

Dark matter detection via atomic spectroscopy

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in collaboration with Jack D. Shergold (Liverpool University) and Martin Bauer (Durham University)

Based on [\[2407.12913\]](#) and [\[2507.14287\]](#)



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What's this about?

- Atomic scattering experiments are the realm of **heavy DM**



n



e



DM



γ



p

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- For **light DM**, small momentum transfer makes detection via scattering hard



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What's this about?

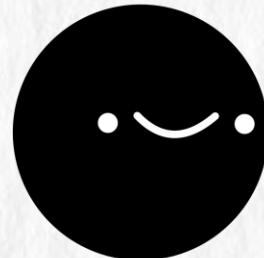
- Atomic scattering experiments are the realm of **heavy DM**
- For **light DM**, small momentum transfer makes detection via scattering hard
- Any other way of **detecting light DM?**



n



e



DM



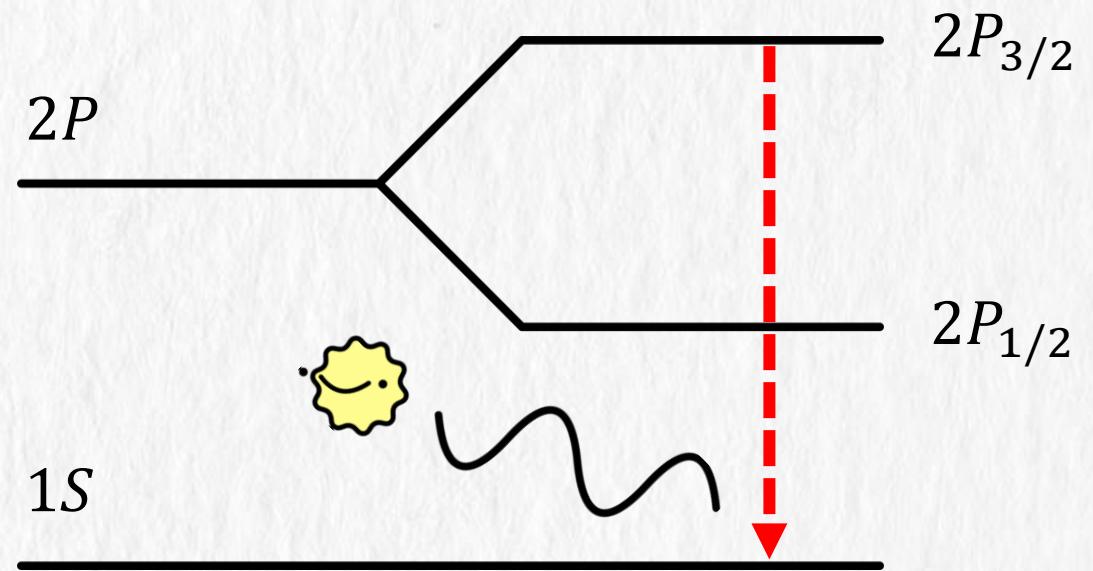
γ



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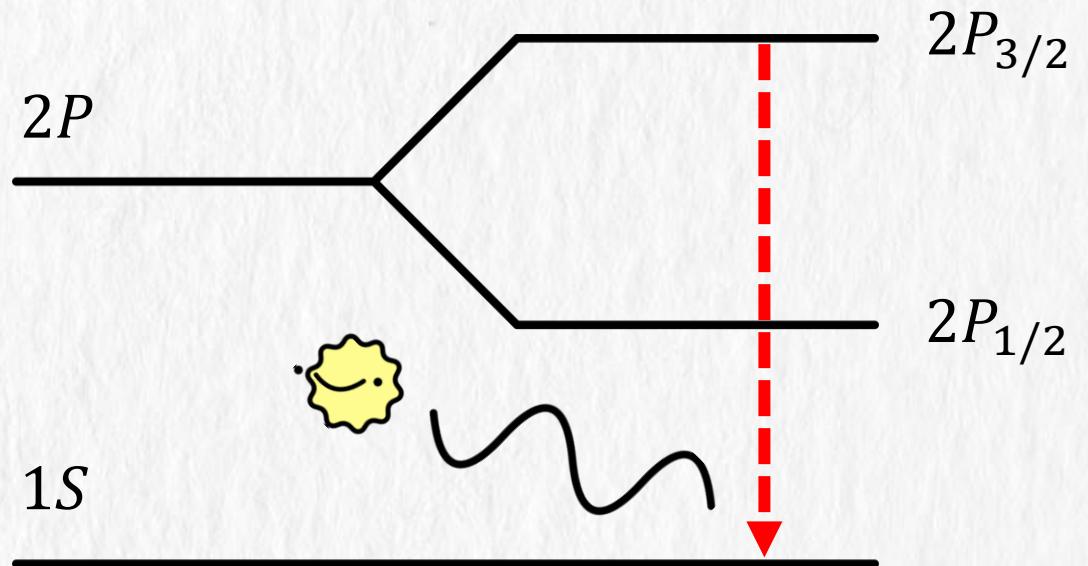
Atomic transitions

- Atomic transitions are in the $\mu\text{eV} - \text{eV}$ range...



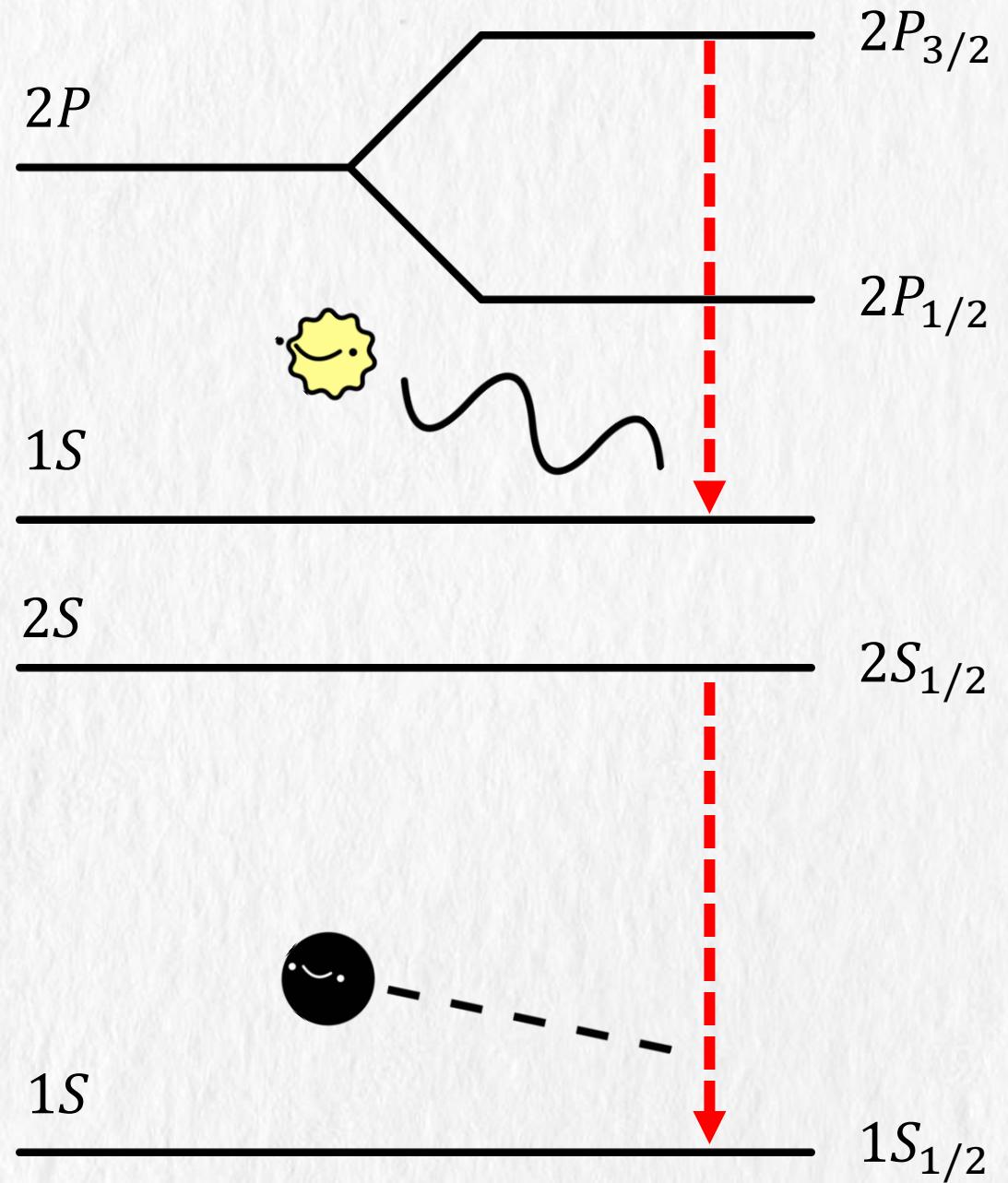
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- These are dominated by photons... **or are they?**



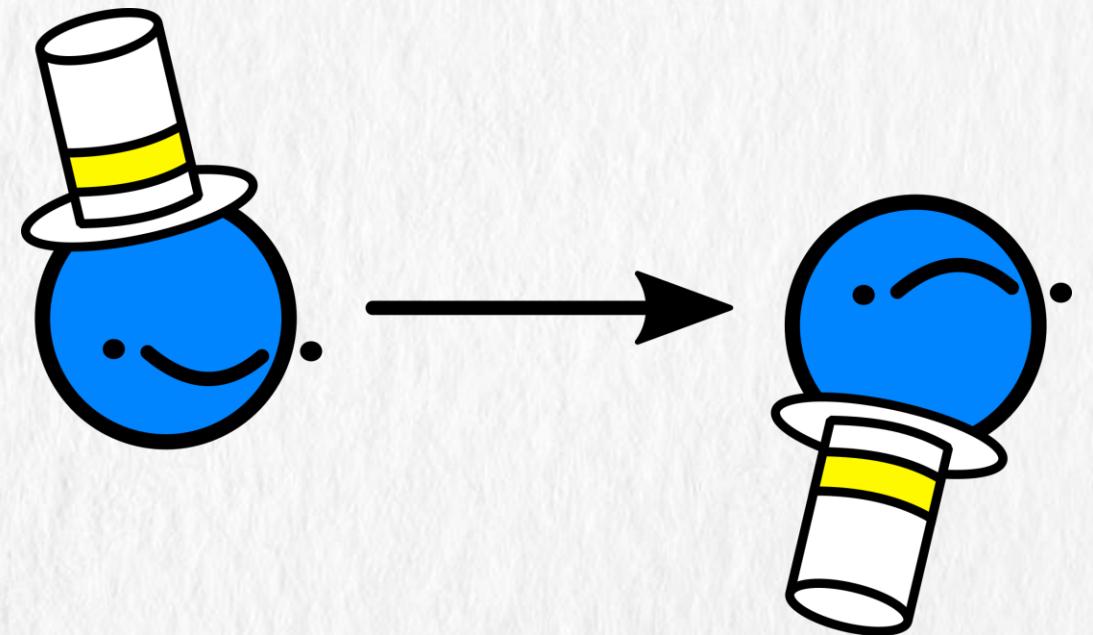
Atomic transitions

- Atomic transitions are in the $\mu\text{eV} - \text{eV}$ range...
- These are dominated by photons... **or are they?**
- **Some transitions are heavily suppressed** for photons (vector couplings with SM) but not for DM (any coupling a priori)



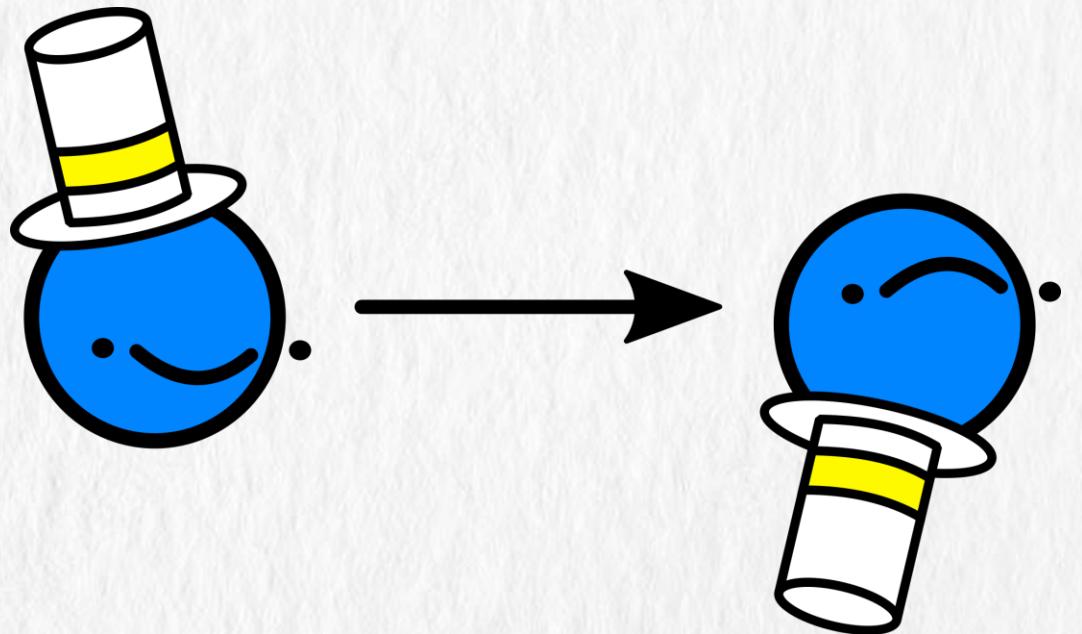
Spin flip transition

- In this talk I'll use **electronic spin flip** as an example



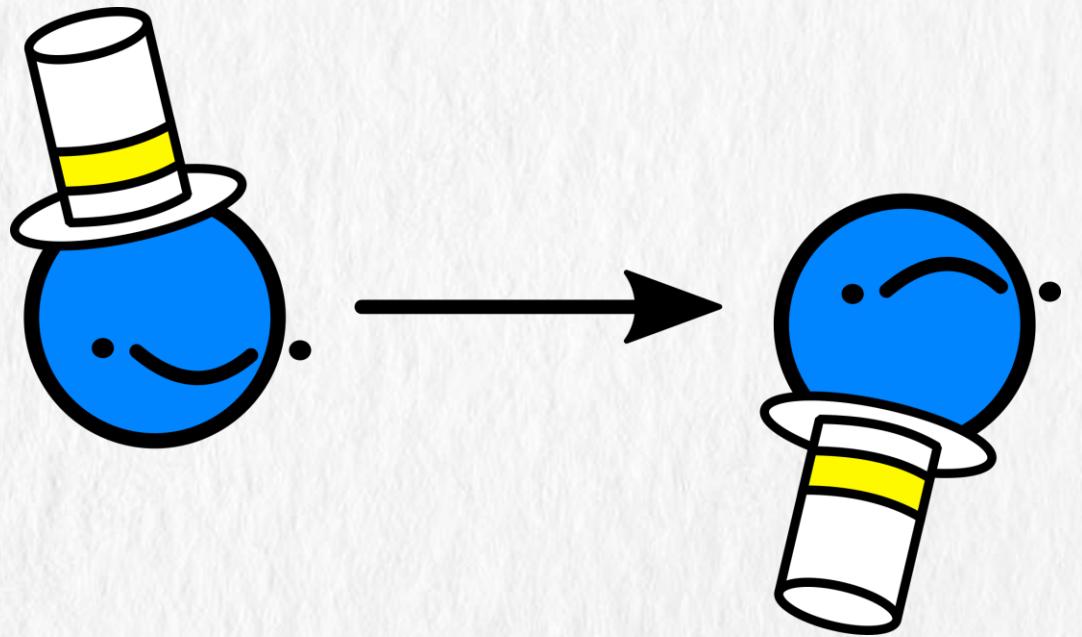
Spin flip transition

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- **Suppressed for photons** but leading order for axial-vector couplings (like axions!)

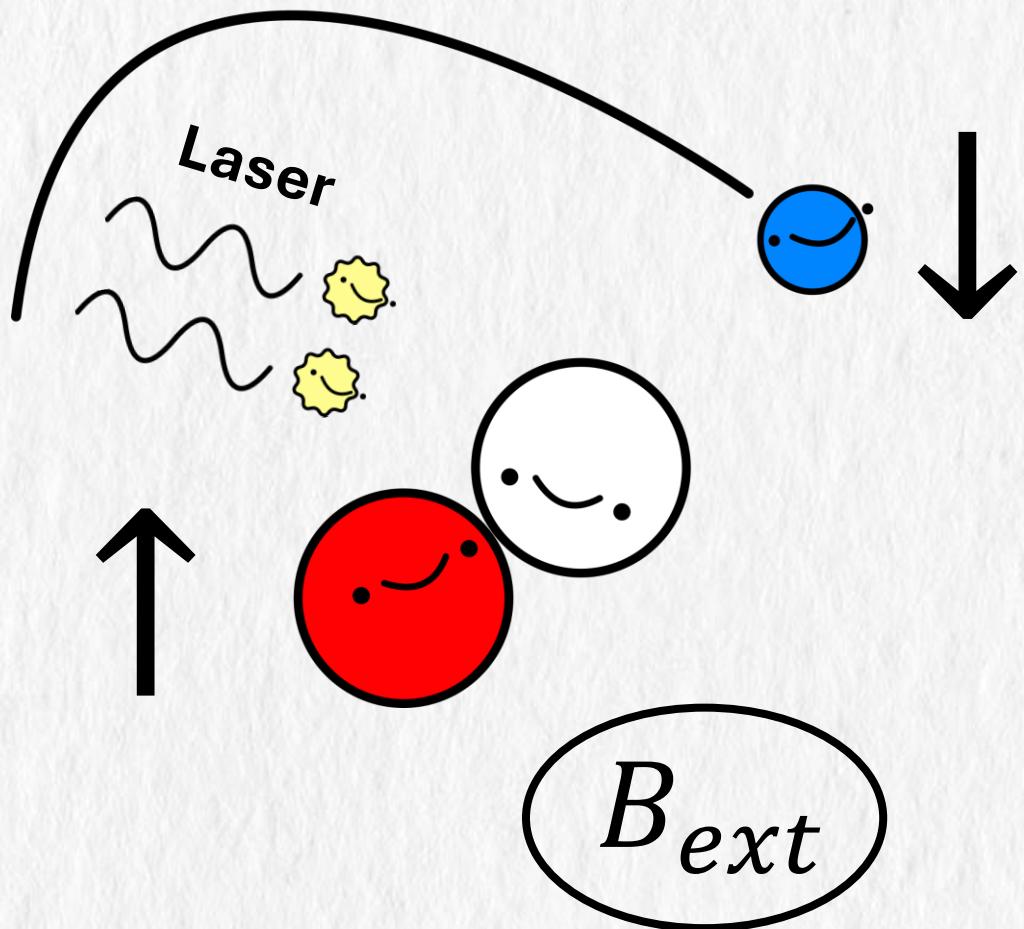


Spin flip transition

- In this talk I'll use **electronic spin flip** as an example
- **Suppressed for photons** but leading order for axial-vector couplings (like axions!)
- We can make a **super simple experimental setup** with these [1409.2806]



Atomic system with an **external**
magnetic field and a laser

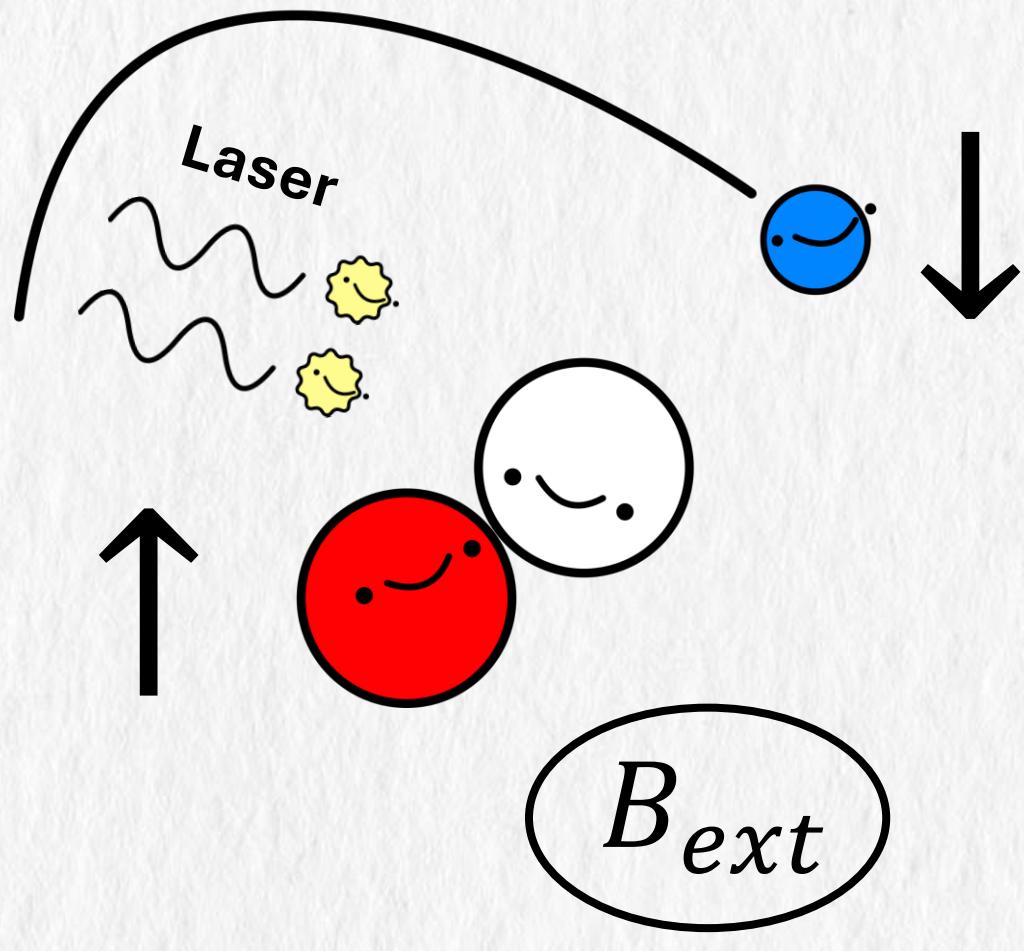


— $|1\rangle$

— $|\uparrow\uparrow\rangle$

— $|\uparrow\downarrow\rangle$

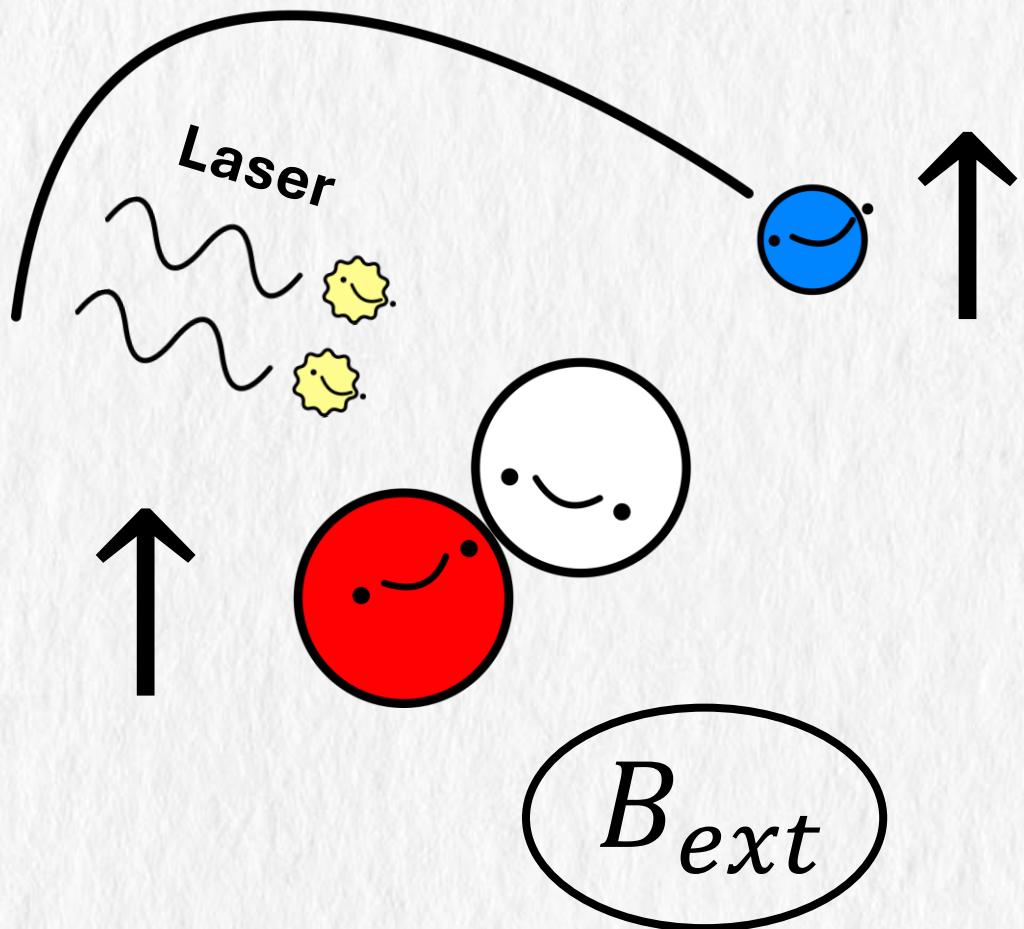
Atomic system with an **external**
magnetic field and a laser



— | 1 ⟩

— | ↑↑ ⟩
Antiparallel spins
(ground state)
— | ↑↓ ⟩

Atomic system with an **external**
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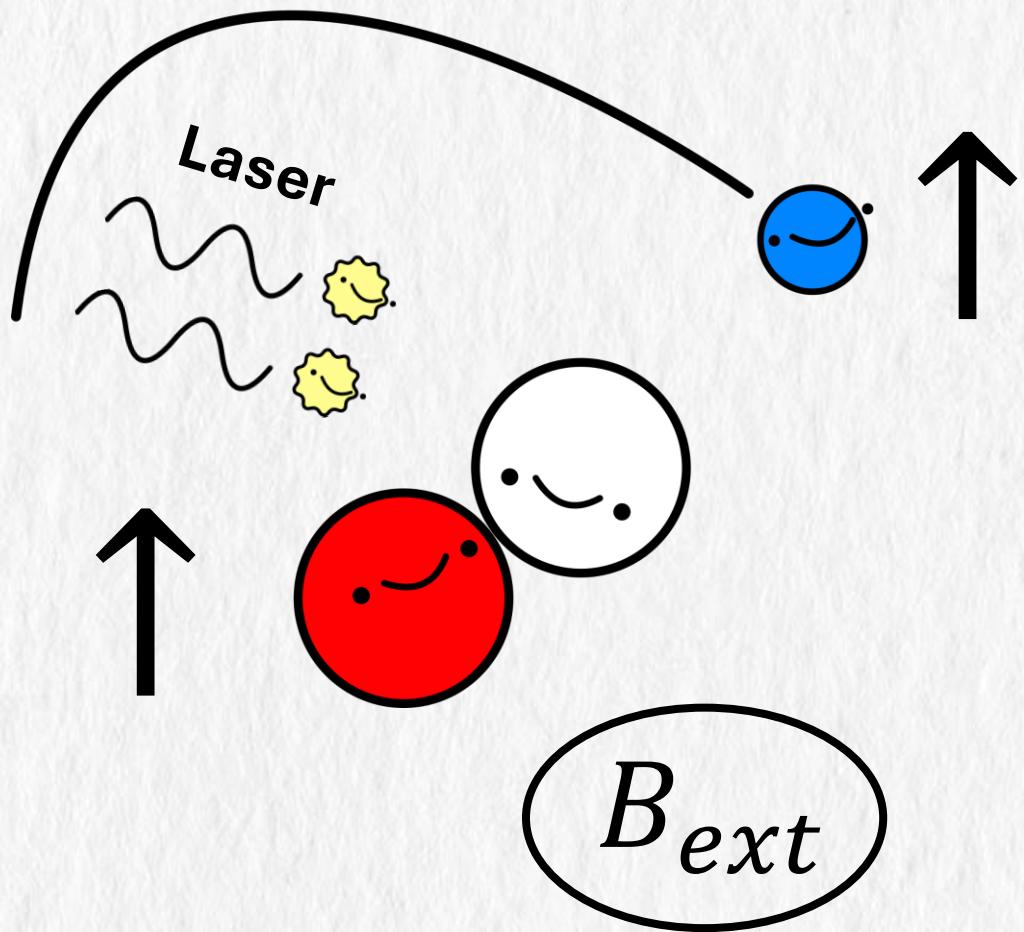
— | 1 ⟩

Parallel spins
($\mu\text{eV} - \text{meV}$ gap to the GS)

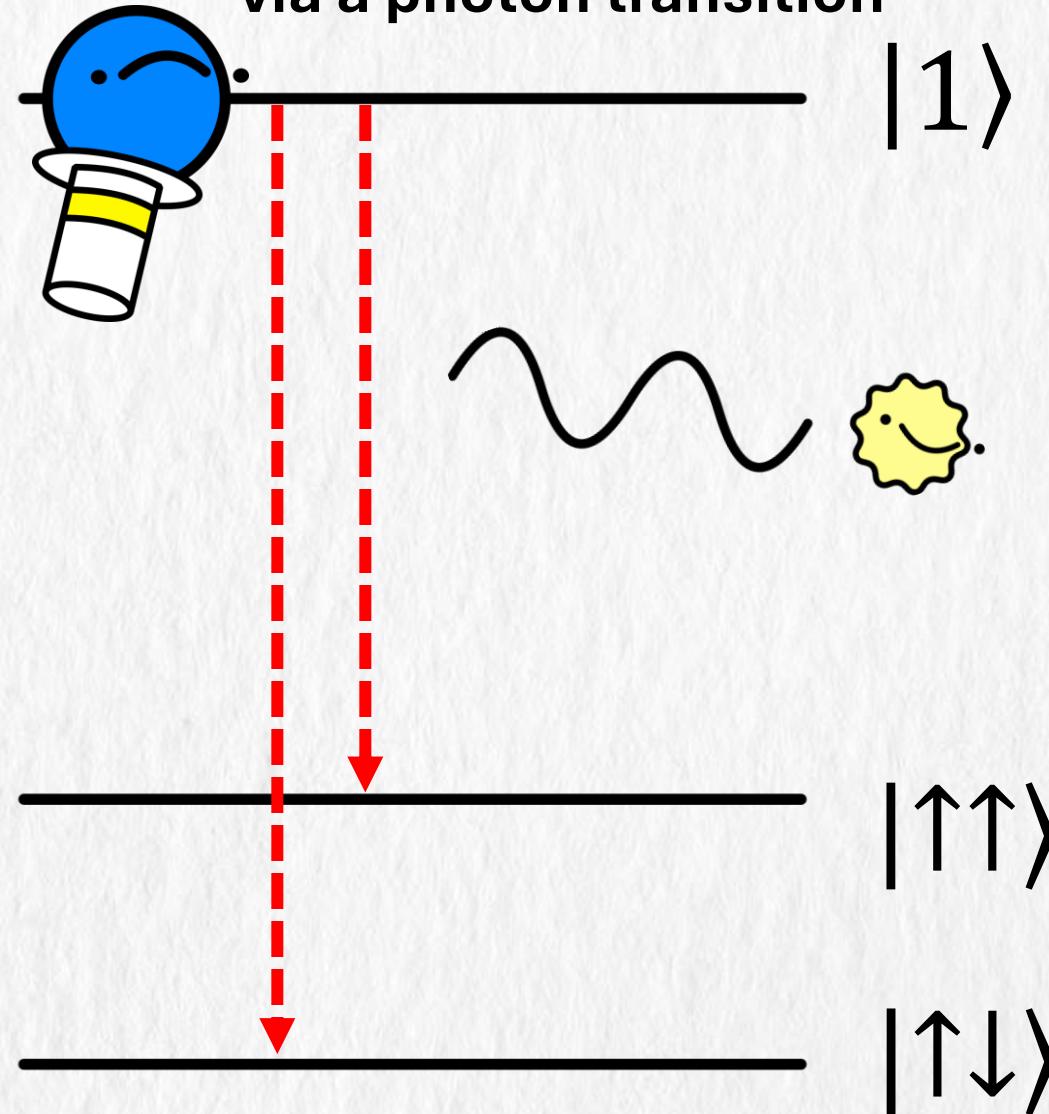
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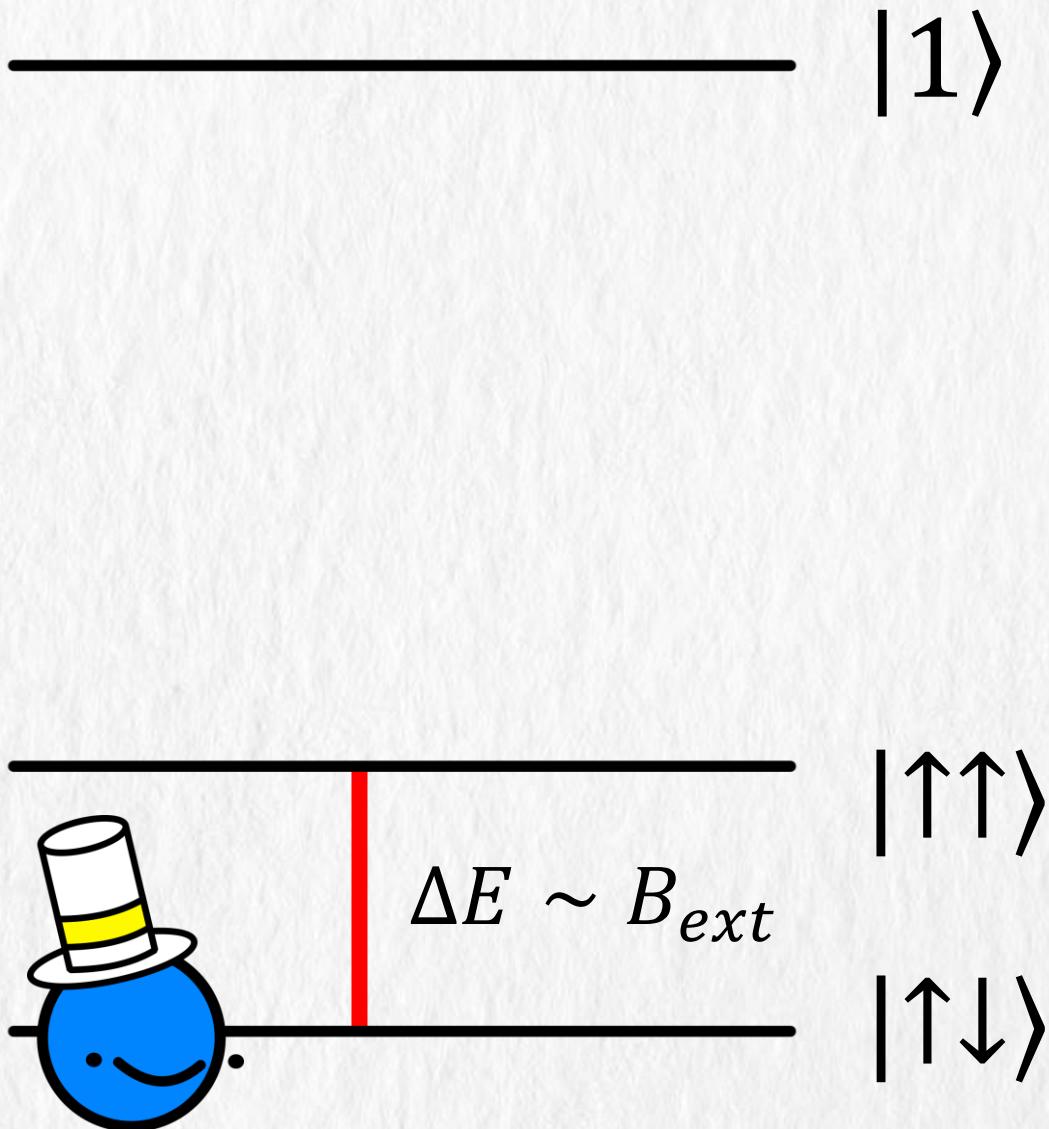
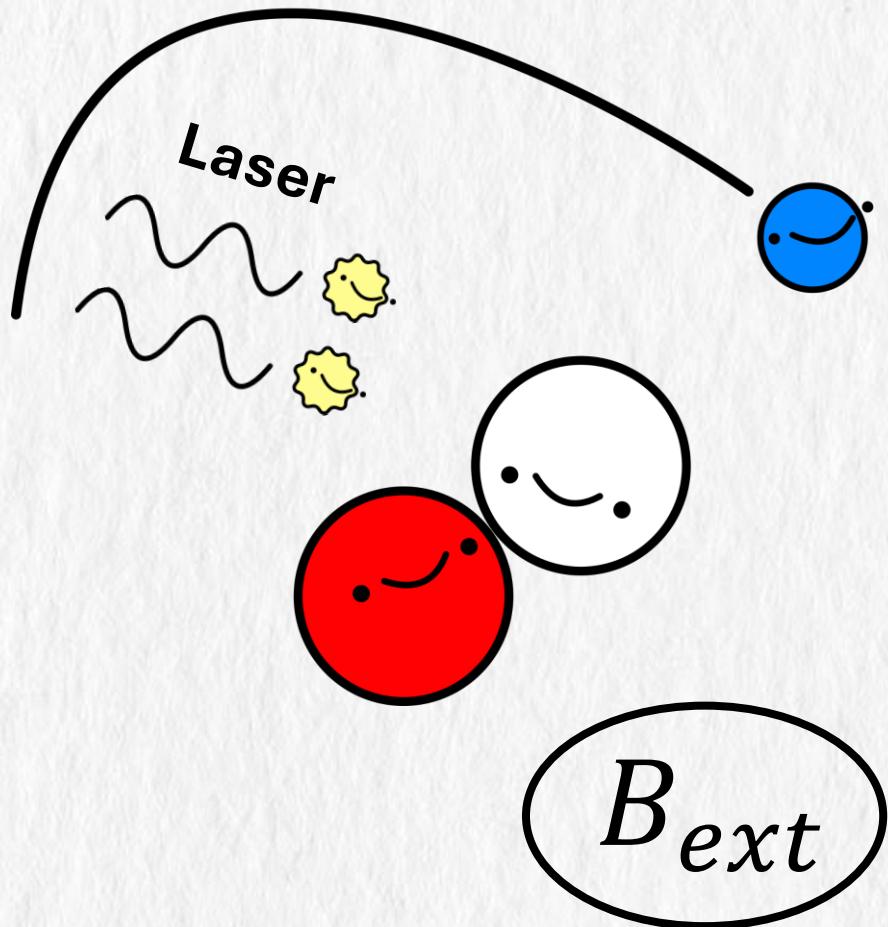
Atomic system with an **external magnetic field and a laser**



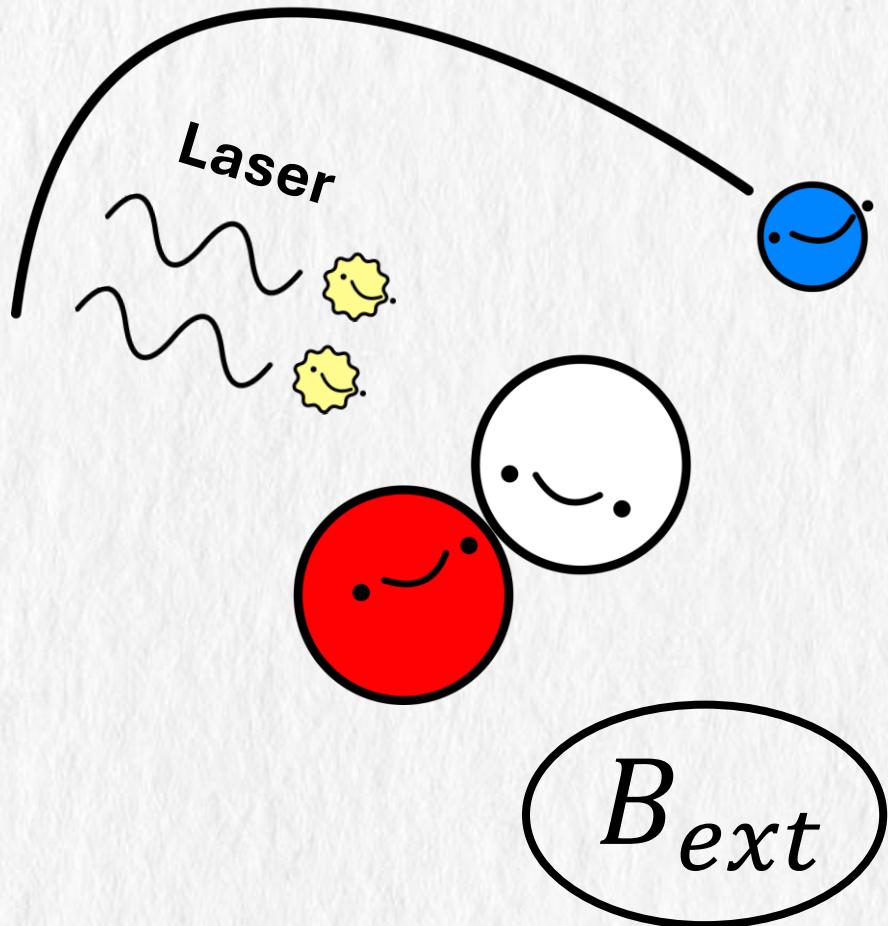
State connected to the other states
via a photon transition



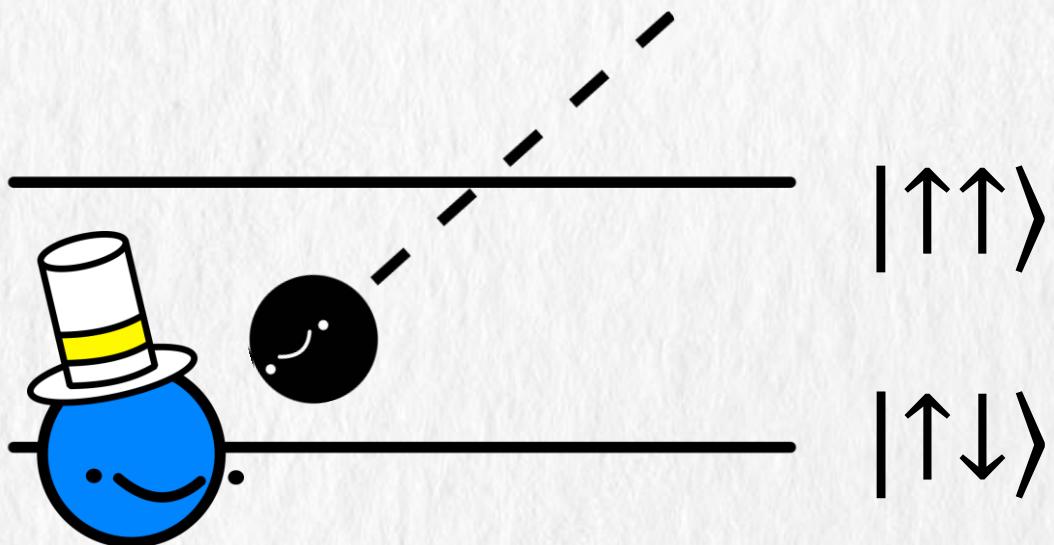
The spin flip transition **can be modulated** with B_{ext}



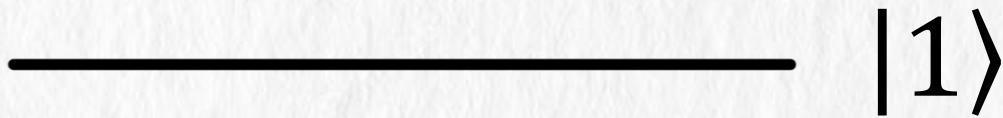
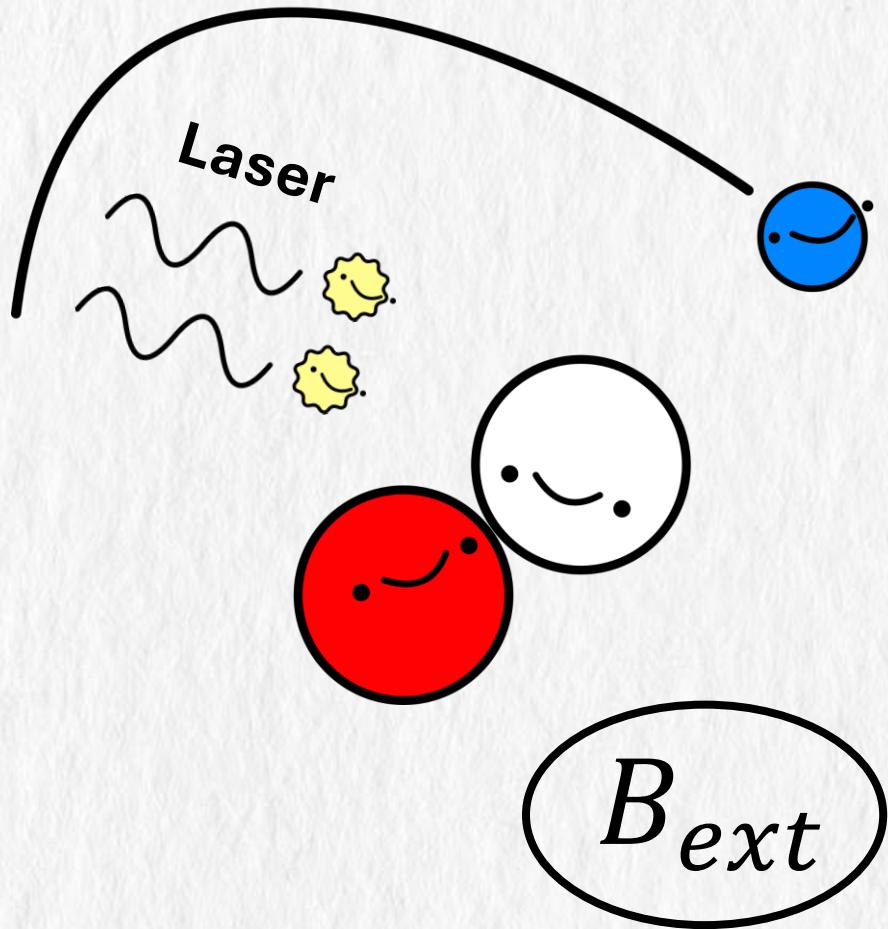
Some DM particle is **absorbed** by
the electron...



— | 1 ⟩

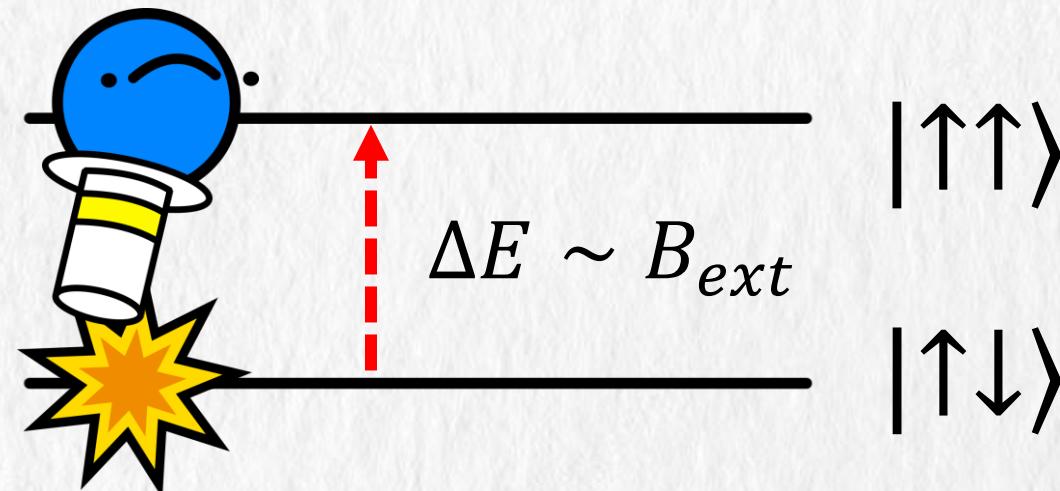


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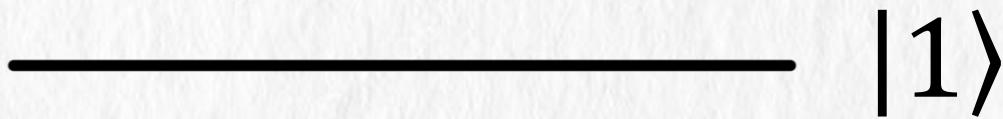
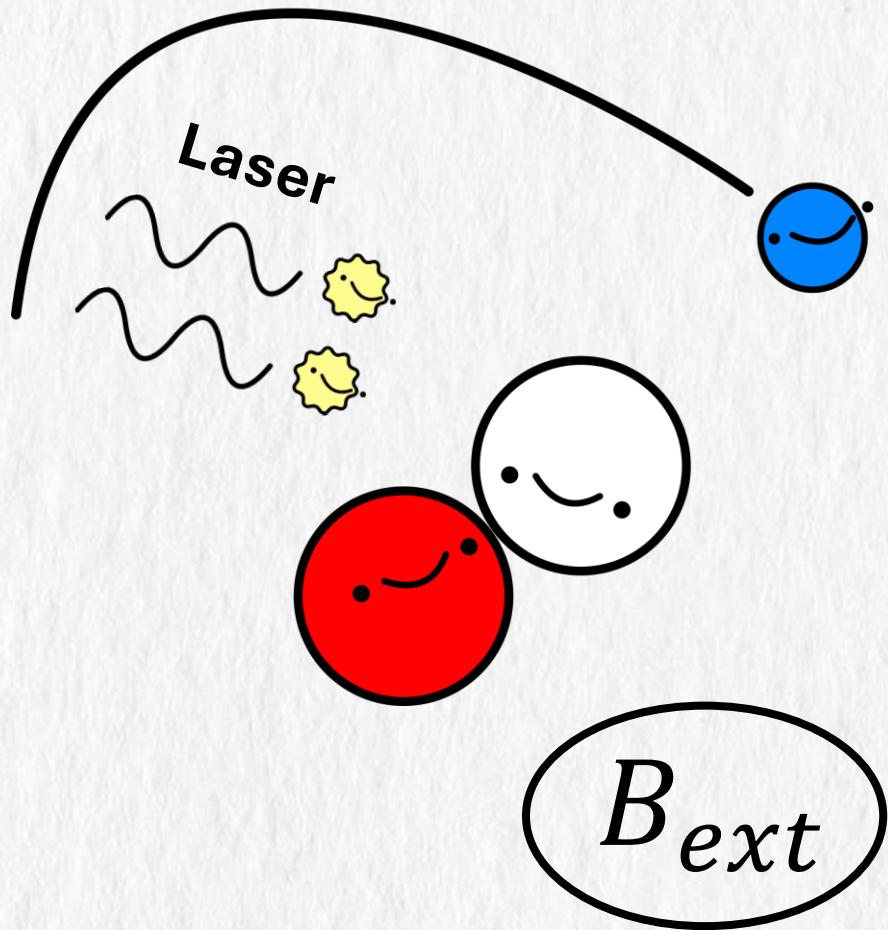


...and it gets to the first excited state

For non-relativistic DM $\Delta E \sim m_{DM}$

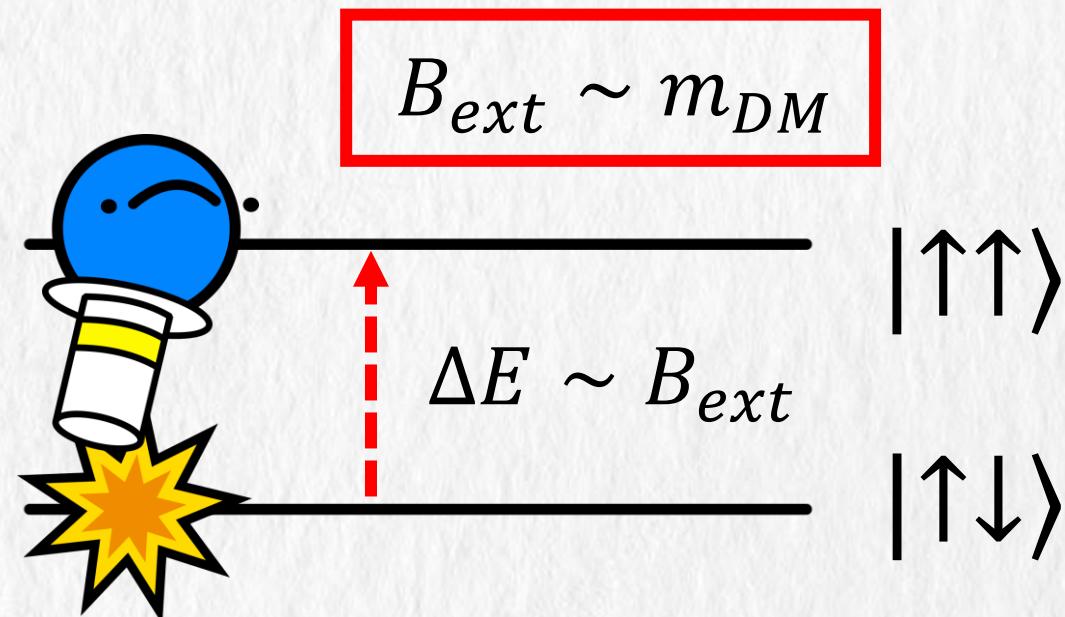


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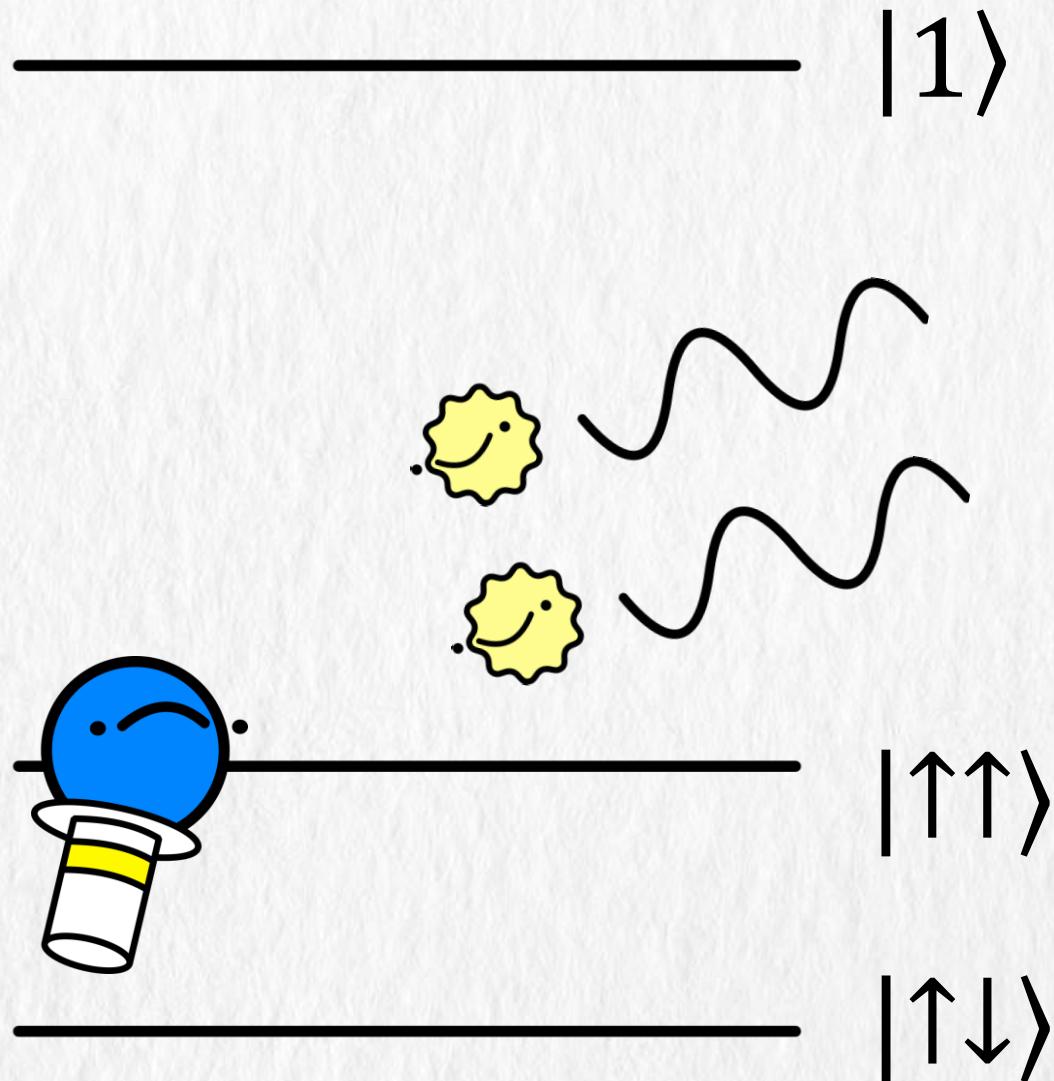
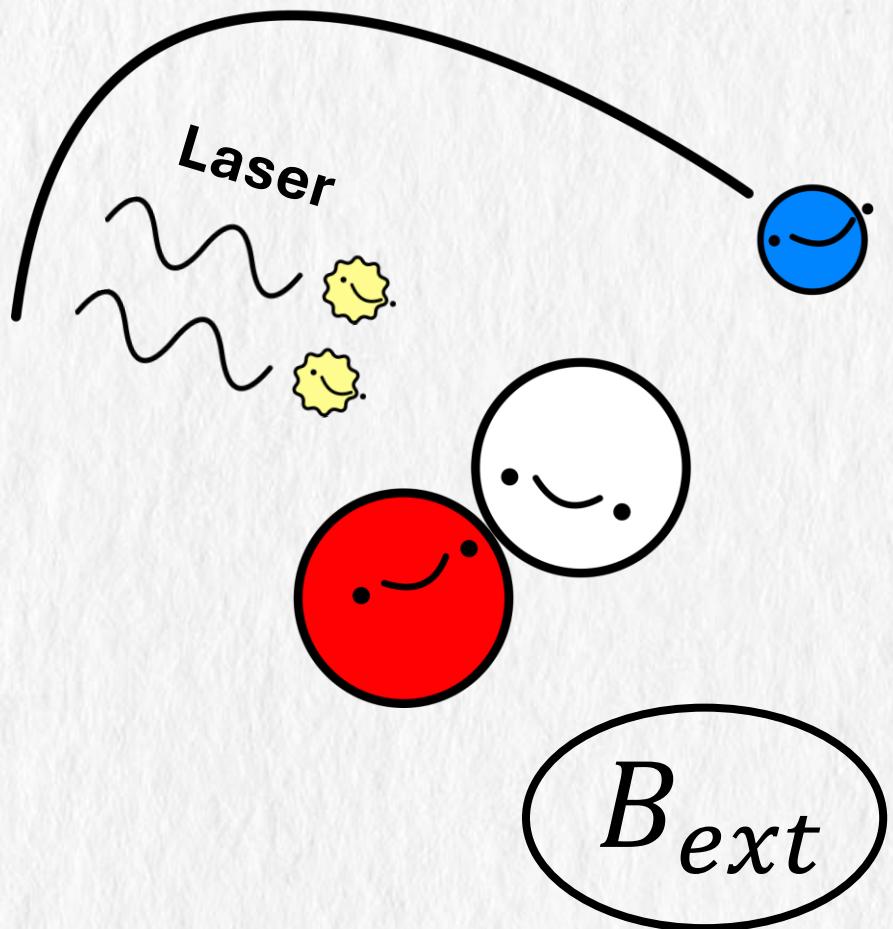


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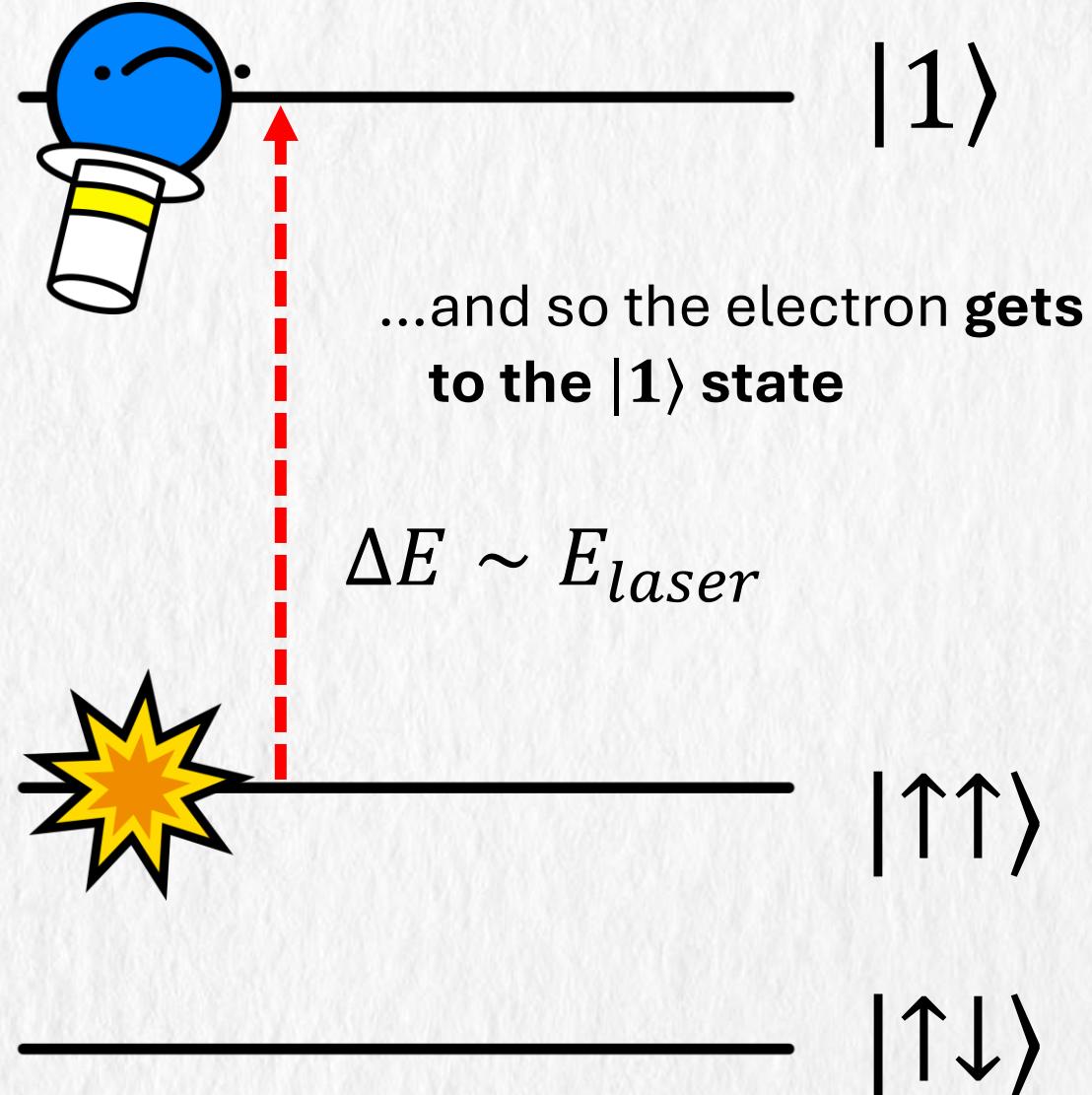
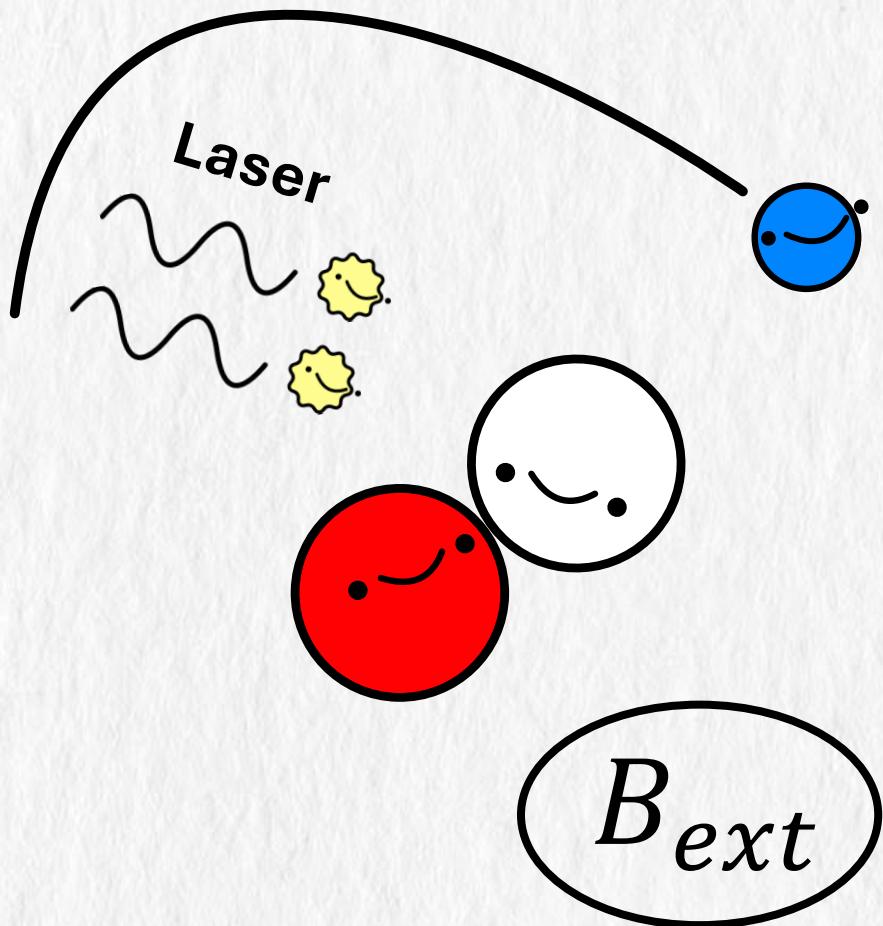
For **non-relativistic DM** $\Delta E \sim m_{DM}$



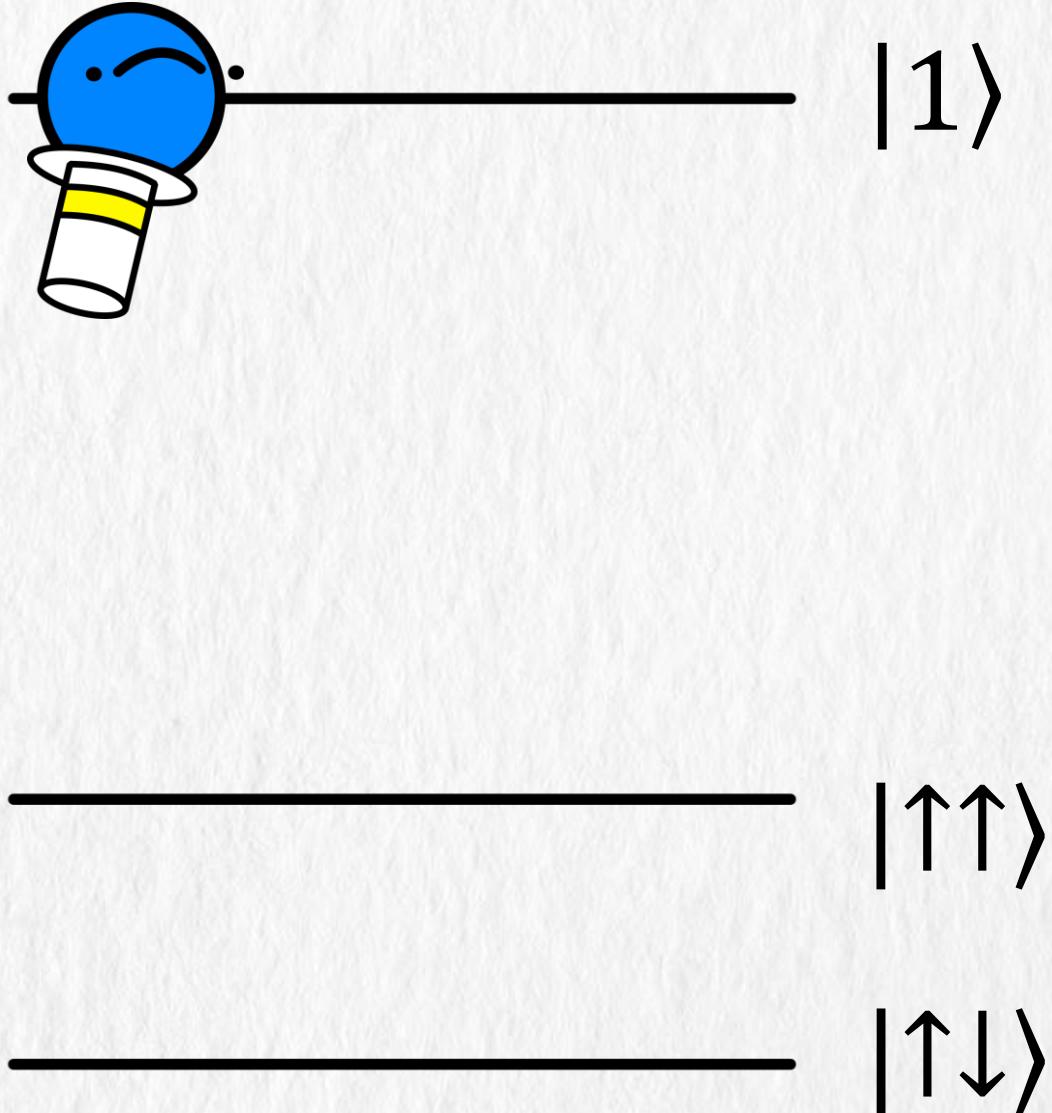
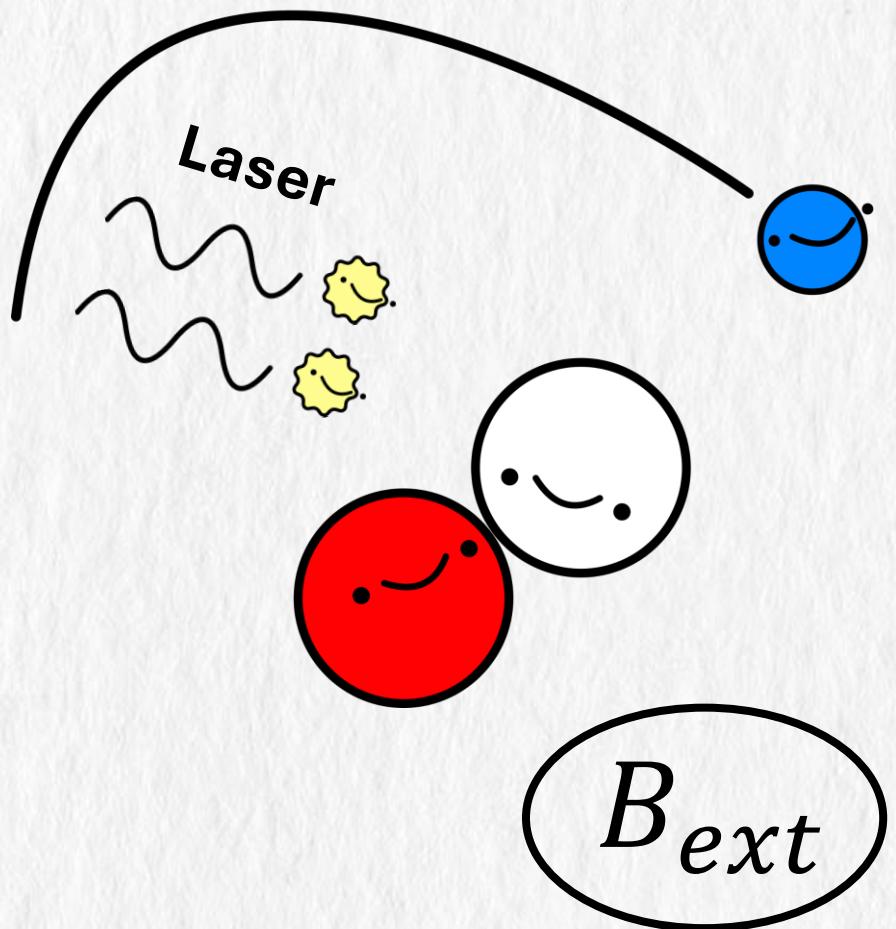
The laser is tuned to the gap
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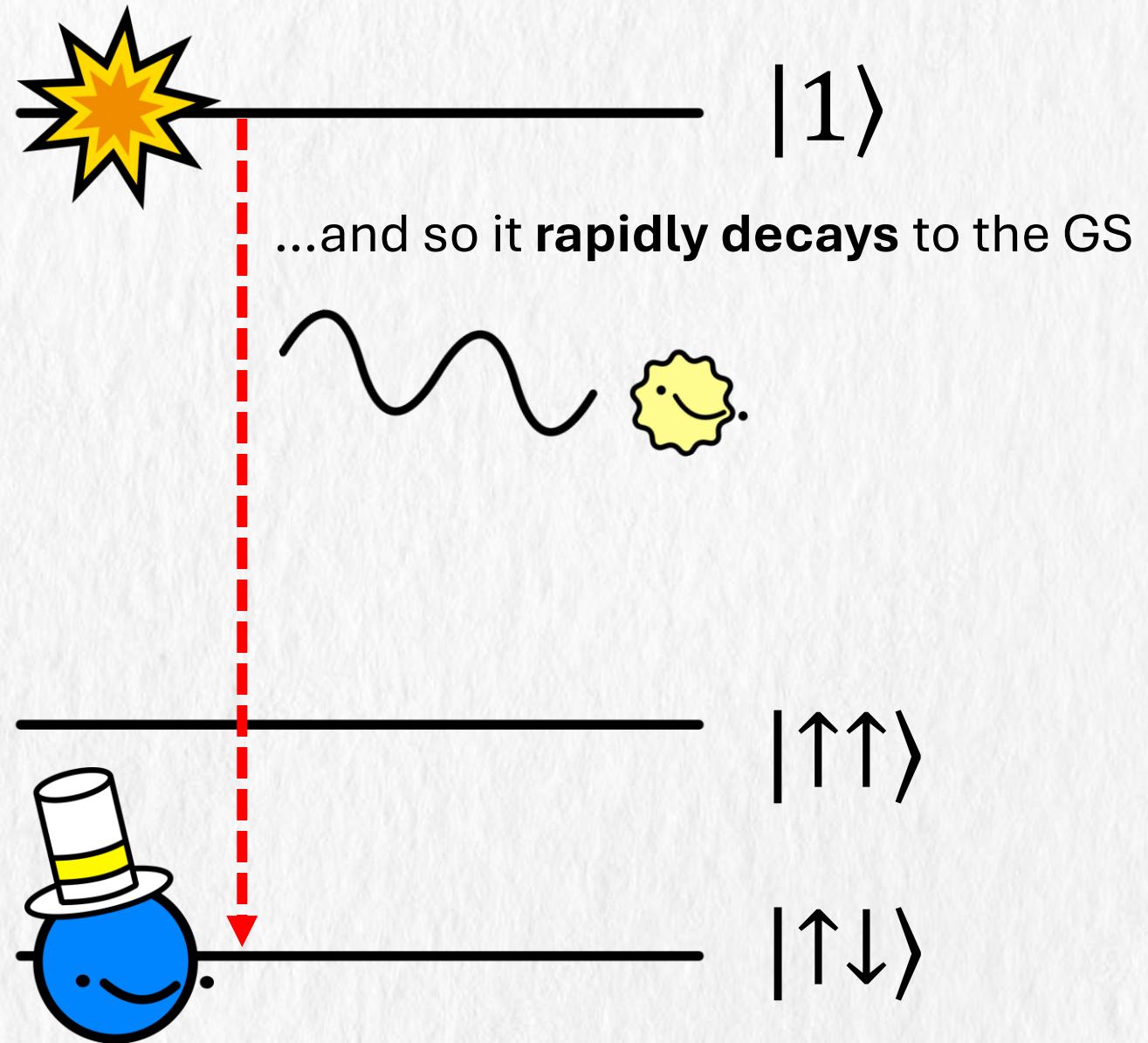
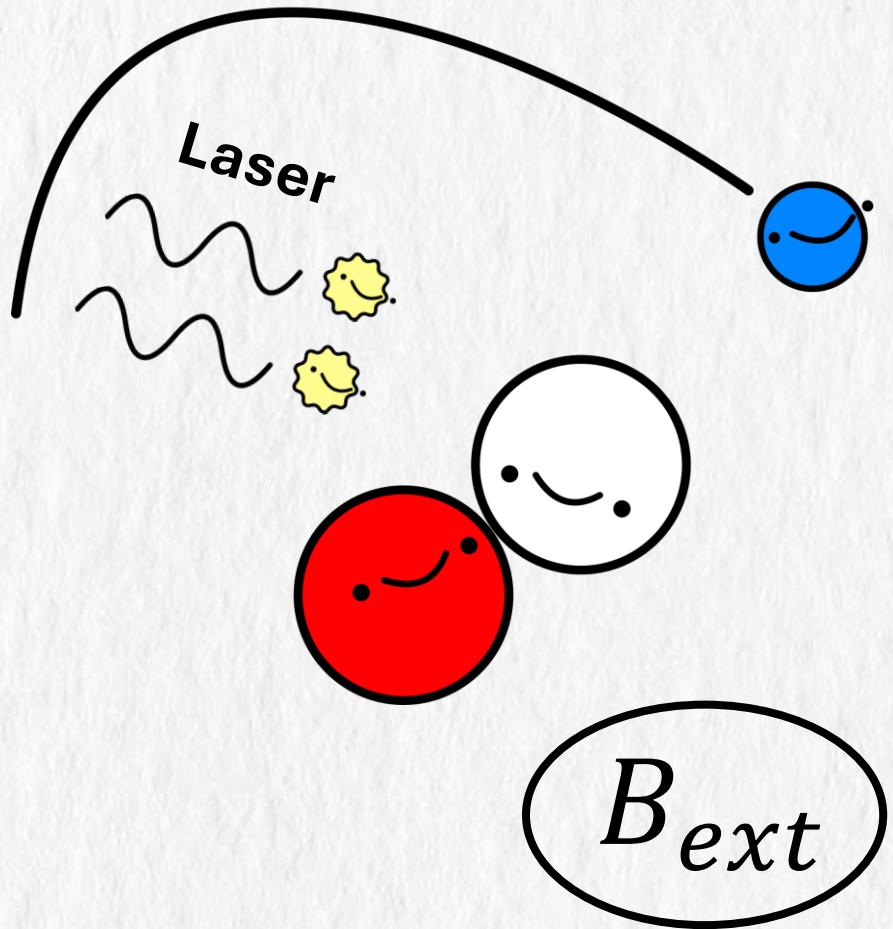
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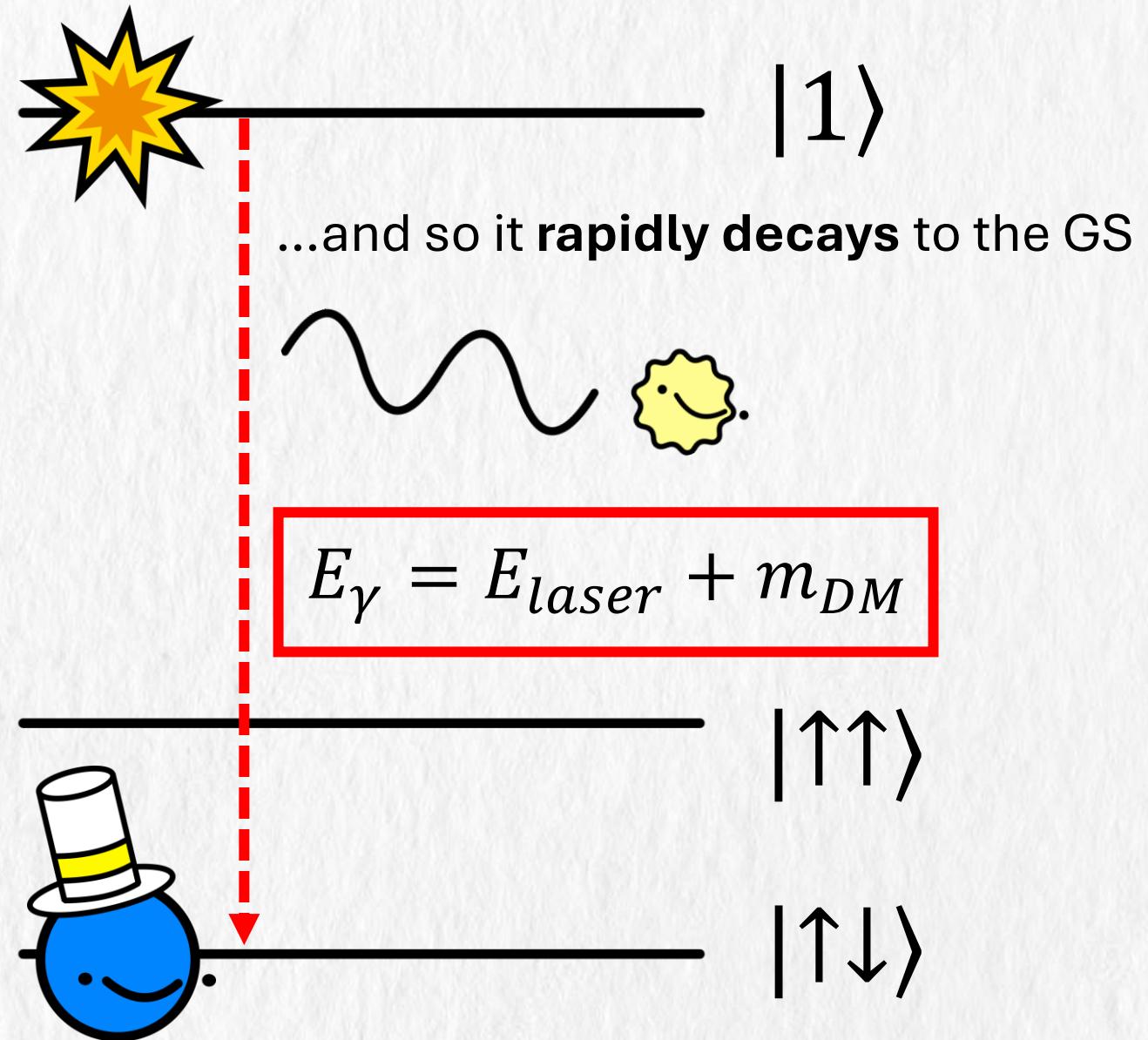
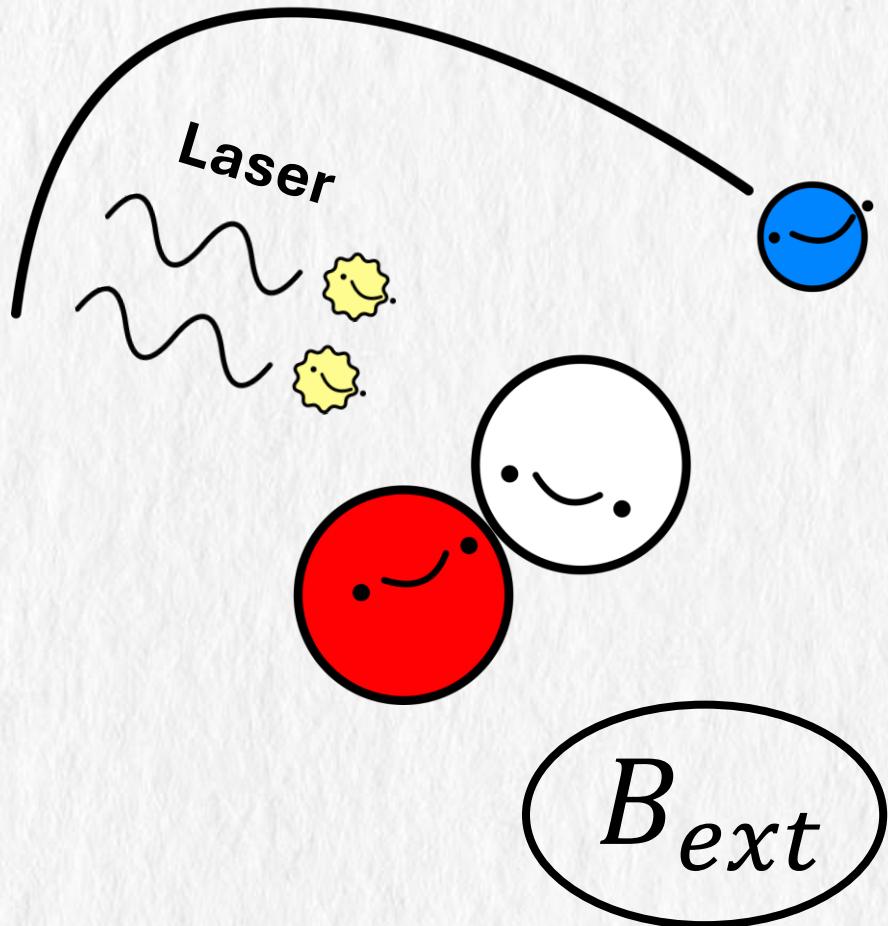
This final state is **connected to the GS via a photon transition...**



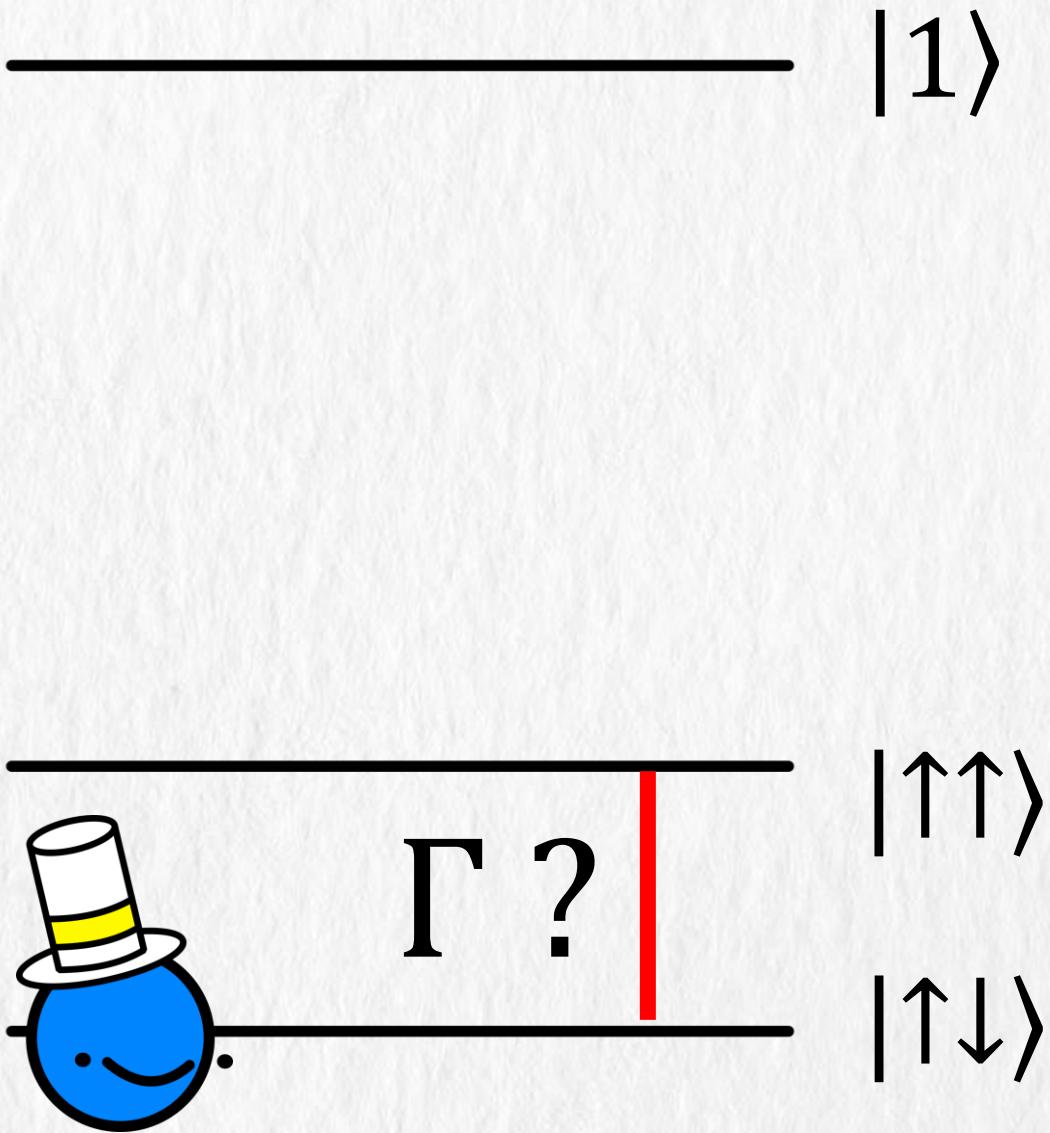
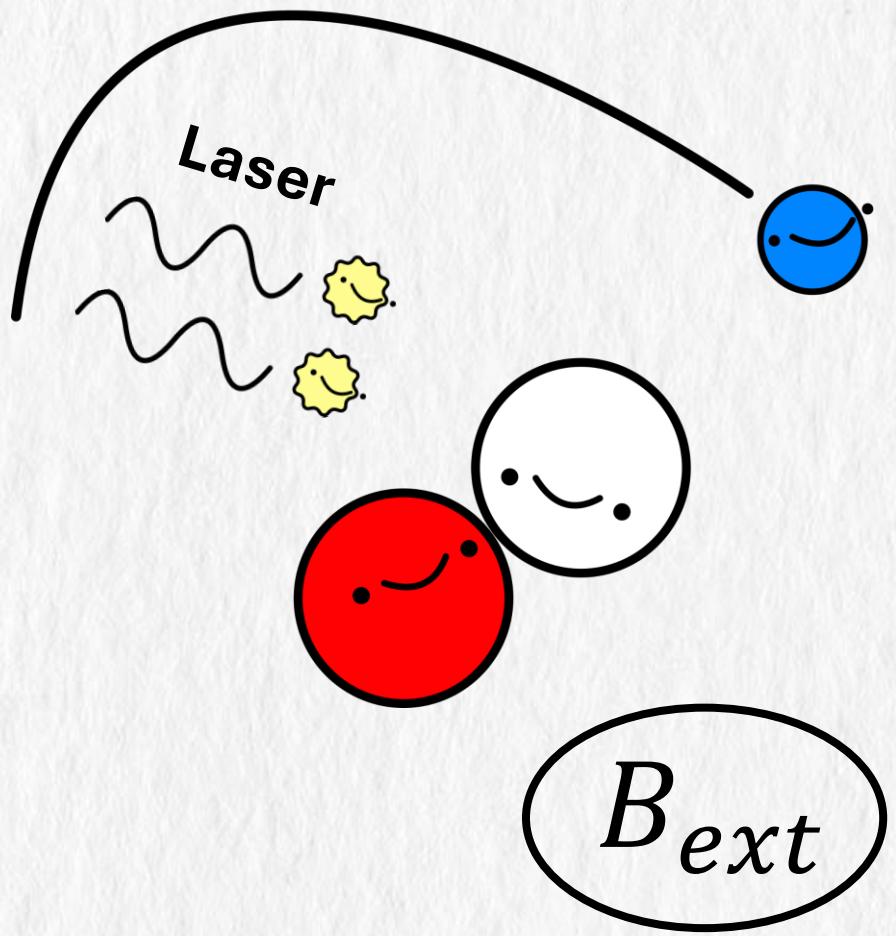
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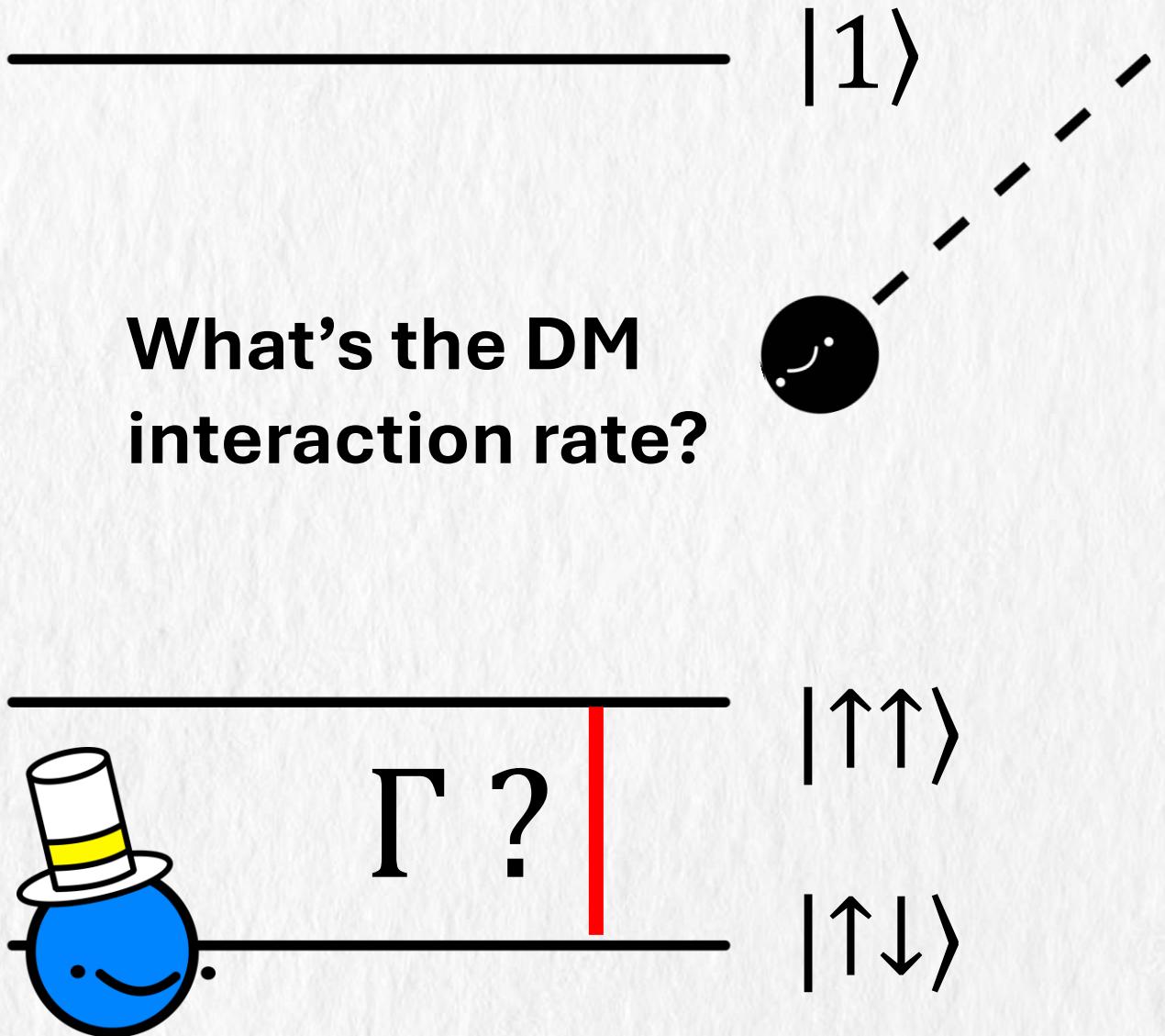
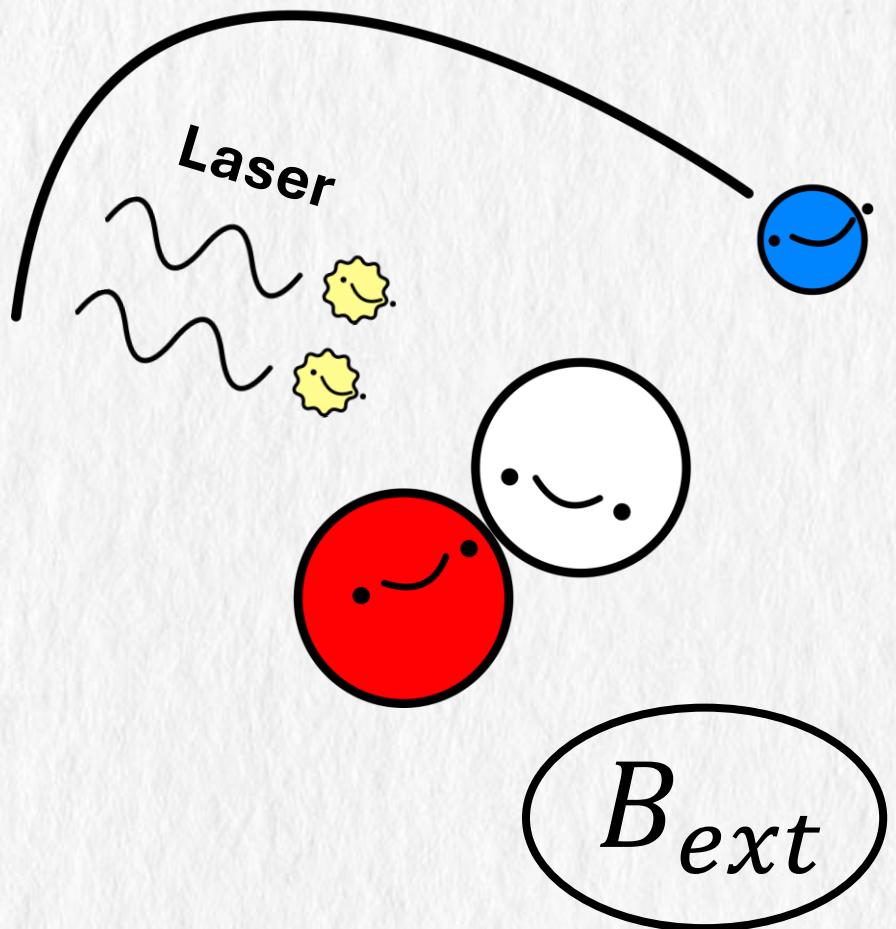
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All this rests on us having a
sizeable rate for the DM transition



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Transition rates 101

- Fermi's golden rule

$$d\Gamma = 2\pi |\mathcal{M}_{fi}|^2 \delta\left(\sum_i E_i - \sum_f E_f\right) d\rho$$

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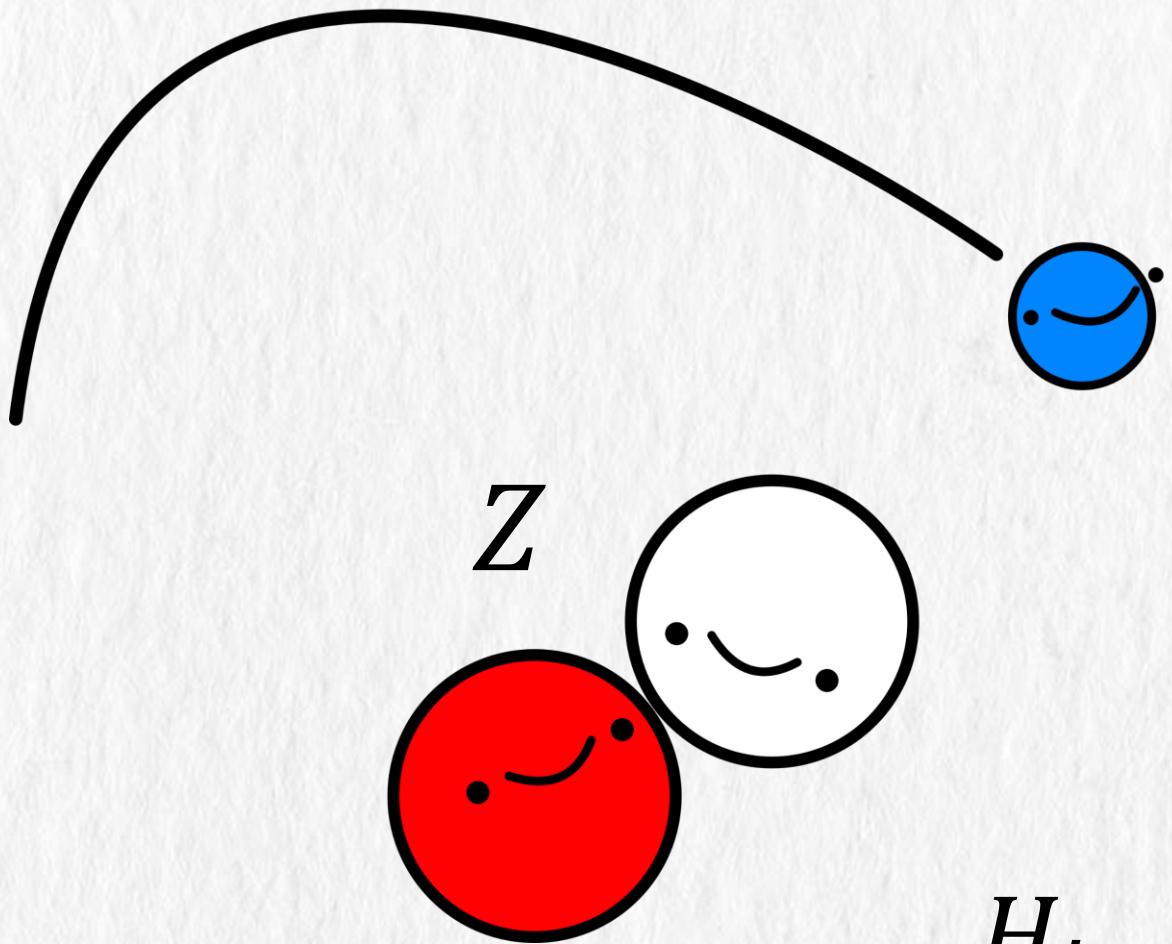
- Needs an amplitude

$$\mathcal{M}_{fi} = \langle f | \int d^3x \mathcal{H}_{int} | i \rangle \quad \textcircled{2}$$

- Coming from a hamiltonian

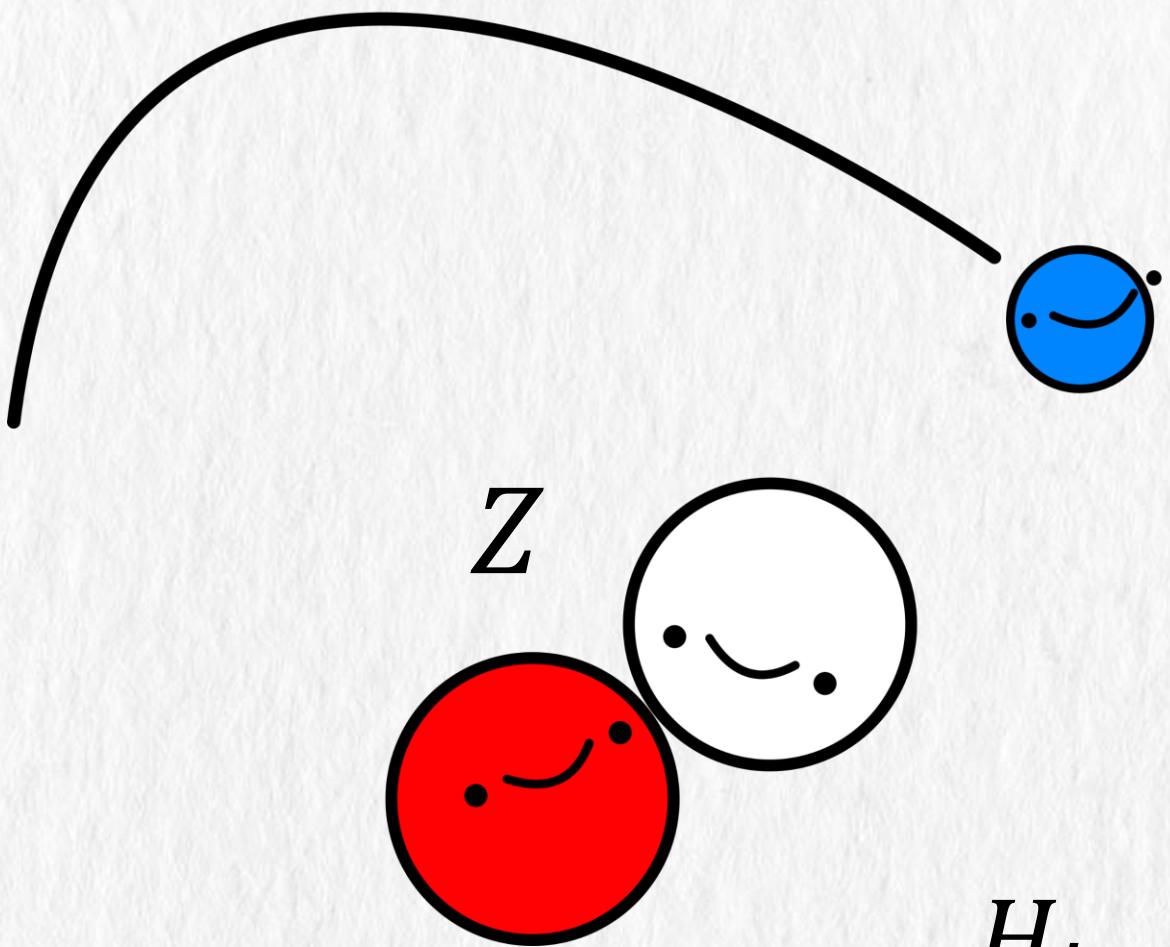
$$\mathcal{H}_{int} = \text{electrons} \times \text{DM} \quad \textcircled{1}$$

Initial state (n, j, m)



$$H_{int} = \overline{\psi_e} \Gamma_{\{\mu\}} \psi_e \times \mathcal{O}_{\{\mu\}}(\phi_i)$$

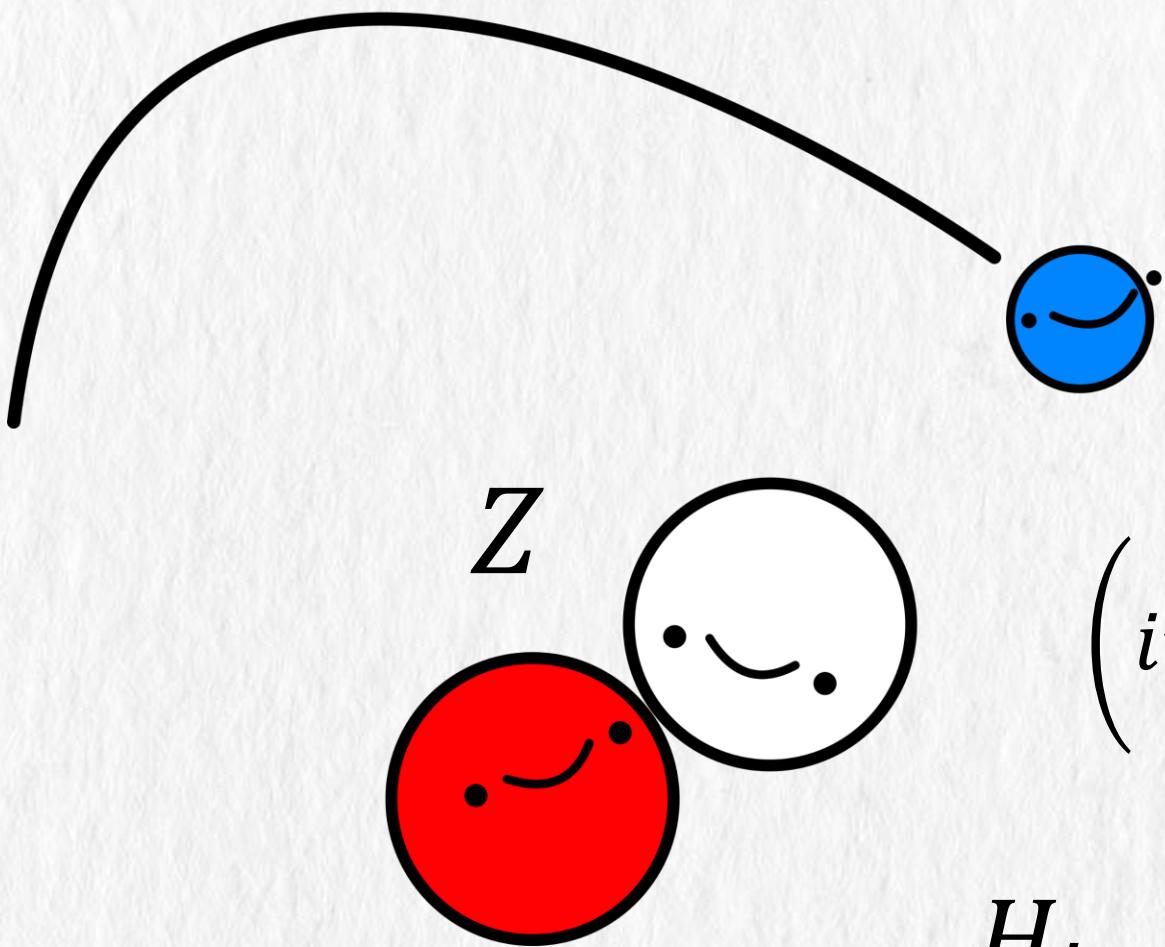
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$$\psi_e(x) = \sum_{\text{Quantum numbers}} a U(x) + b^\dagger V^\dagger(x)$$

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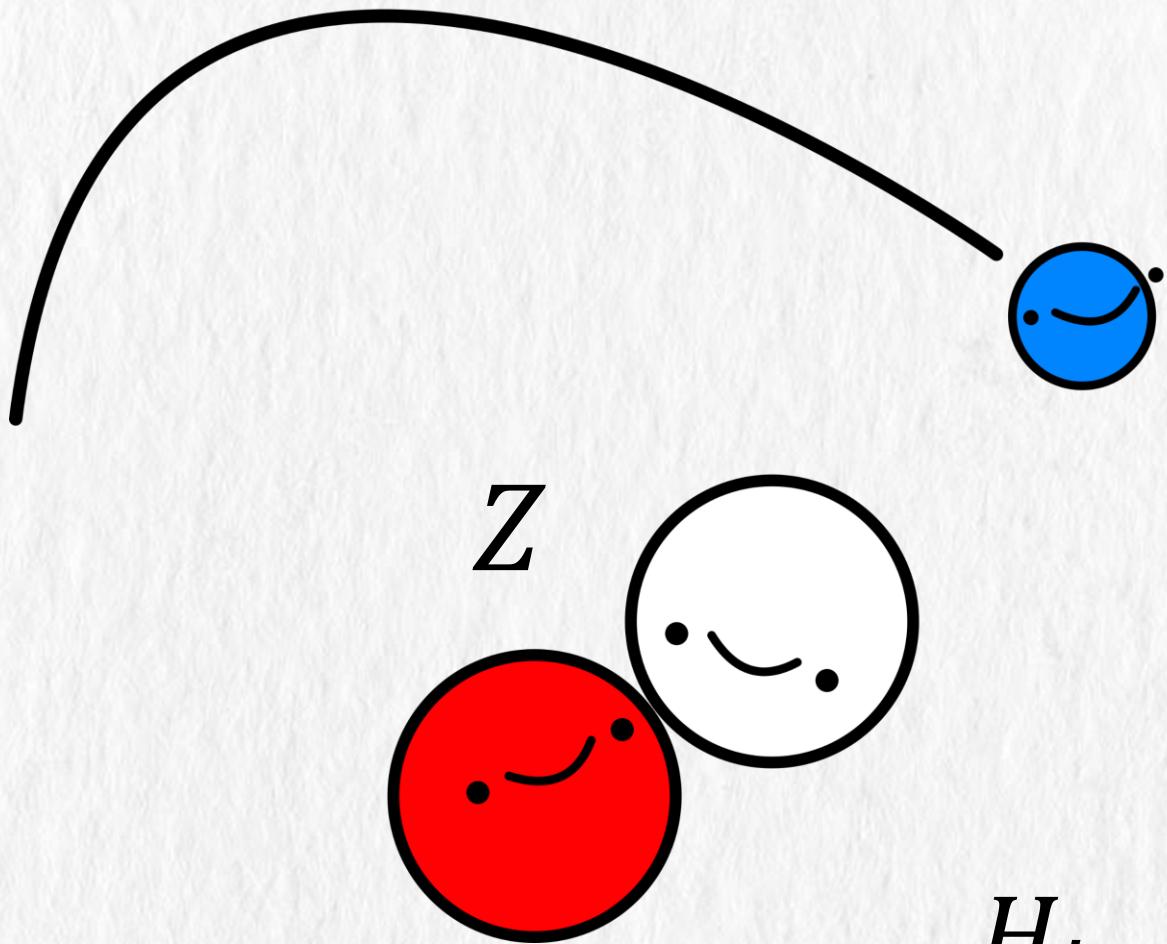
$$\psi_e(x) = \sum_{\text{Quantum numbers}} a U(x) + b^\dagger V^\dagger(x)$$

Dirac equation with Coulomb potential

$$\left(i\gamma^\mu \partial_\mu - \gamma^0 \frac{Z\alpha_{\text{em}}}{r} - \mu \right) U(x) = 0$$

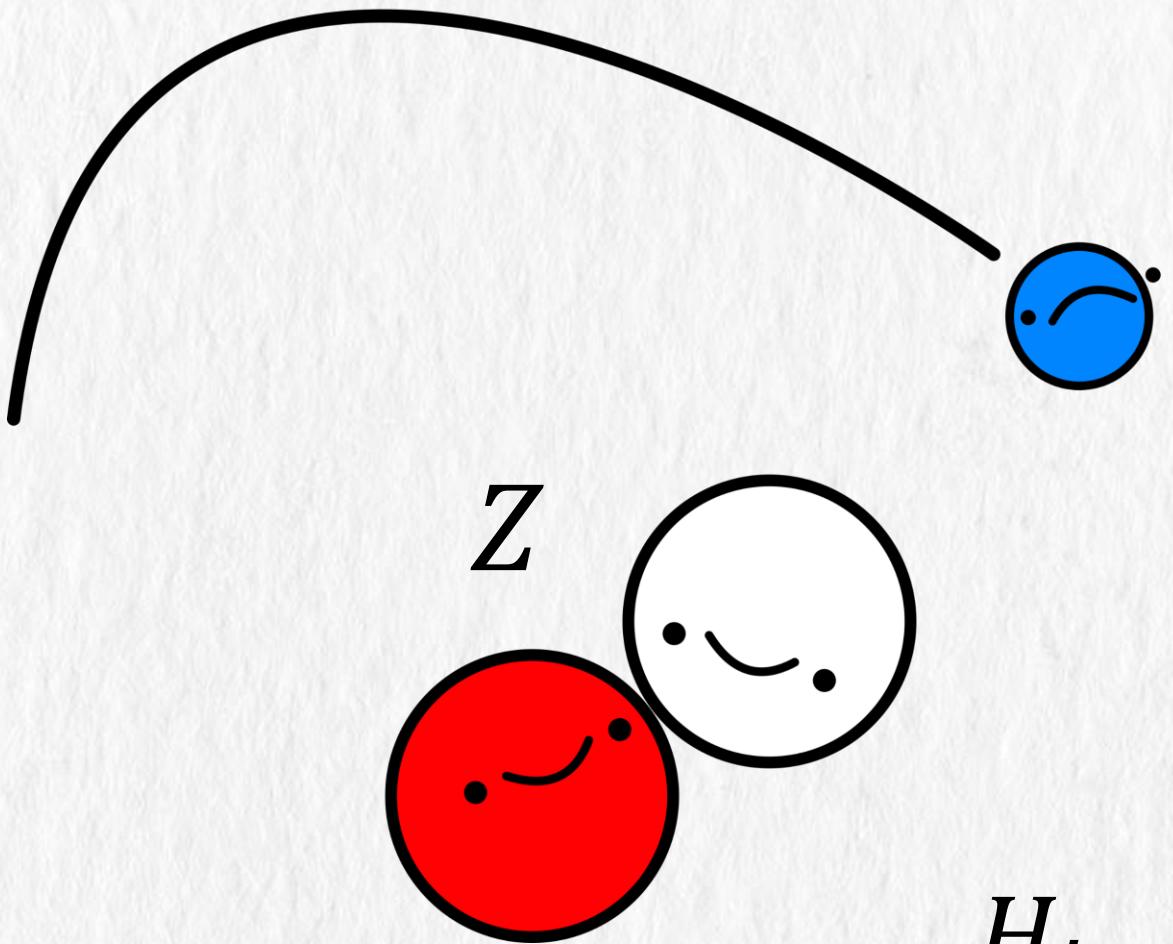
$$H_{\text{int}} = \boxed{\bar{\psi}_e} \Gamma_{\{\mu\}} \boxed{\psi_e} \times \mathcal{O}_{\{\mu\}}(\phi_i)$$

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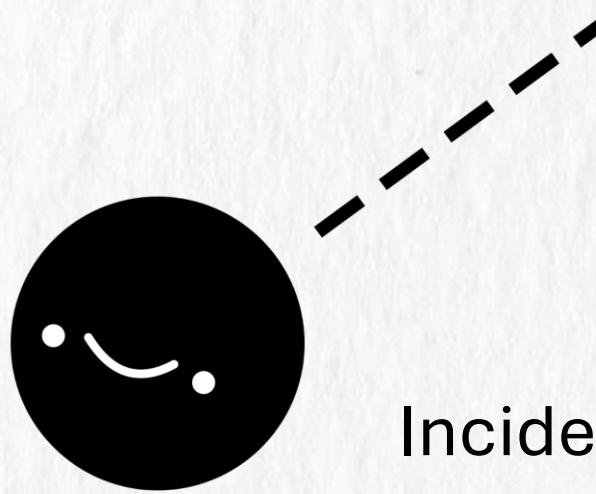
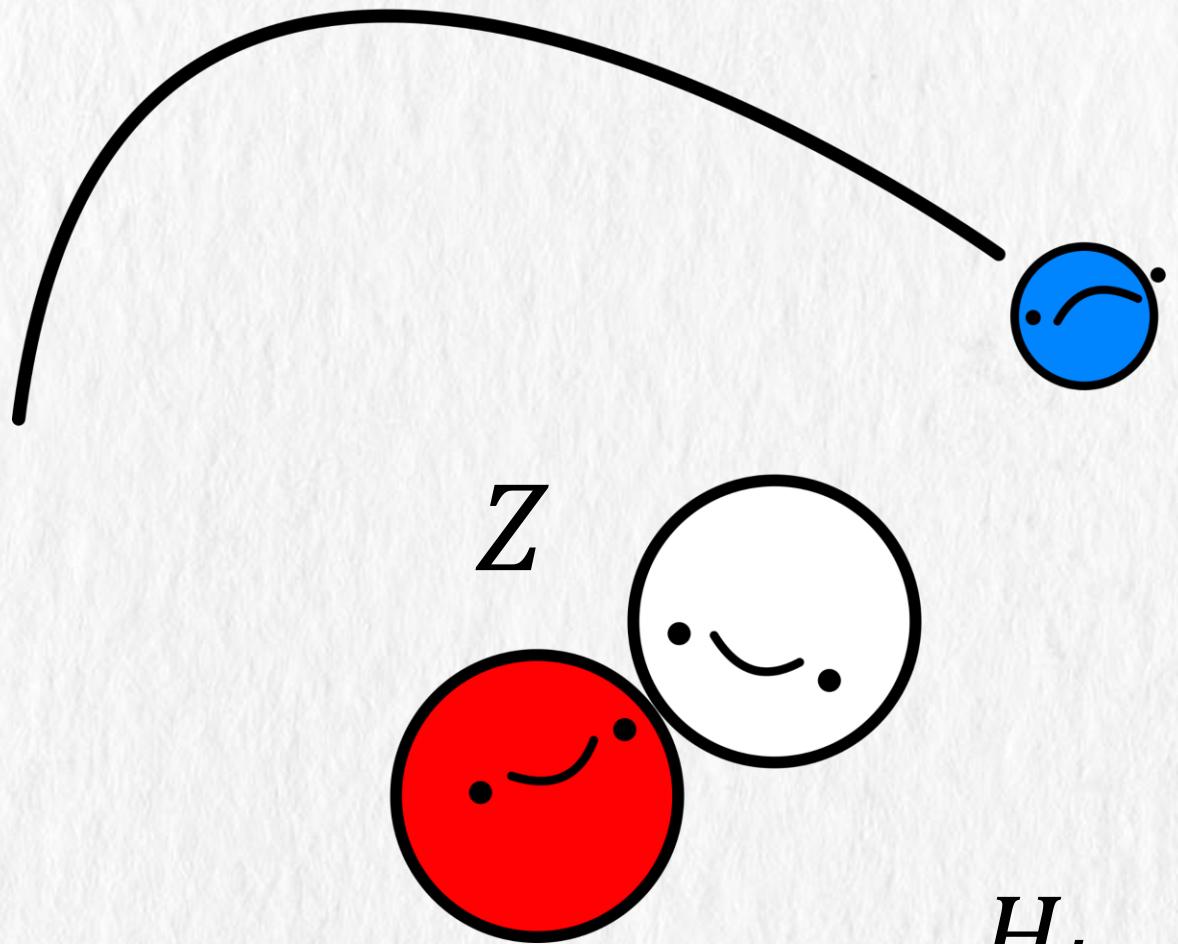
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Incident particle/s

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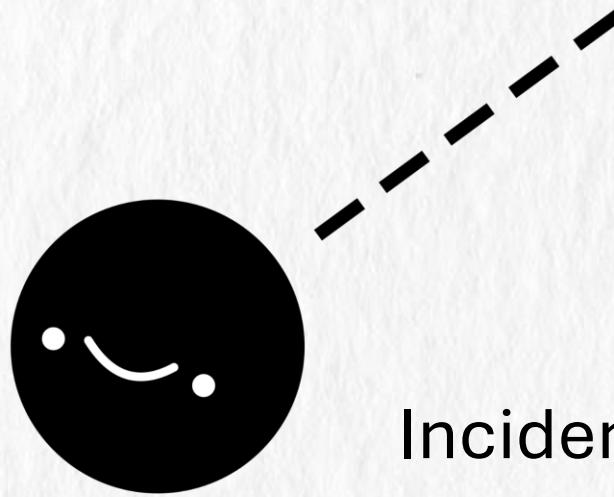
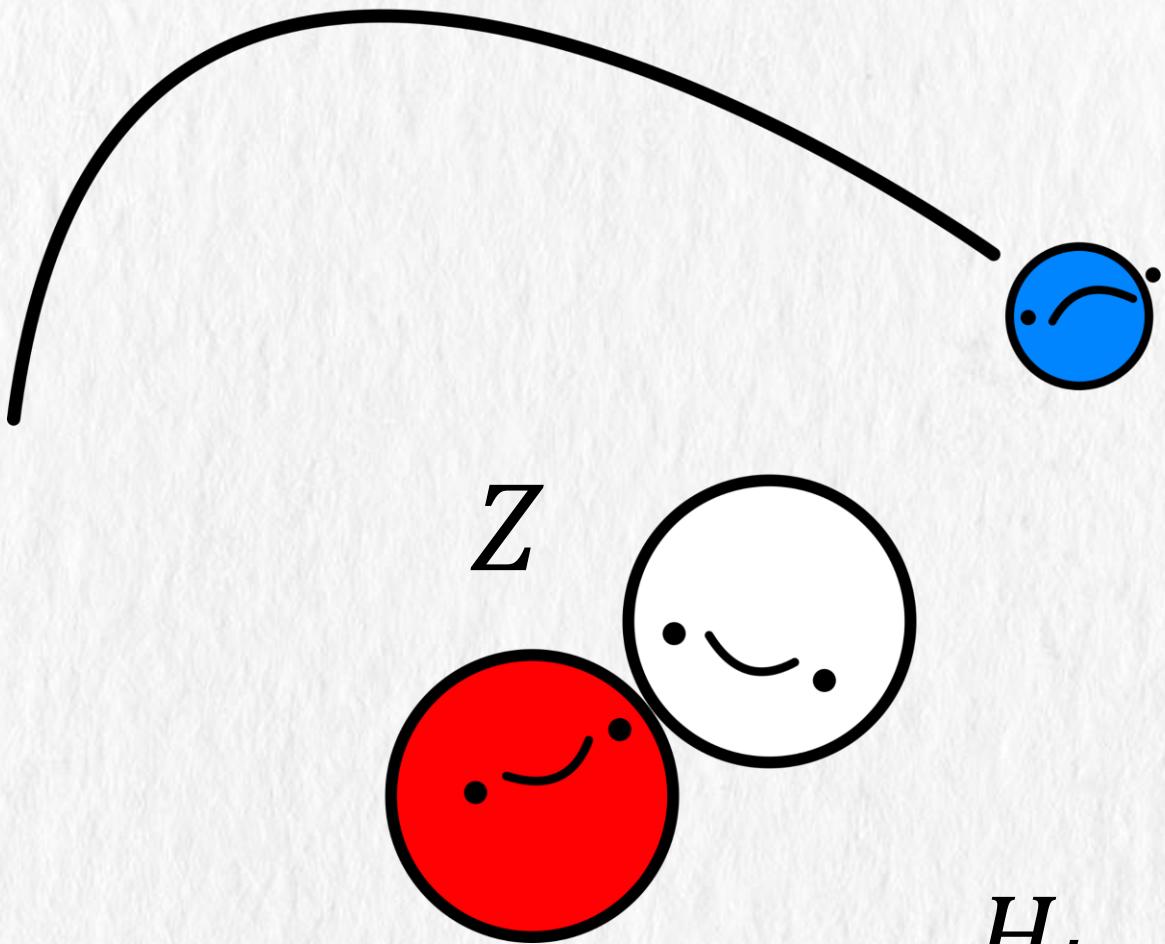
Whatever interacts with the electron

$$\text{Axion} \rightarrow \frac{g_f}{2f_a} \partial_\mu a$$

$$\text{Photon} \rightarrow eA_\mu$$

$$H_{int} = \overline{\psi_e} \Gamma_{\{\mu\}} \psi_e \times \boxed{\mathcal{O}_{\{\mu\}}(\phi_i)}$$

Initial state (n, j, m)



Lorentz structure of the interaction

Determines the selection rules

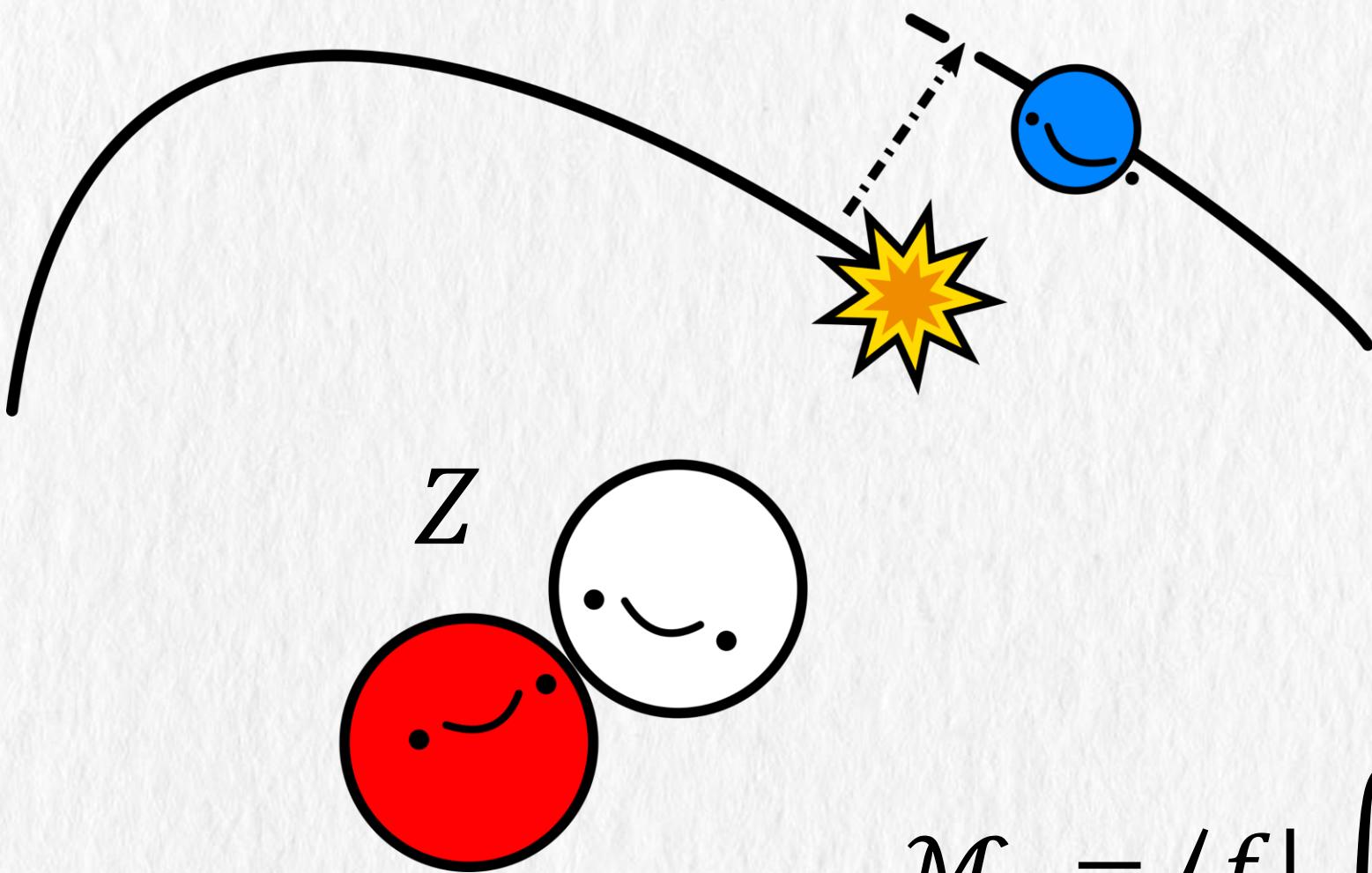
Axion $\rightarrow \gamma_\mu \gamma_5$

Photon $\rightarrow \gamma_\mu$

$$H_{int} = \overline{\psi_e} \boxed{\Gamma_{\{\mu\}}} \psi_e \times \mathcal{O}_{\{\mu\}}(\phi_i)$$

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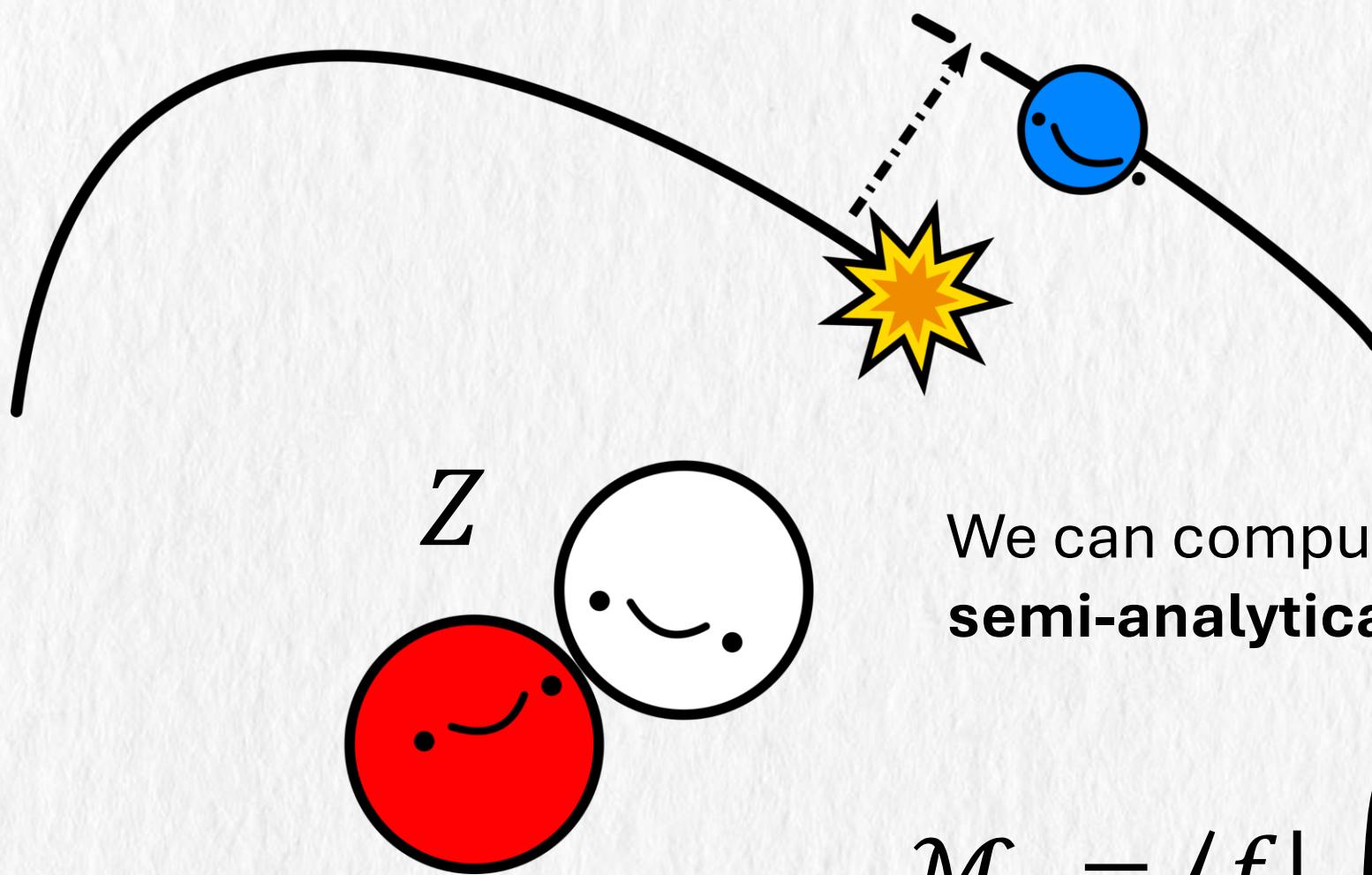
Final state (n', j', m')



$$\mathcal{M}_{fi} = \langle f | \int d^3x \mathcal{H}_{int} | i \rangle$$

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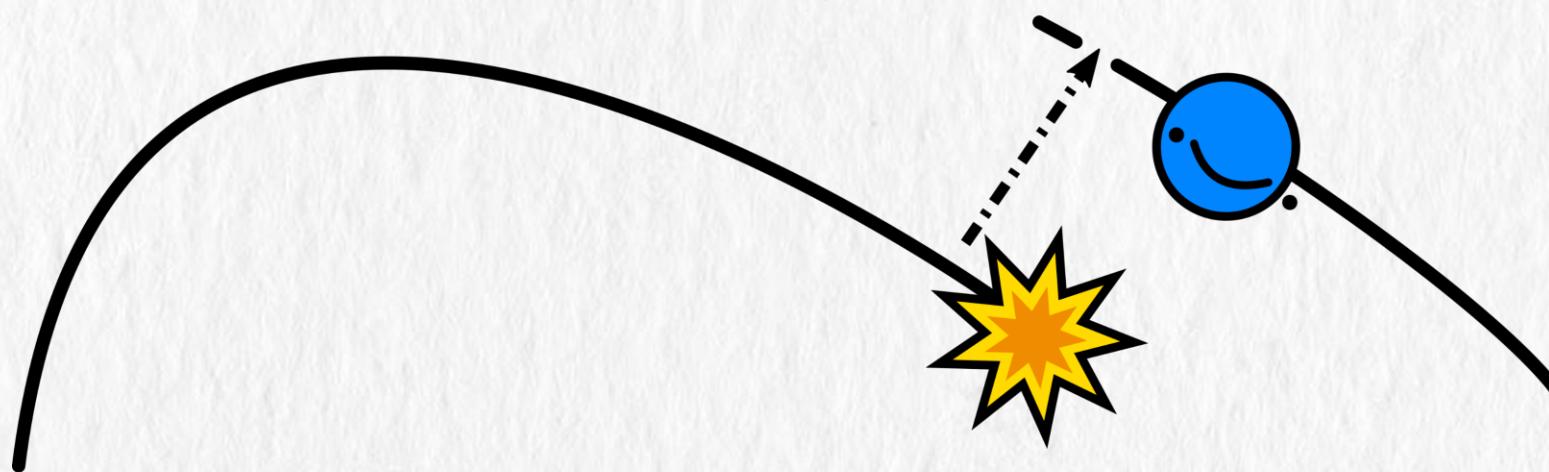
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We can compute the **amplitude with semi-analytical methods** [2407.12913]

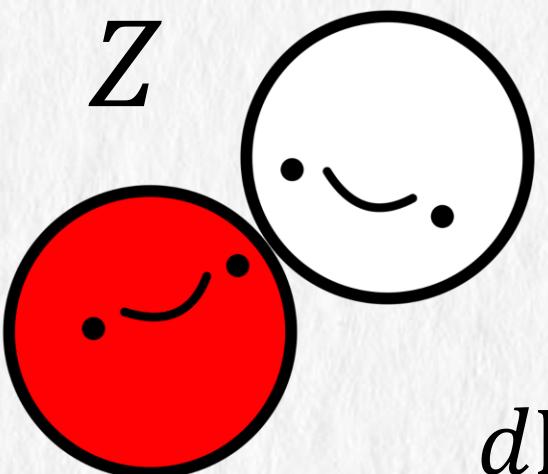
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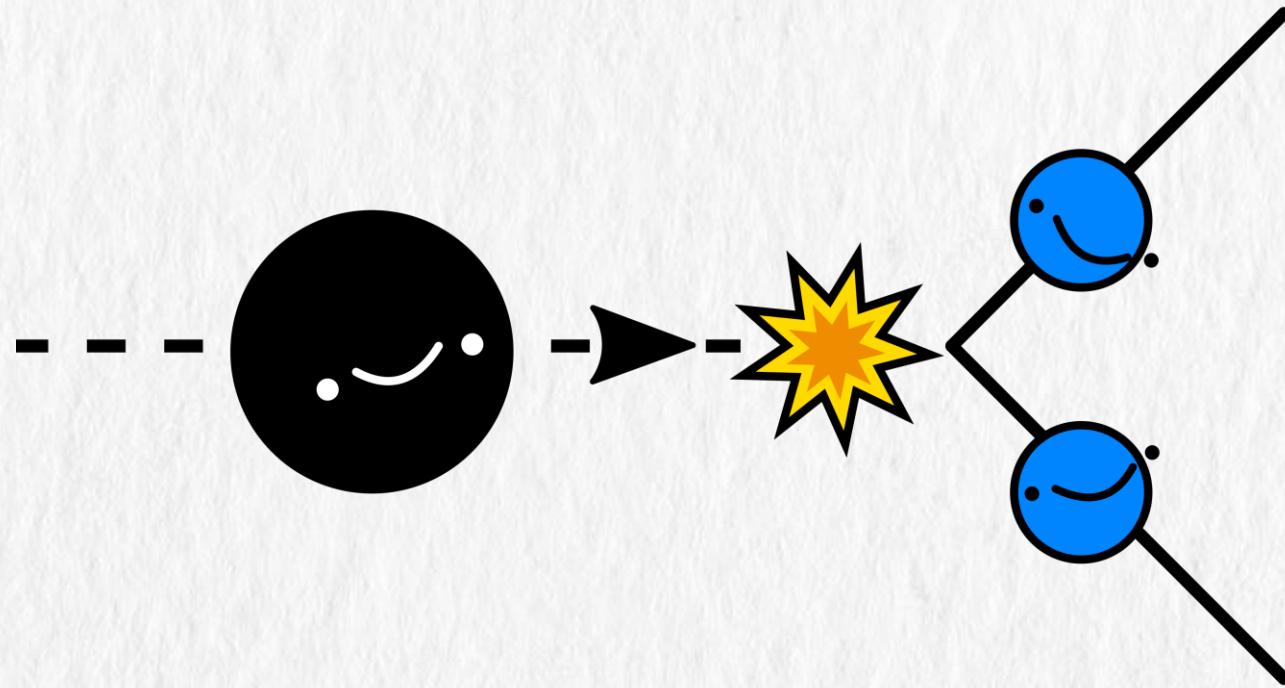
Integrate over the phase space and,

Done!



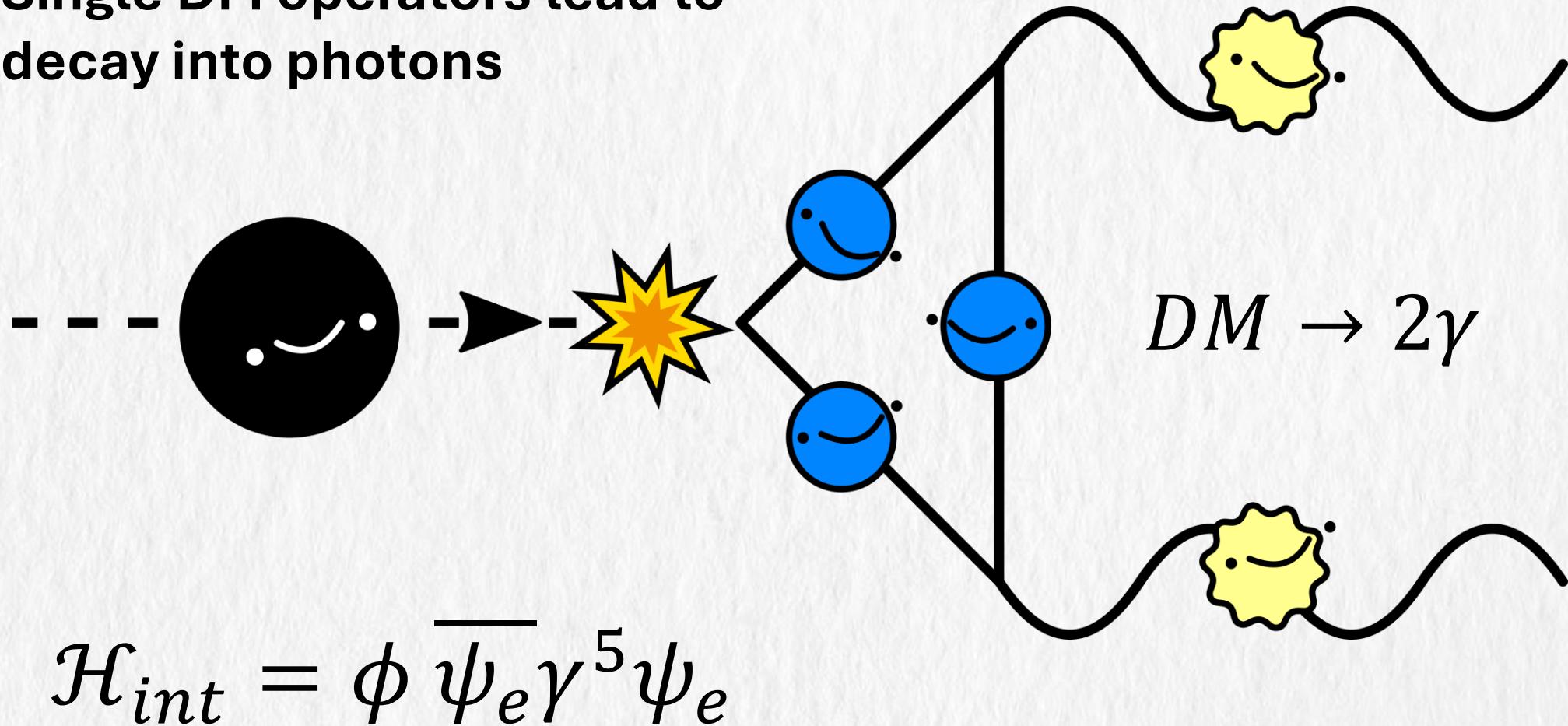
We can compute **the amplitude with semi-analytical methods** [2407.12913]

$$d\Gamma = 2\pi |\mathcal{M}_{fi}|^2 \delta \left(\sum_i E_i - \sum_f E_f \right) d\rho$$

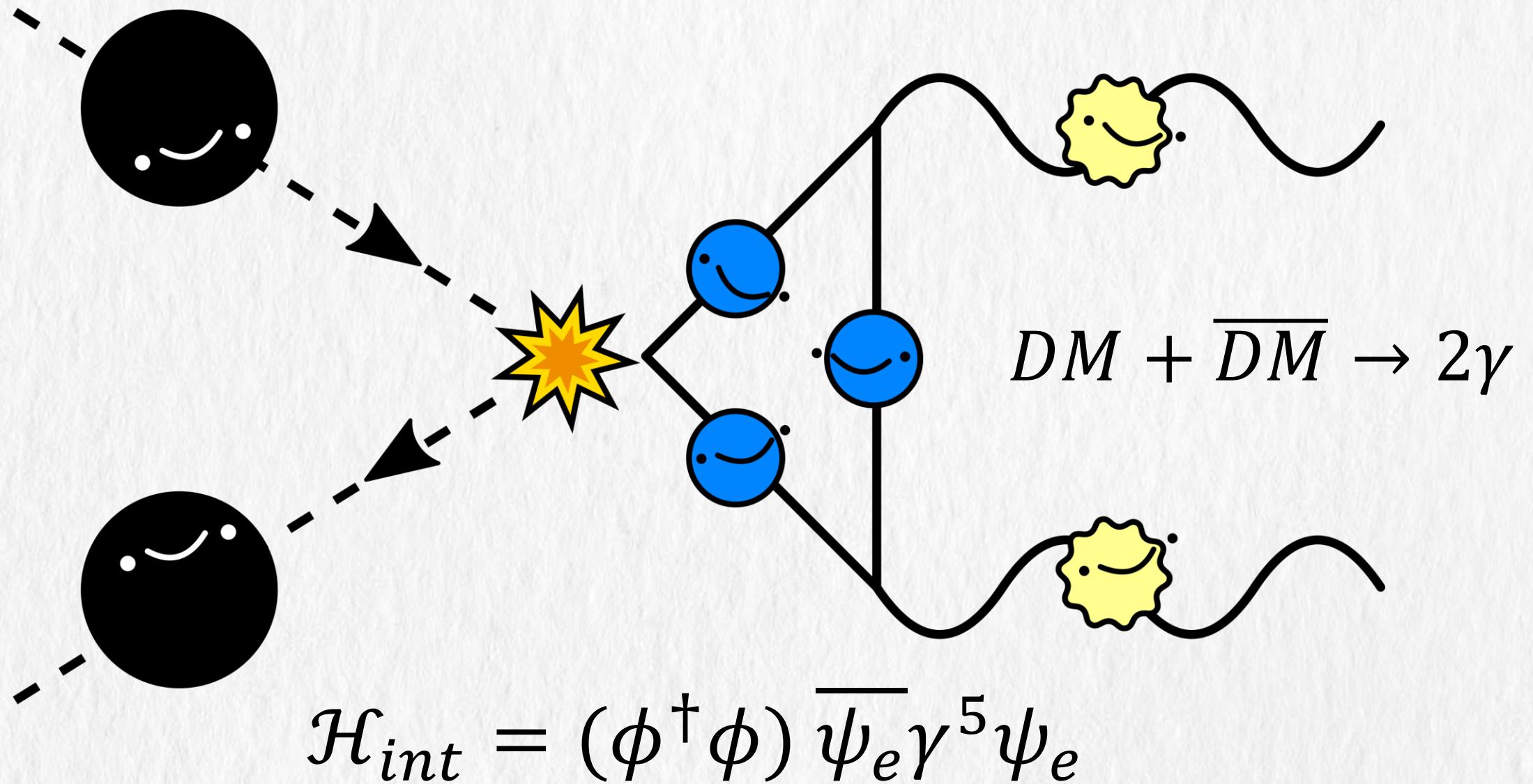


$$\mathcal{H}_{int} = \phi \overline{\psi}_e \gamma^5 \psi_e$$

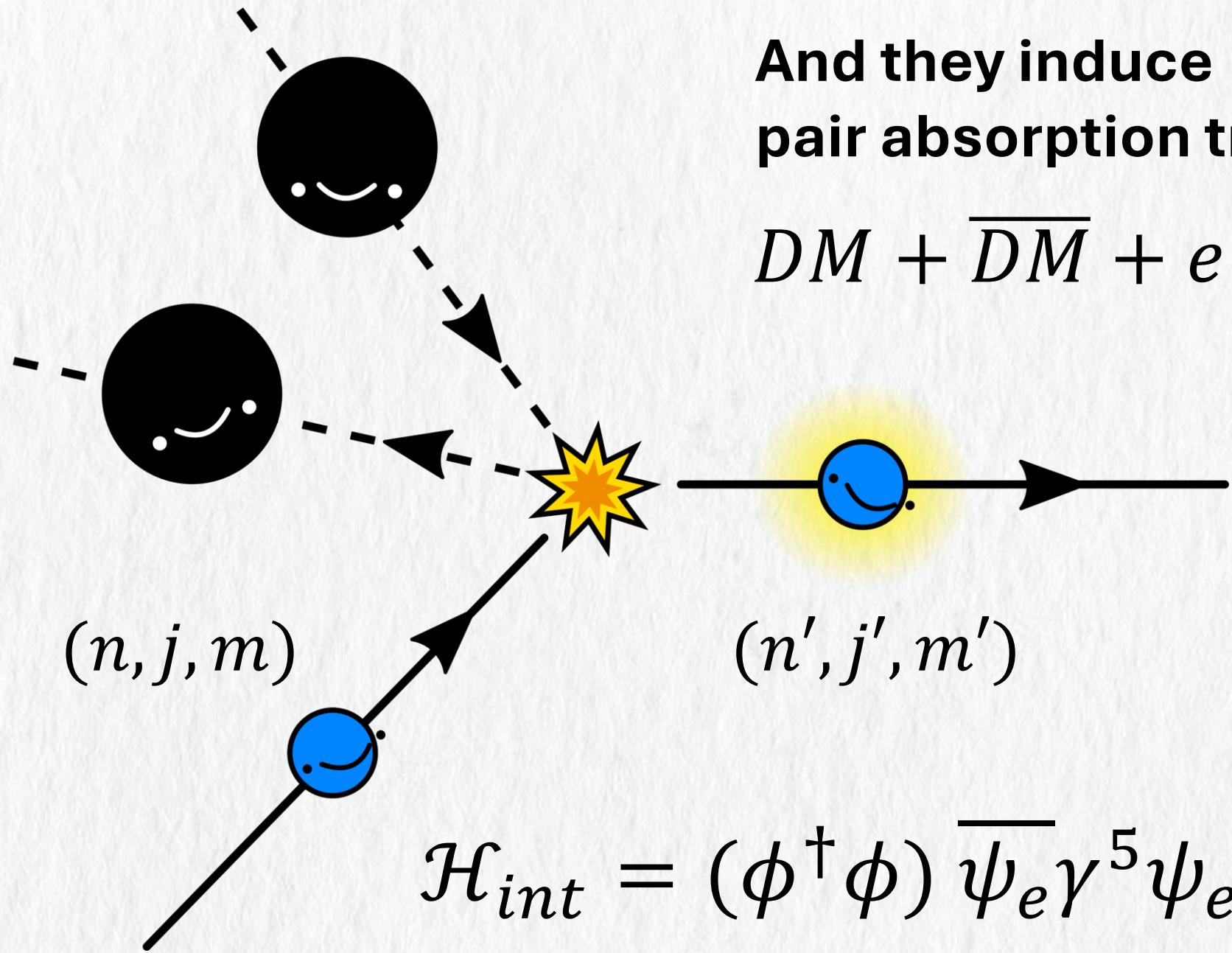
Single DM operators lead to decay into photons



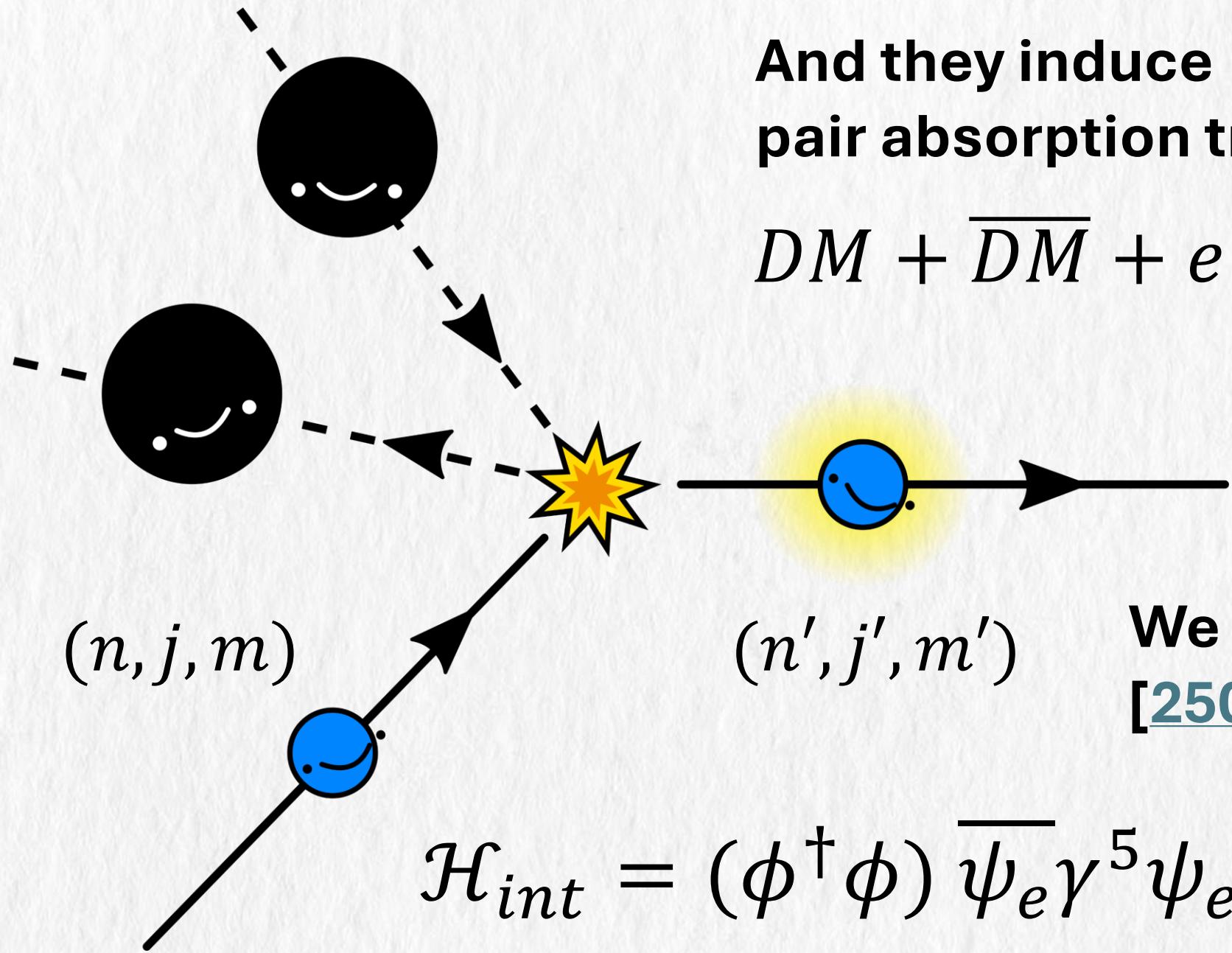
Quadratic operators don't have this issue...



And they induce
pair absorption transitions!



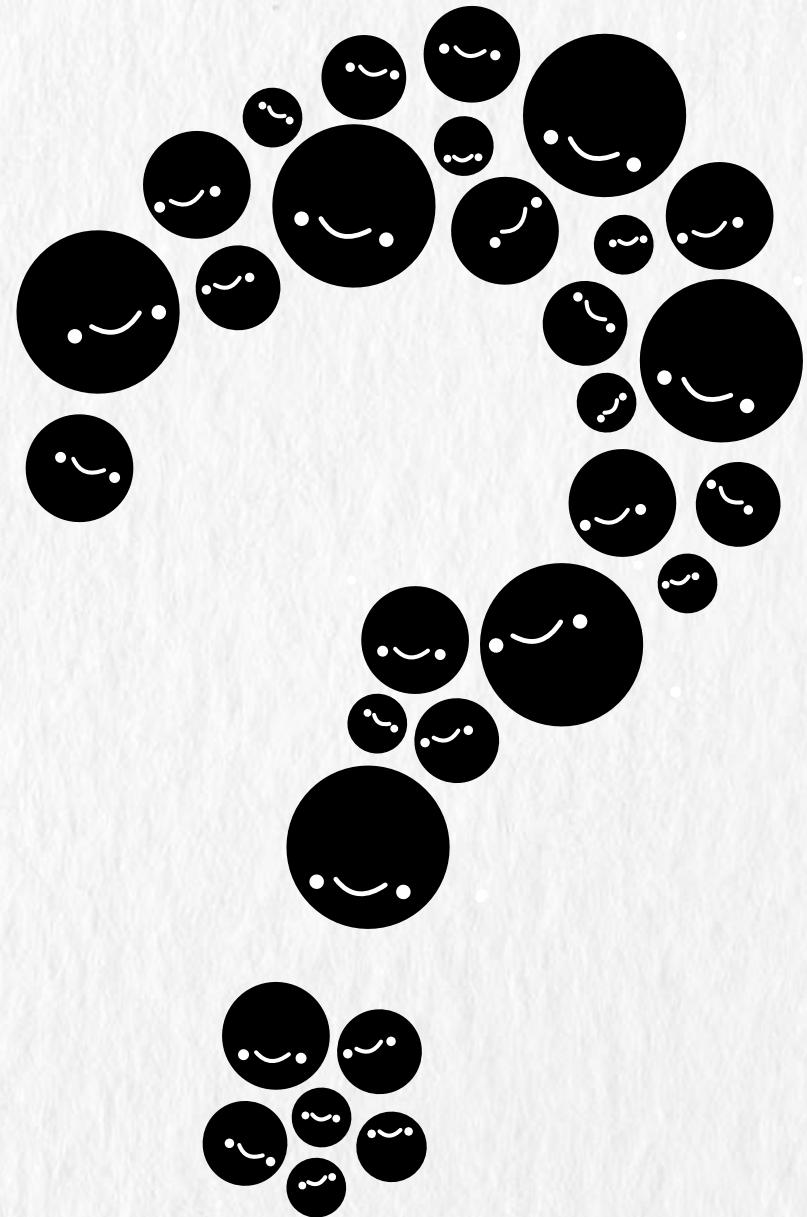
And they induce
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We studied these in
[\[2507.14287\]](#)

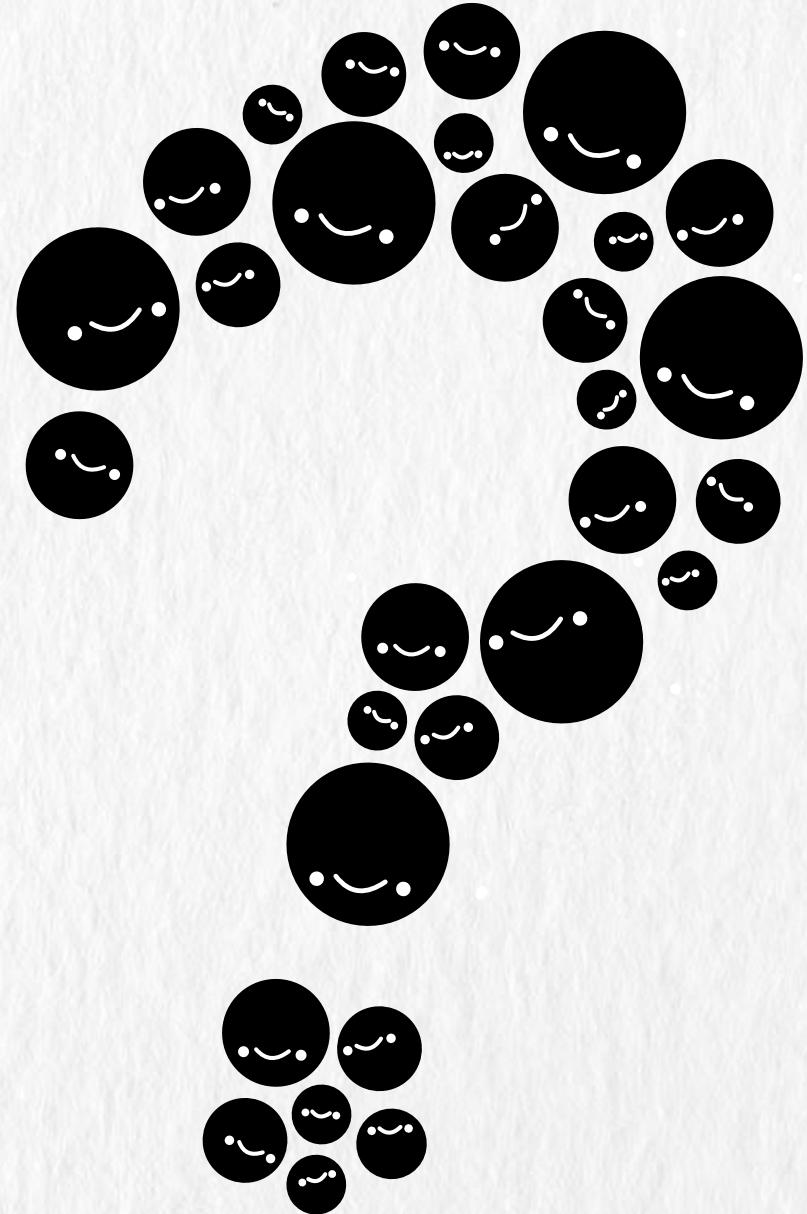
Why pair absorption?

- Working in pairs means the **DM can be charged** under whatever quantum numbers



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- Transition rates are proportional to $n^2 \sim (\rho_{DM}/m_{DM})^2$ so it gets **big for low DM masses**



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- Working in pairs means the **DM can be charged** under whatever quantum numbers
- Transition rates are proportional to $n^2 \sim (\rho_{DM}/m_{DM})^2$ so it gets **big for low DM masses**
- Final comment: **molecular systems** may be more interesting for detection (more variety) but hard to study (WIP)



Thank you!