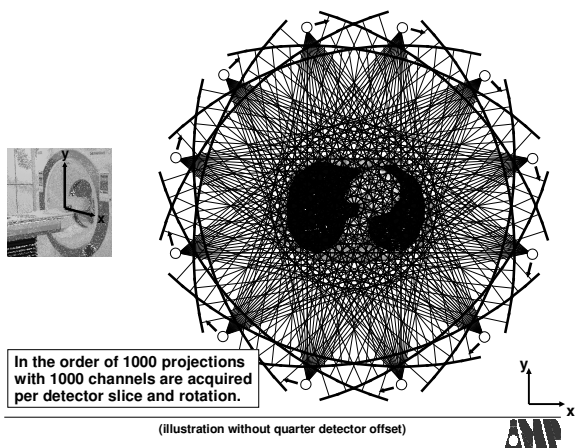
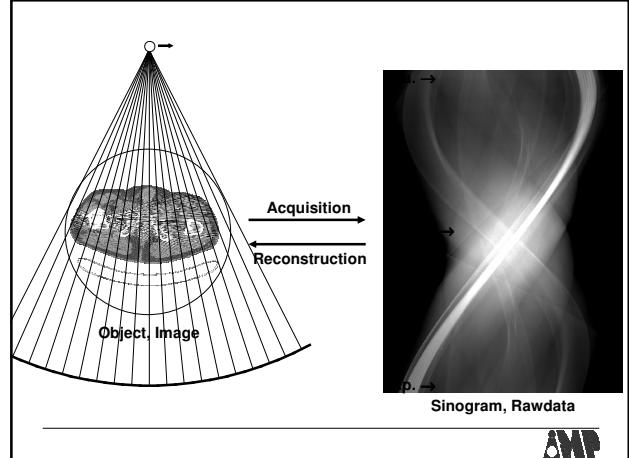
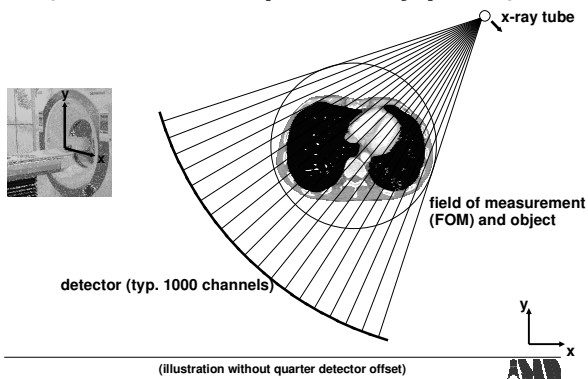
CT-Performance (Best-of Values)

	T_{rot}	collimation	typ. 30 cm scan ¹	slices/s
1972	300 s x 4 ²	2 x 13 mm	---	0.007/4 ²
1980	2 s	2 mm	20 mm, 30 s	0.5
1990	1 s	1 mm	10 mm, 30 s	1 ³
1995	0.75 s	1 mm	8 mm, 30 s	1.3 ³
1998	0.5 s	4 x 1 mm	4 x 1 mm, 30 s	12 ⁴
2002	0.4 s	16 x 0.75 mm	16 x 0.75 mm, 12 s	60 ⁴
2004	0.33 s	64 x 0.5 mm	64 x 0.5 mm, 3 s	240 ⁴
2010	0.2 s	512 x 0.5 mm	512 x 0.5 mm, 0.2 s	2500

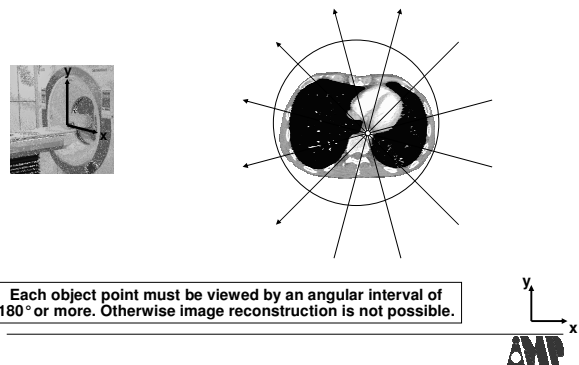
¹ assuming a breath-hold limit of 30 s
² factor 4 converts from head FOM to full body FOM
³ assuming $p = 1$, otherwise S_{eff} is increased
⁴ assuming $p = 1.5$ since IQ is independent of pitch for MSCT



Fan-Beam Geometry (transaxial / in-plane / x-y-plane)



Data Completeness



Basic Parameters

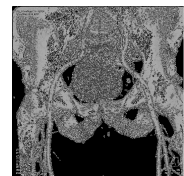
(best-of values typical for modern scanners)

- In-plane resolution: 0.4 ... 0.7 mm
- Nominal slice thickness: $S = 0.5 \dots 1.5$ mm
- Effective slice thickness: $S_{\text{eff}} = 0.5 \dots 10$ mm
- Tube (max. values): 100 kW, 140 kV, 800 mA
- Effective tube current: $\text{mAs}_{\text{eff}} = 10 \text{ mAs} \dots 1000 \text{ mAs}$
- Rotation time: $T_{\text{rot}} = 0.33 \dots 0.5$ s
- Simultaneously acquired slices: $M = 4 \dots 64$
- Table increment per rotation: $d = 2 \dots 50$ mm
- Pitch value: $p = 0.3 \dots 1.5$
- Scan speed: up to 16 cm/s
- Temporal resolution: 50 ... 250 ms



Demands on the Mechanical Design

- Continuous data acquisition in spiral scanning mode
- Able to withstand very fast rotation
 - Centrifugal force at 550 mm with 0.5 s: $F = 9 g$
 - with 0.4 s: $F = 14 g$
 - with 0.3 s: $F = 25 g$
- Mechanical accuracy better than 0.1 mm
- Compact and robust design
- Short installation times
- Long service intervals
- Low cost



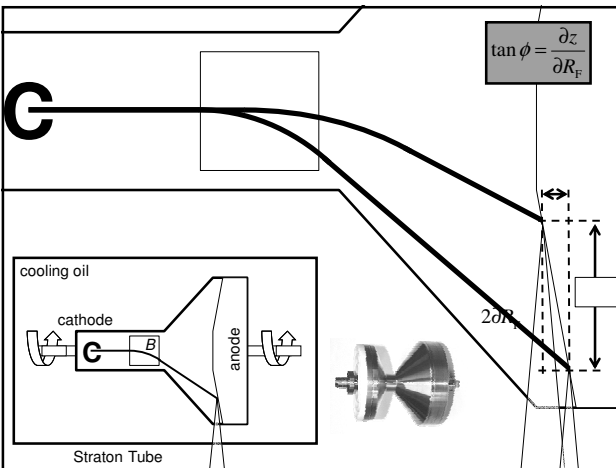
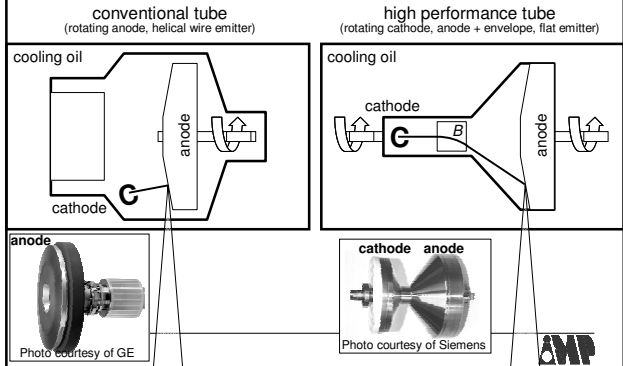


Demands on X-Ray Sources

- High instantaneous power levels (typ. 50-100 kW)
- Increasing with rotation speed
- High continuous power levels (typ. >5 kW)
- High cooling rates (typ. >1 MHU/minute)
- High tube current variation (low inertia)
- Compact and robust design



Tube Technology



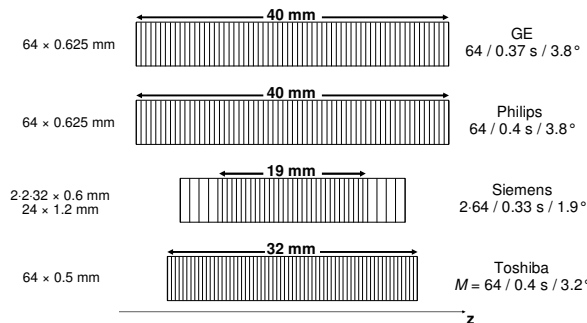
Demands on CT Detector Technology

- Available as multi-row arrays
- Very fast sampling (typ. 300 μs)
- Favourable temporal characteristics (decay time < 10 μs)
- High absorption efficiency
- High geometrical efficiency
- High count rate (up to 10⁸ cps)
- Adequate dynamic range (at least 20 bit)

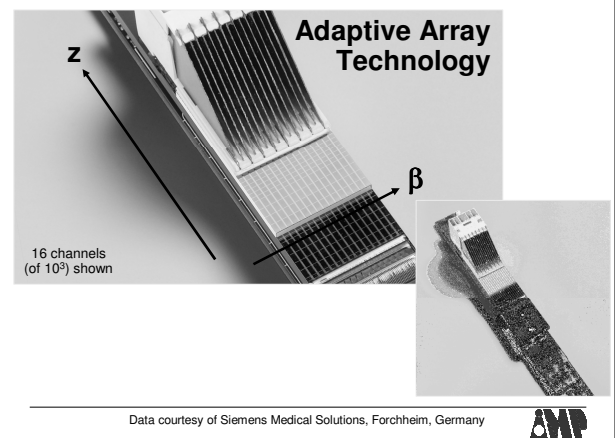
* in the order of 10⁵ counts per reading and 10³ readings per second



Multirow Detectors for Multi-Slice CT 2006

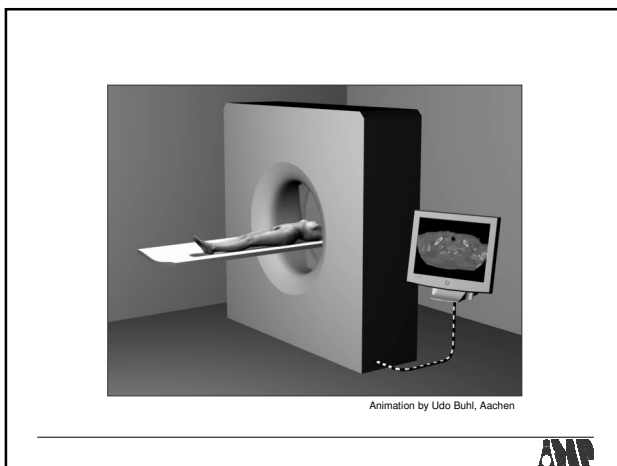
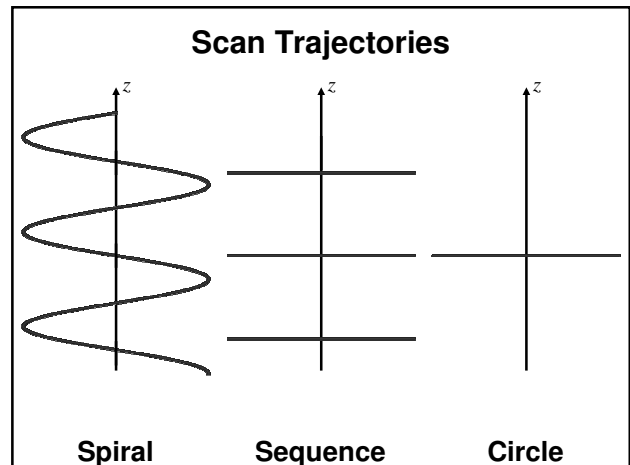
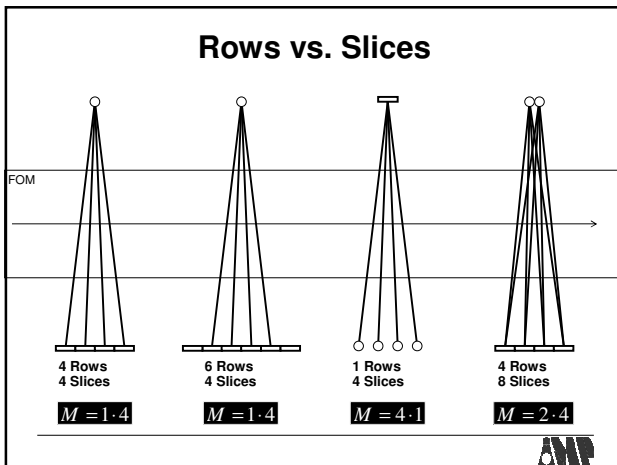


Number of simultaneously acquired slices *M* / Rotation time *t_{rot}* / Cone-angle *Γ*



Data courtesy of Siemens Medical Solutions, Forchheim, Germany





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CTA, Semination 12 at ...

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Emission vs. Transmission

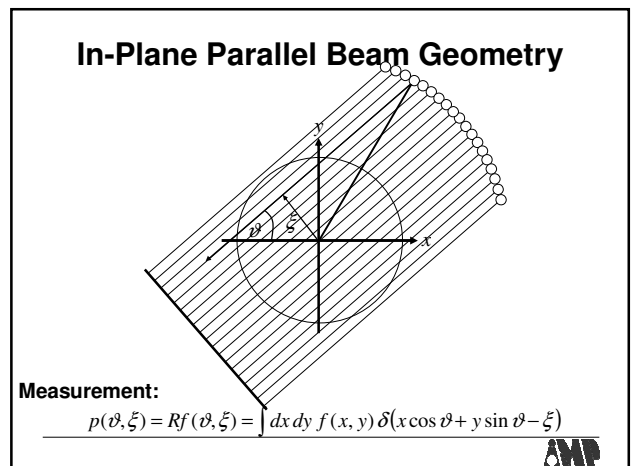
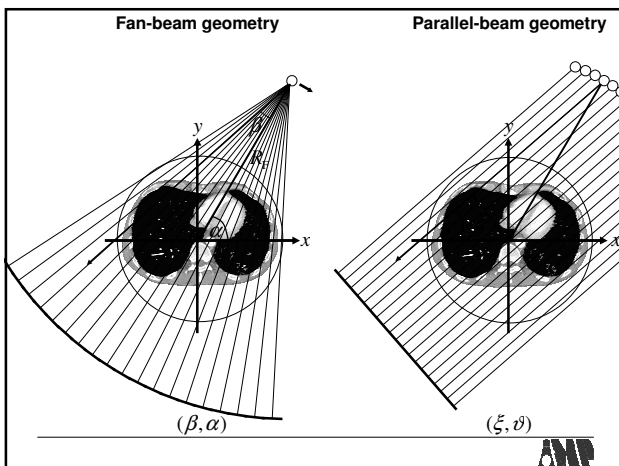
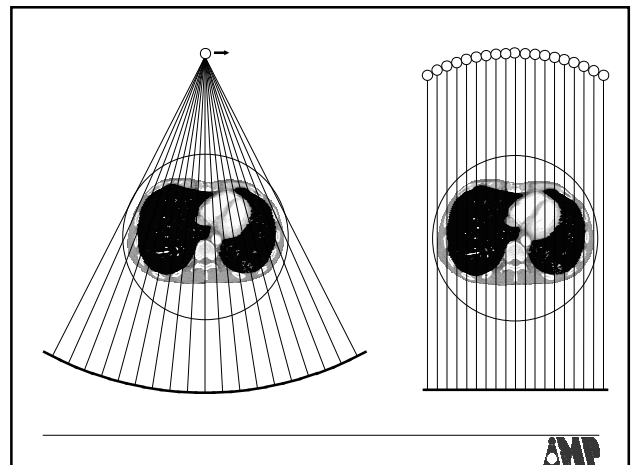
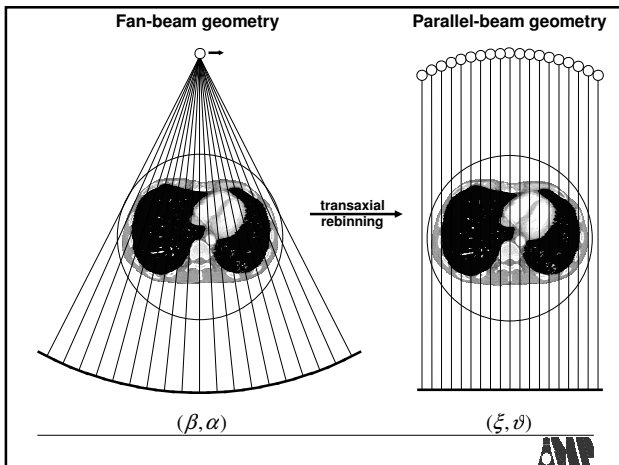
<p><u>Emission tomography</u></p> <ul style="list-style-type: none"> • Infinitely many sources • No source trajectory • Detector trajectory may be an issue • 3D reconstruction relatively simple 	<p><u>Transmission tomography</u></p> <ul style="list-style-type: none"> • A single source • Source trajectory is the major issue • Detector trajectory is an important issue • 3D reconstruction extremely difficult
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2D: In-Plane Geometry

- Decouples from longitudinal geometry
- Useful for many imaging tasks
- Easy to understand
- 2D reconstruction
 - Rebinning = resampling, resorting
 - Filtered backprojection

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FBP (Filtered Backprojection)

Measurement: $p(\vartheta, \xi) = \int dx dy f(x, y) \delta(x \cos \vartheta + y \sin \vartheta - \xi)$

1D FT: $\int d\xi p(\vartheta, \xi) e^{-2\pi i \xi u} = \int dx dy f(x, y) e^{-2\pi i u (x \cos \vartheta + y \sin \vartheta)}$

Central slice theorem: $P_2(\vartheta, u) = F(u \cos \vartheta, u \sin \vartheta)$

Inversion: $f(x, y) = \int_0^\pi d\vartheta \int_{-\infty}^\infty du |u| P_2(\vartheta, u) e^{2\pi i u (x \cos \vartheta + y \sin \vartheta)}$
 $= \int_0^\pi d\vartheta p(\vartheta, \xi) * k(\xi) \Big|_{\xi = x \cos \vartheta + y \sin \vartheta}$

2D Backprojection

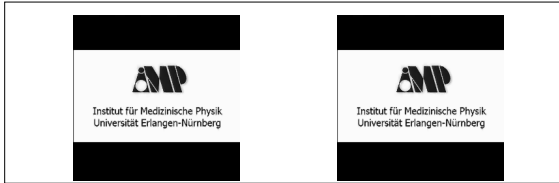
(Discrete Version of the Transpose Radon Transform)

$p(\vartheta, \xi)$

Add ray value to each pixel in the "vicinity" of the ray.

Filtered Backprojection (FBP)

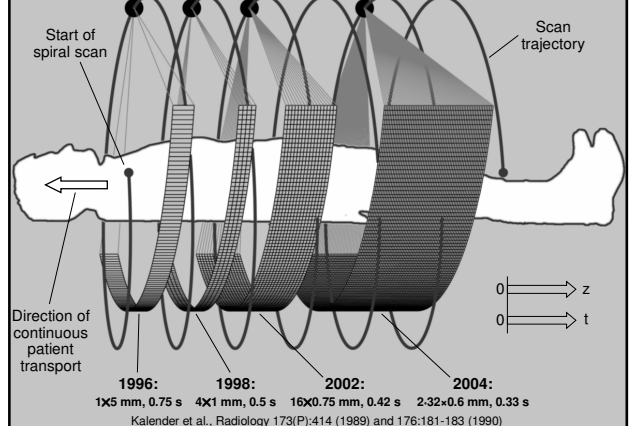
1. Filter projection data with the reconstruction kernel.
2. Backproject the filtered data into the image:



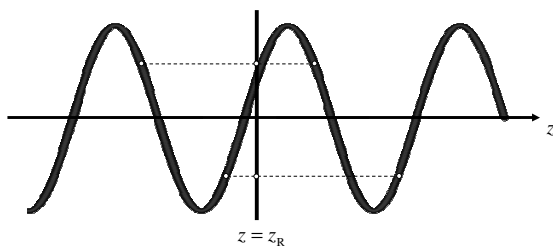
Reconstruction kernels balance between spatial resolution and image noise.



Spiral CT Scanning Principle



Spiral z-Interpolation for Single-Slice CT $M=1$

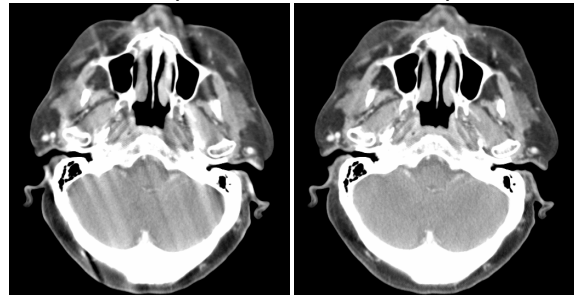


Spiral z-interpolation is typically a linear interpolation between points adjacent to the reconstruction position to obtain circular scan data.

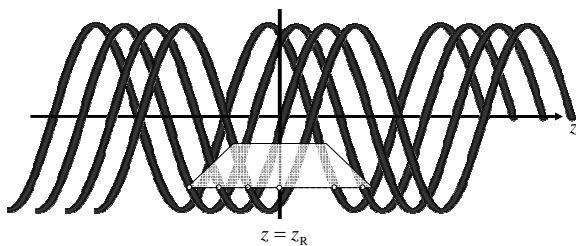


without z-interpolation

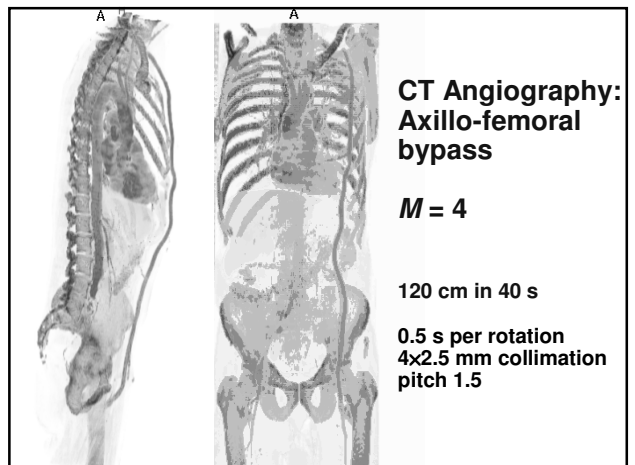
with z-interpolation

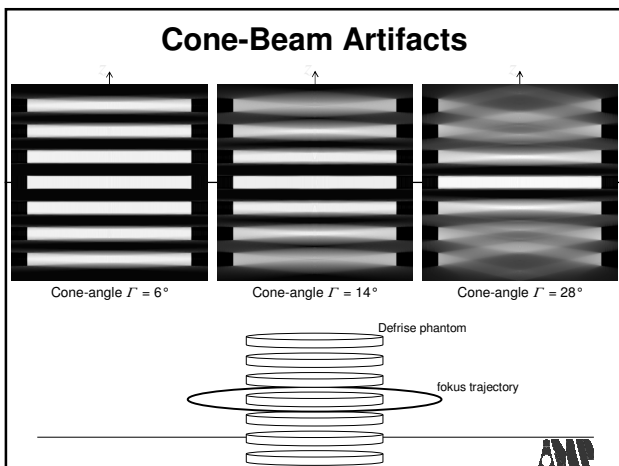
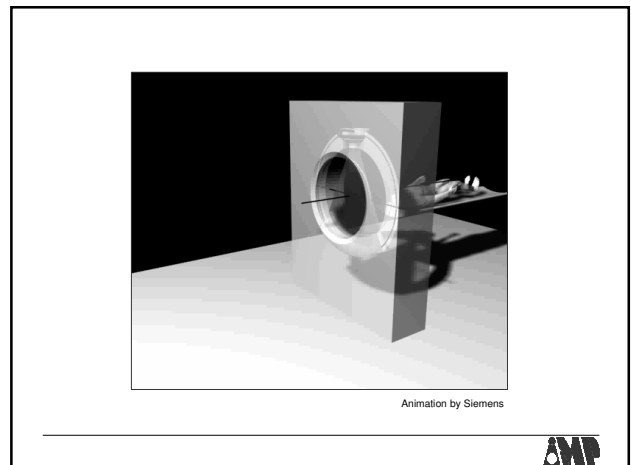
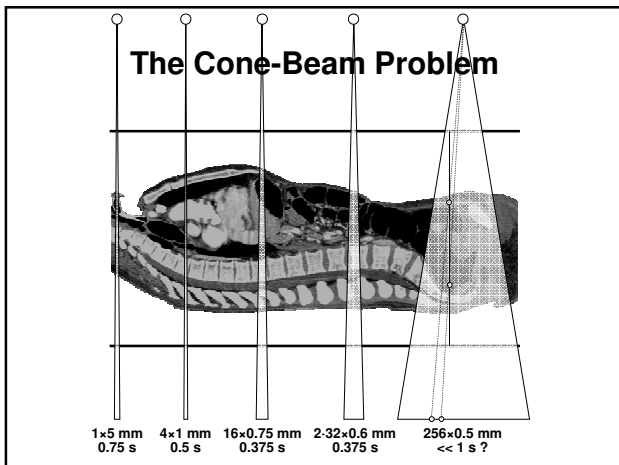


Spiral z-Filtering for Multi-Slice CT $M=2, \dots, 6$



Spiral z-filtering is collecting data points weighted with a triangular or trapezoidal distance weight to obtain circular scan data.





Advanced Single-Slice Rebinning (ASSR)

3D and 4D Image Reconstruction for Small Cone Angles

- First practical solution to the cone-beam problem in medical CT
- Reduction of 3D data to 2D slices
- Commercially implemented as AMPR
- ASSR is recommended for up to 64 slices

Do not confuse the transmission algorithm ASSR with the emission algorithm SSRB!

Kachelrieß M, Schaller S, Kalender WA. Med Phys 2000; 27(4):754-772

The Reconstruction Plane

For each reconstruction position α_R minimize the mean deviation of the R-plane and the spiral segment around α_R .

$$R: \mathbf{n} \cdot \mathbf{r} - c = 0$$

$$\mathbf{n} = \begin{pmatrix} \sin \gamma \cos \varphi \\ \sin \gamma \sin \varphi \\ \cos \gamma \end{pmatrix}$$

3 intersections for each R-plane

Resulting mean deviation at R_F :	$\Delta_{\text{mean}} \approx 0.014 d$
at R_M :	$\Delta_{\text{mean}} \approx 0.007 d$

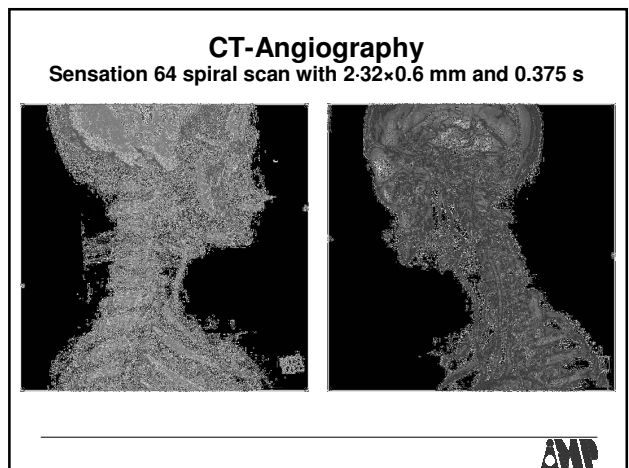
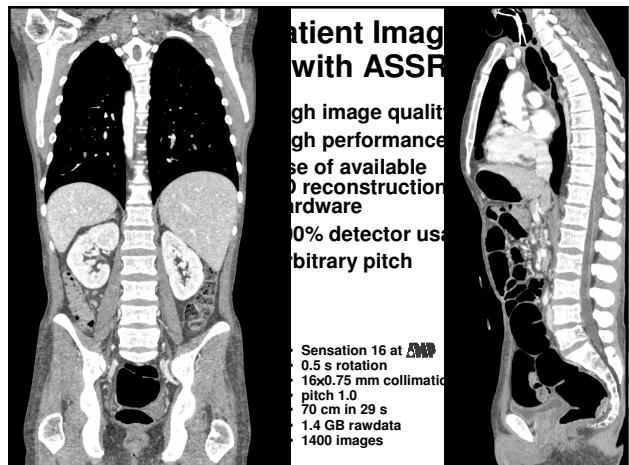
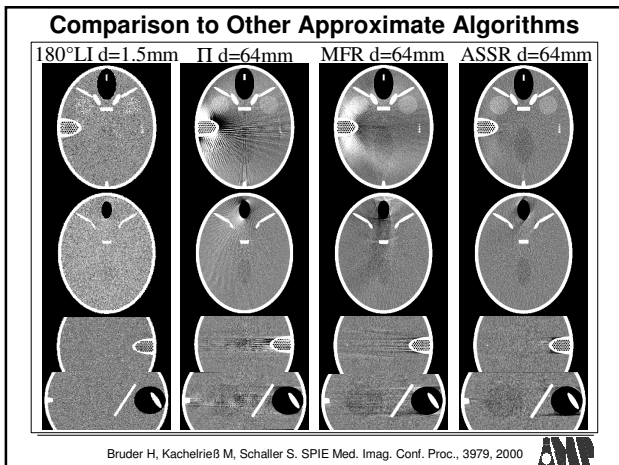
Kachelrieß M, Schaller S, Kalender WA. Med Phys 2000; 27(4):754-772

d-Filtering in the Image Domain

- No in-plane interpolations
- Interpolation along d
- Arbitrary d -filter width

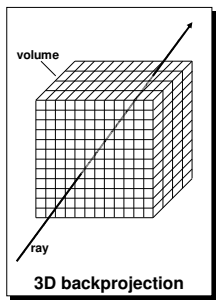

primary, tilted images
 d
 x, y, ξ
 R
final, transaxial images

Kachelrieß M, Schaller S, Kalender WA. Med Phys 2000; 27(4):754-772



Feldkamp-Type Reconstruction

- Approximate
- Similar to 2D reconstruction:
 - row-wise filtering of the rawdata
 - followed by backprojection
- True 3D volumetric backprojection along the original ray direction
- Compared to ASSR:
 - larger cone-angles possible
 - lower reconstruction speed
 - requires 3D backprojection hardware





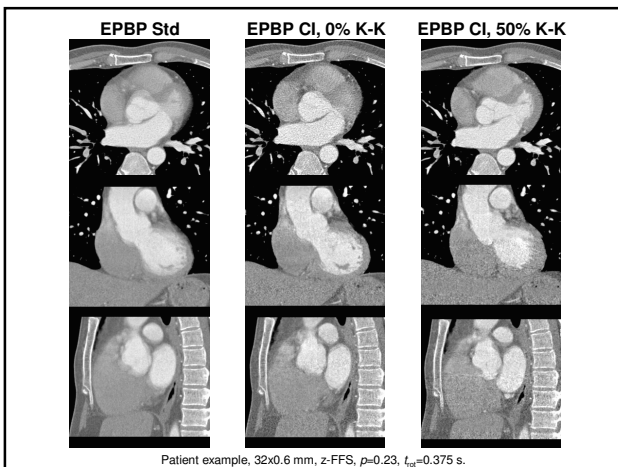
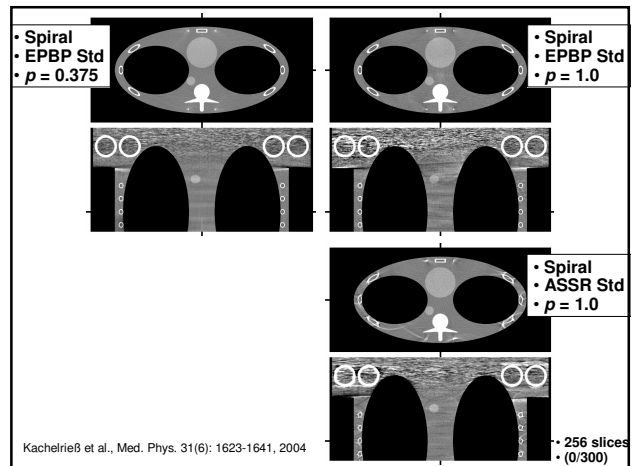
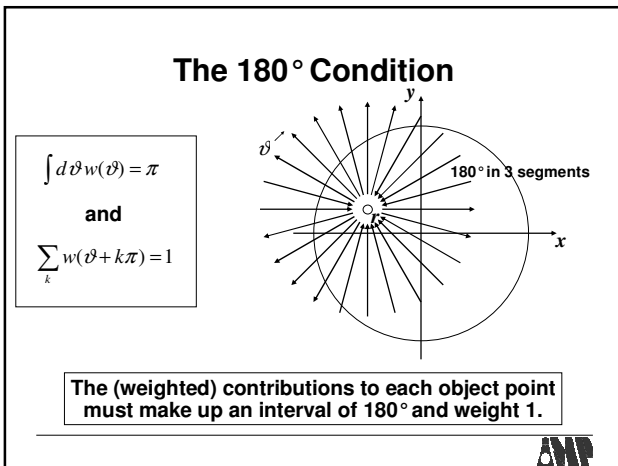
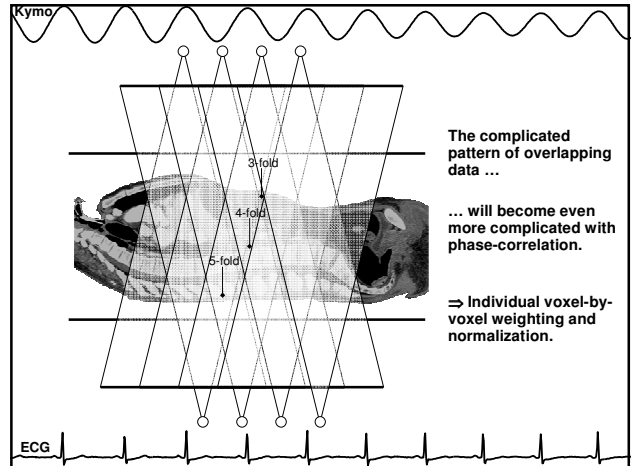
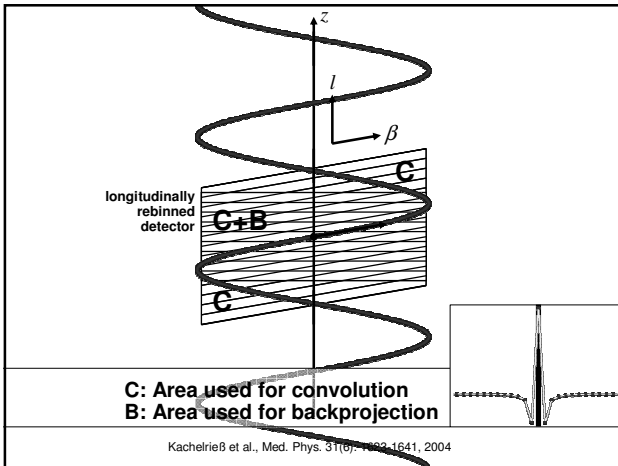
Extended Parallel Backprojection (EPBP)

3D and 4D Feldkamp-Type Image Reconstruction for Large Cone Angles

- Trajectories: circle, sequence, spiral
- Scan modes: standard, phase-correlated
- Rebinning: azimuthal + longitudinal + radial
- Feldkamp-type: convolution + true 3D backprojection
- 100% detector usage
- Fast and efficient

Kachelrieß et al., Med. Phys. 31(6): 1623-1641, 2004





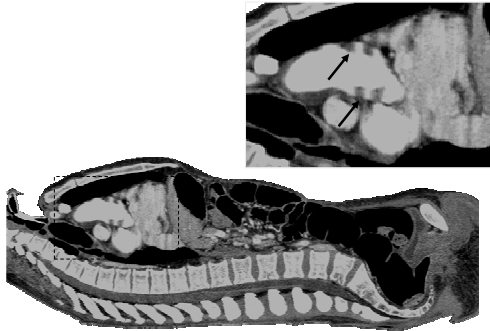
Advantages of Multi-Slice Spiral CT

- Image quality independent of scan parameters
- Increase (up to a factor of M)
 - of scan speed
 - of z-resolution
- New applications
 - CT angiography
 - dynamic studies
 - virtual endoscopy
 - cardiac CT
 - ...

Today, complete anatomical regions are routinely scanned with MSCT within a few seconds with isotropic sub-millimeter spatial resolution.

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Motion Artifacts of the Heart



Cardiac CT

- Periodic motion
- Synchronisation needed (ECG, Kymogram, others)
- Prospective Gating
- Phase-correlated reconstruction = Retrospective Gating
 - Single-phase (partial scan) approaches, e.g. 180°MCD
 - Bi-phase approaches, e.g. ACV (Flohr et al.)
 - Multi-phase Cardio Interpolation methods, e.g. 180°MCI (gold-standard)
- Generations
 - Single-slice spiral CT: 180°CD, 180°CI (introduced 1996)
 - Multi-slice spiral CT: 180°MCD, 180°MCI (introduced 1998)
 - Cone-beam spiral CT: ASSR CD, ASSR CI (introduced 2000)
 - Wide cone-beam CT: EPBP (introduced 2002)

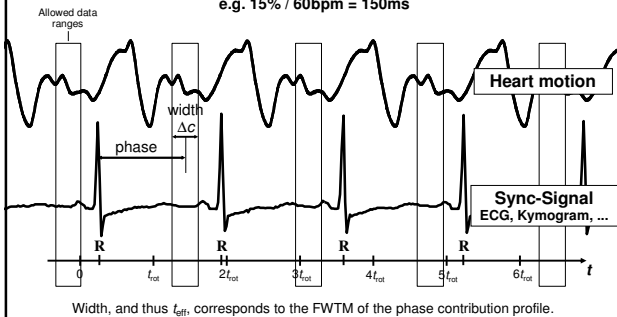
*Med. Phys. 25(12) 1998, Med. Phys. 27(8) 2000, Proc. Fully 3D 2001, Med. Phys. 31(6) 2004



Synchronization with the Heart Phase

$$t_{\text{eff}} = \text{width} / \text{heart rate}$$

e.g. 15% / 60bpm = 150ms



Kachelrieß et al., Radiology 205(P):215, (1997)



Maximum Pitch for Full Phase Selectivity

- Voxel illumination must exceed one motion cycle
- Table increment per motion cycle must not exceed collimation

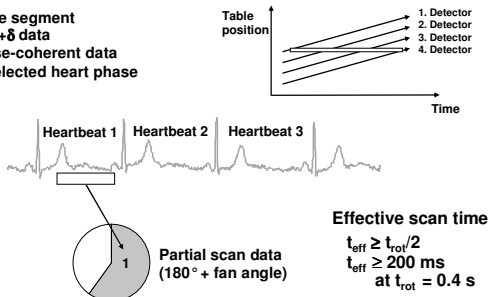
$$p \leq f_{\text{H}} t_{\text{rot}}$$

- E.g. $t_{\text{rot}} = 0.5 \text{ s}$ and $f_{\text{H}} = 60 \text{ bpm}$ implies $p < 0.5$
- The smaller the pitch value the more segments can be combined



Partial Scan Reconstruction

Use one segment of $180^\circ + \delta$ data of phase-coherent data for a selected heart phase

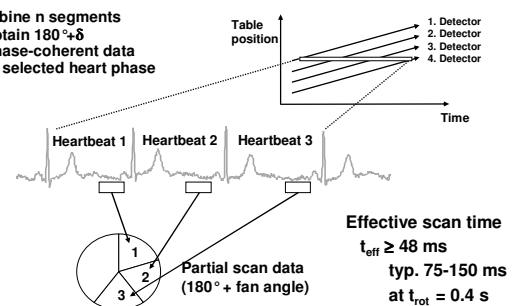


Kachelrieß, Ulzheimer, Kalender, Med. Phys. 27(8):1881-1902 (2000)



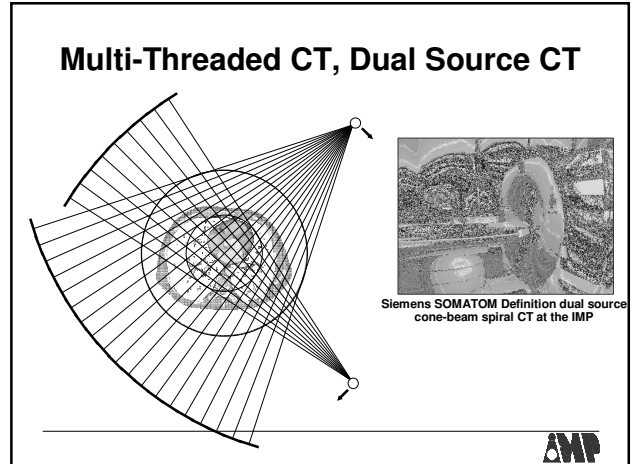
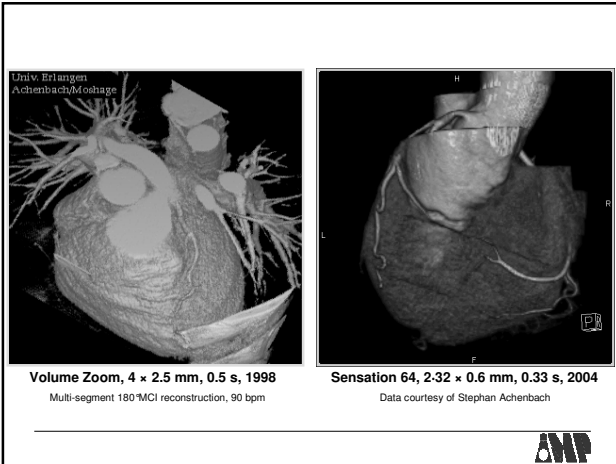
Multi-Segment Reconstruction

Combine n segments to obtain $180^\circ + \delta$ of phase-coherent data for a selected heart phase



Kachelrieß, Ulzheimer, Kalender, Med. Phys. 27(8):1881-1902 (2000)





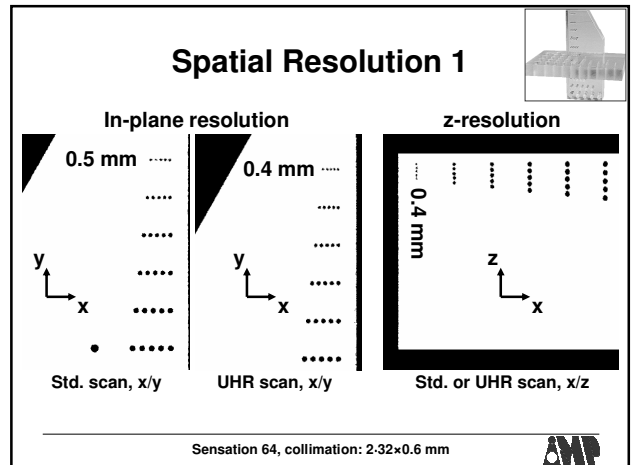
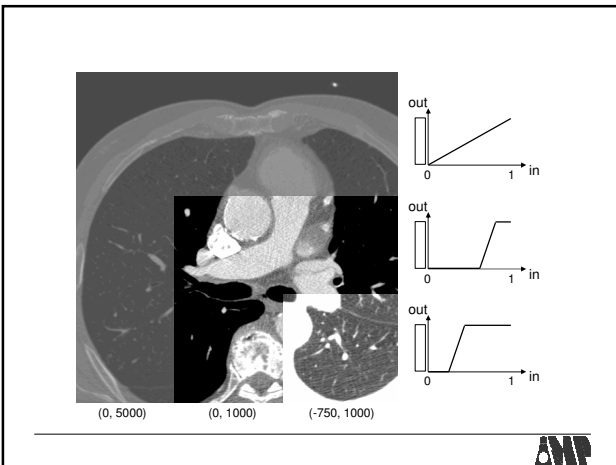
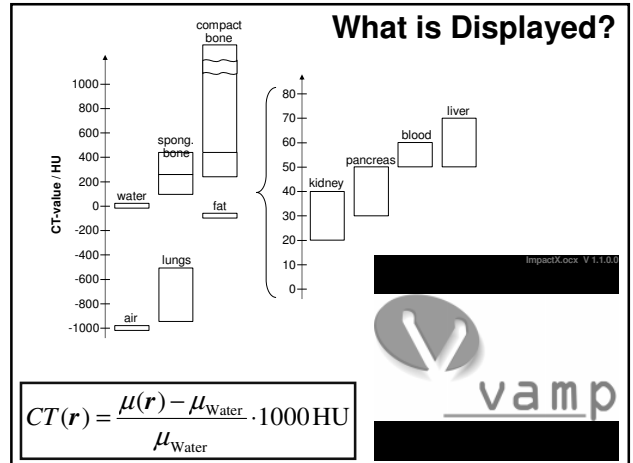
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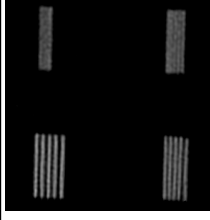
Patient Example

AEC: 34% mA reduction at constant image quality

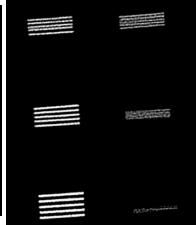


Spatial Resolution 2

In-plane resolution

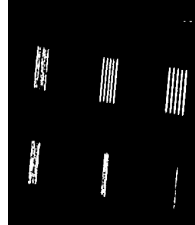


Std. scan, x/y



UHR scan, x/y

z-resolution



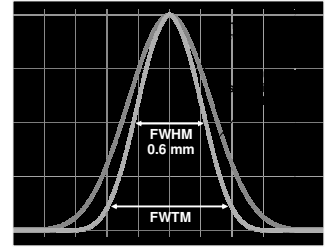
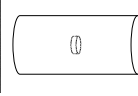
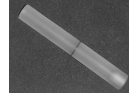
Std. or UHR scan, x/z

Sensation 64, collimation: 2.32x0.6 mm



Spatial Resolution 3

Point Spread Function (PSF), Slice Sensitivity Profile (SSP)



FWHM = S_{eff} = effective slice thickness = freely selectable parameter during image recon.

Sensation 64, collimation: 2.32x0.6 mm



Tricks to Improve Resolution

- Sharp reconstruction kernels
- Lowest possible S_{eff}
- Decrease the size of the detector pixels
- Oversampling
 - zFFS
 - α FFS
 - Detector quarter offset
- Use of detector combs

However, image noise becomes crucial!



Dependencies of IQ and Dose

- Image quality is determined by spatial resolution and contrast resolution (image noise)
- Image noise decreases with the square-root of dose

$$\sigma^2 \propto \frac{1}{D} \propto \frac{1}{mAs_{eff}}$$

- Dose increases with the fourth power of the spatial resolution for a given object and image noise

$$(\sigma / \mu)^2 \propto \frac{e^{\mu^2 R} + 1}{\mu^2 dx^4}$$

Noise relative to the background (=1/SNR)

Fourth power of the resolution element size



Dose Calculator

Demo version of ImpactDose available at www.vamp-gmbh.de



Patient Dose in CT

Typical Values for 16-Slice Scanners

	Head	Thorax	Abdomen	Pelvis
Scan range / mm	120	300	400	200
Scan time / s	0.75	0.5	0.5	0.5
Collimation / mm	16x0.75	16x0.75	16x0.75	16x0.75
Eff. mAs / mAs	320	100	160	160
Critical organ	Brain	Lung	Stomach	Colon
Organ dose / mSv	54.6	11.2	15.7	11.7
Eff. dose / mSv	2.9	3.8	8.2	3.9
Eff. dose / 2.1 mSv	1.4	1.8	3.9	1.9

Routine protocols, 120 kV, male phantom.



Strategies for Dose Reduction

Potential reasons for an increase:

- Higher volume coverage
- Multiphasic examinations
- More examinations
- Higher spatial resolution
- New special applications

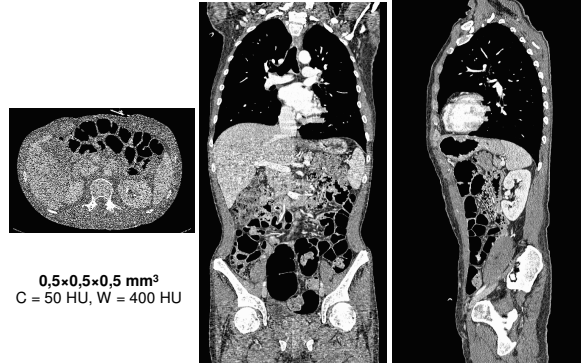


Potential ways to decrease dose:

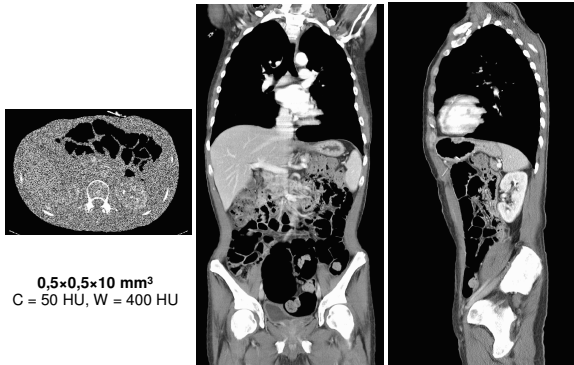
- New display techniques
- Advanced reconstruction (MAF)
- Automatic exposure control (AEC)
- Optimized spectra
- Dose training (dose tutor)



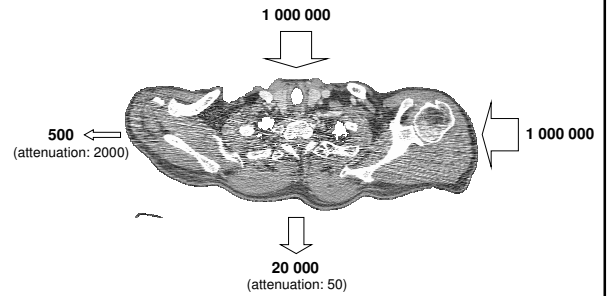
Standard Display



Sliding Thin Slab (STS) Display



Tube Current Modulation

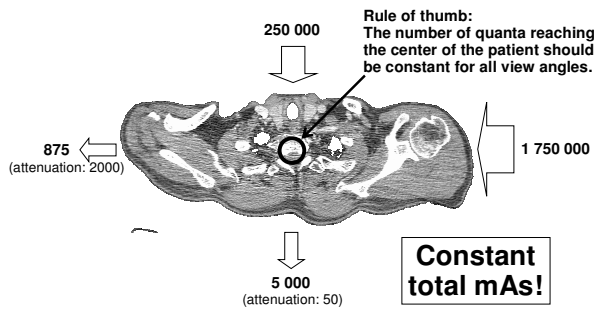


Constant tube current: High, inhomogeneous noise.

$$\sigma_{\text{pixel}}^2 = \text{CONST.} \cdot \sum \sigma_{\text{projection},n}^2$$



Tube Current Modulation

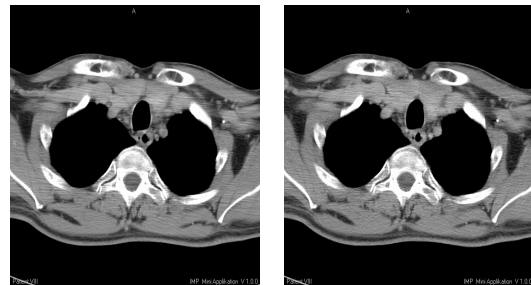


Modulated tube current: Low, homogeneous noise.

$$\sigma_{\text{pixel}}^2 = \text{CONST.} \cdot \sum \sigma_{\text{projection},n}^2$$



Dose Reduction by Tube Current Modulation



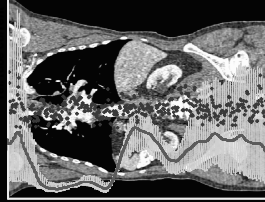
53% dose reduction on average for the shoulder region
49% dose reduction in this case

Kalender WA et al. Med Phys 1999; 26(11):2248-2253



Automatic Exposure Control (AEC)

(z-dependent + angular dependent tube current modulation)

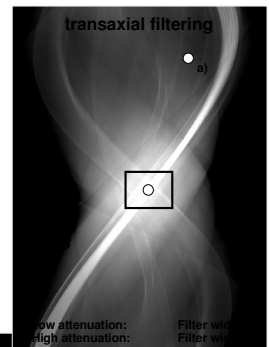


34% mAs reduction with AEC at constant image quality for that specific case



Multidimensional Adaptive Filtering (MAF)

- Rawdata based
- Local smoothing of noisy data (less than 5% modification)
- No loss of spatial resolution
- Efficient
- Noise reduction can be equivalently converted to dose reduction



$$p_{\text{MAF}}(\beta, \alpha, b) =$$

$$\int d\beta' d\alpha' db' f_{\Delta\beta}(\beta - \beta') f_{\Delta\alpha}(\alpha - \alpha') f_{\Delta b}(b - b') p(\beta', \alpha', b')$$

Kachelrieß M, Watzke O, Kalender WA. Med Phys 2001; 28:475-490



Noise image (standard 180 mAs)

Noise image (adaptive 180 mAs)

Difference image

180 mAs relative to 180 mAs:

	Noise	Dose	Resolution
left:	61%	37%	97%
center:	63%	40%	97%
right:	60%	36%	97%
upper:	100%	100%	100%

Noise in the shoulder region typically reduced to 50%...70%.

collimation 4x1 mm, d = 5 mm, (C=0 / W=500)

Standard MFI

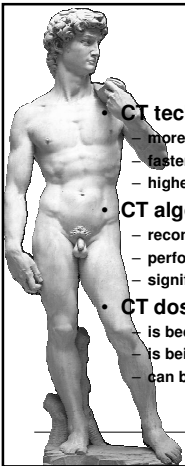
Adaptive MAF

Difference images

collimation 4x1 mm, d = 5 mm, (C=0 / W=500)

Summary

- CT technology is further evolving towards
 - more slices
 - faster rotation times
 - higher spatial resolution
- CT algorithms
 - reconstruct cone-beam data for any trajectory
 - perform phase-correlated imaging (4D)
 - significantly reduce artifacts (beam hardening, truncation ...)
- CT dose
 - is becoming more and more an important issue (also in the US)
 - is being reduced by manufacturers' efforts (e.g. MAF, AEC)
 - can be most significantly reduced by user training



Thank You!

