

# Thermal Evolution of the Excited States in Inelastic Dark Matter Models

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**In collaboration with:**

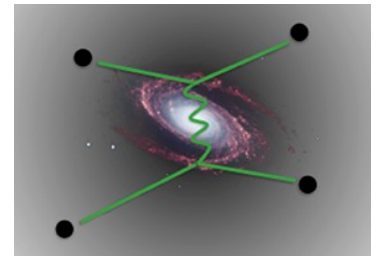
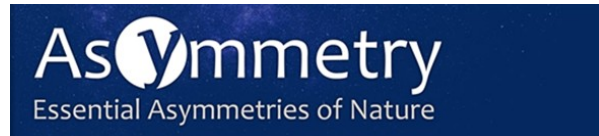
Giovani Dalla Valle, Juan Herrero-García and Joel Jones

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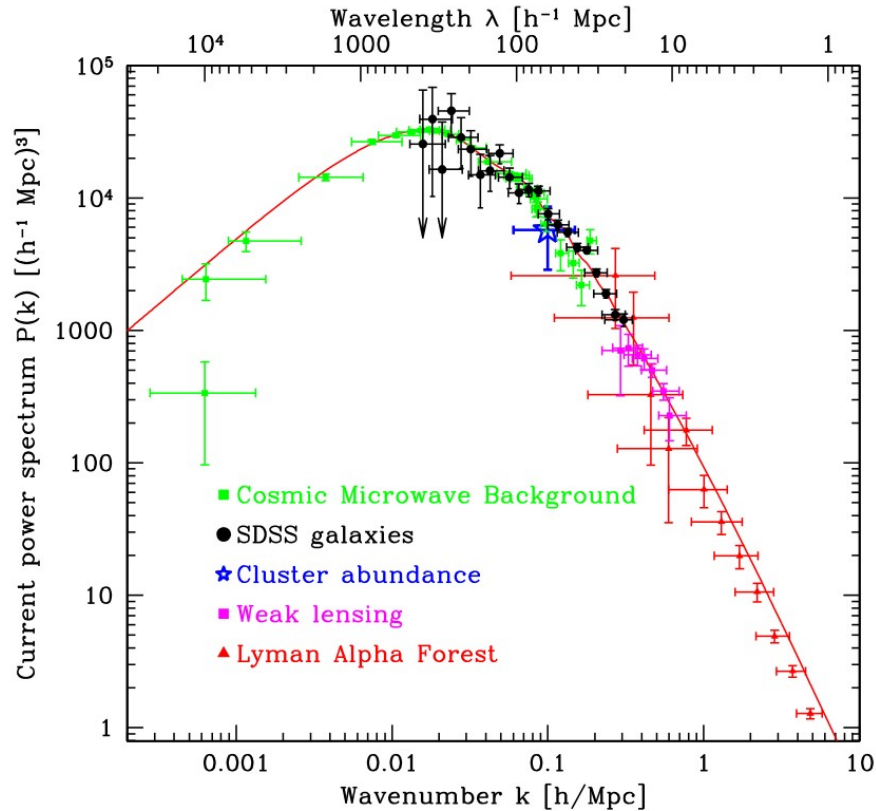


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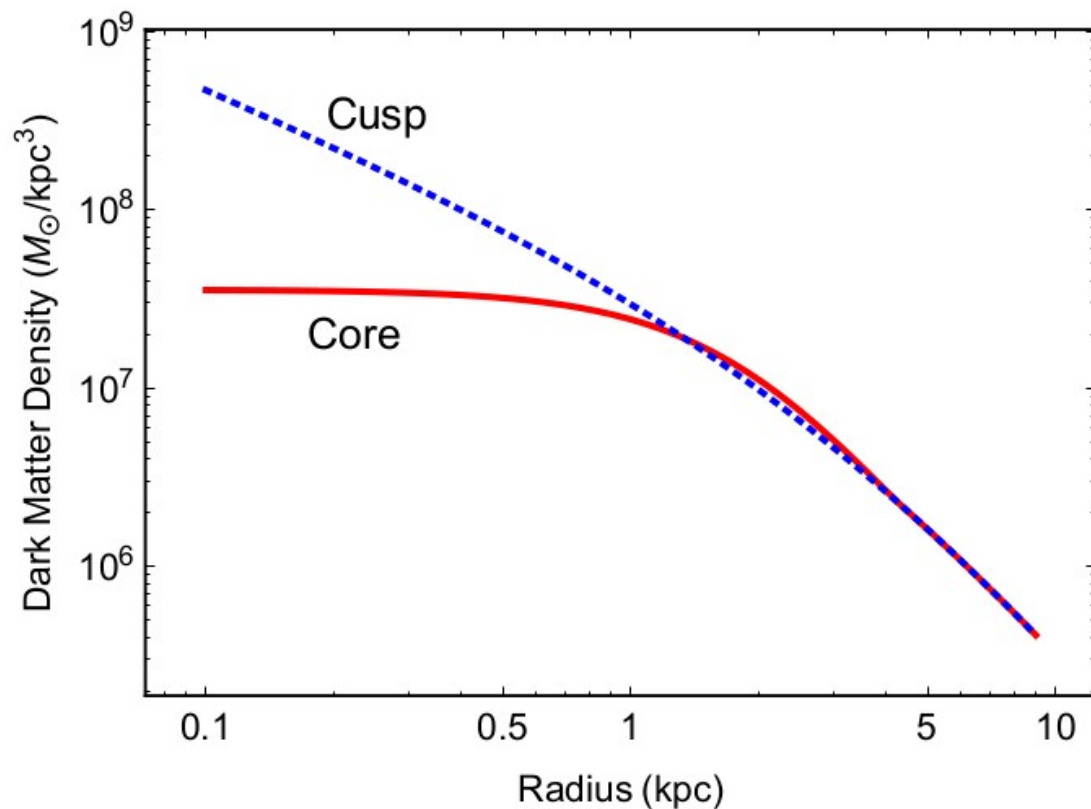


# Introduction



The standard **cold and collisionless dark matter model** (CDM) successfully describes the universe on large scales. However, N-body simulations reveal discrepancies between CDM predictions and observations on small scales, such as the **core-cusp problem**

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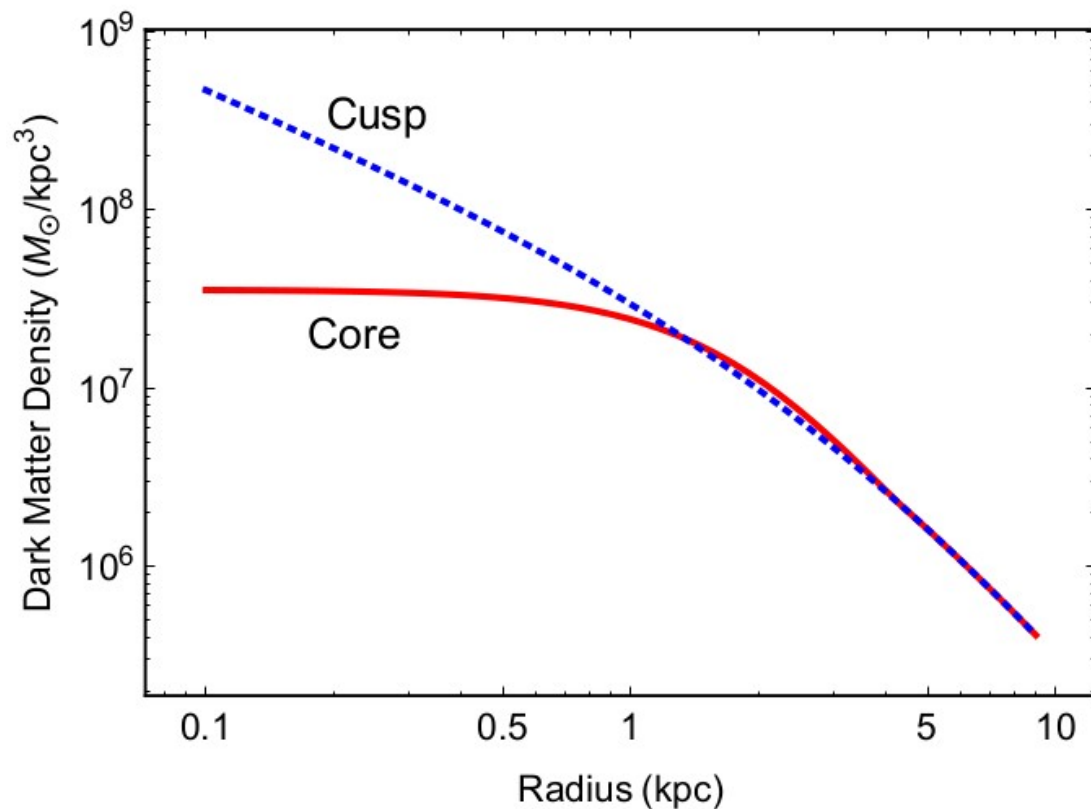


Tulin, Yu, 2017

## Core – Cusp problem

Standard CDM predicts cuspy halo profiles with  $\rho \propto r^{-1}$  (NFW), but observations of dwarf galaxies and clusters favor cored profiles with approximately constant central density  $\rho \sim \rho_0$

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Self-interacting DM offers a possible solution to this and other problems.

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However for elastic SIDM:

- Light mediators must decay before BBN and are constrained by direct detection.
- Sommerfeld enhanced s-wave annihilations can conflict with CMB and indirect detection.

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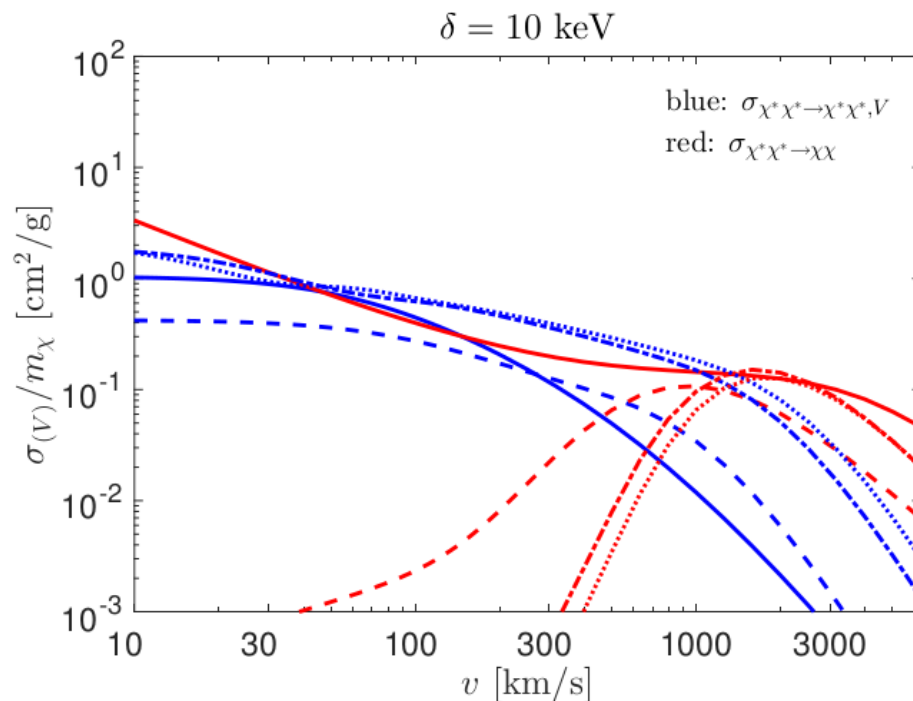
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A phenomenologically viable alternative is inelastic dark matter (iDM)



Blennow et al. (2017)

# Inelastic Dark Matter Model

The dark sector contains a  $U(1)'$  gauge symmetry with a gauge boson  $A'$  with mass  $m_{A'}$ .

$$\mathcal{L}_{\text{NP}} = \mathcal{L}_{\chi} + \mathcal{L}_V,$$

$$\mathcal{L}_{\chi} = i\bar{\chi}_L \not{D} \chi_L + i\bar{\chi}_R \not{D} \chi_R - m_D \bar{\chi}_L \chi_R - \frac{1}{2} m_L \bar{\chi}_L^c \chi_L - \frac{1}{2} m_R \bar{\chi}_R^c \chi_R + \text{h.c.}$$

$$\mathcal{L}_V = -\frac{1}{4} A'^{\mu\nu} A'_{\mu\nu} - \frac{1}{2} \frac{\epsilon}{\cos \theta_w} B^{\mu\nu} A'_{\mu\nu},$$

It includes a Dirac fermion  $\chi_D = \chi_L + \chi_R$



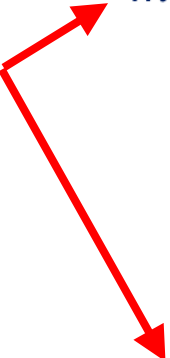
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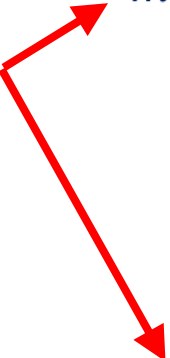
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The coupling to  $A'$  is off-diagonal

$$\mathcal{L}_{\chi} \supset ie' A'_{\mu} \bar{\chi}^* \gamma^{\mu} \chi + \mathcal{O}(\delta/m_{\chi})$$

$$m_{\chi^*} = \sqrt{m_D^2 + \frac{1}{4}(m_R - m_L)^2} + \frac{1}{2}(m_R + m_L)$$

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# Inelastic Dark Matter Model

## Phenomenologically Viable iDM

- Suppressed direct detection bounds.

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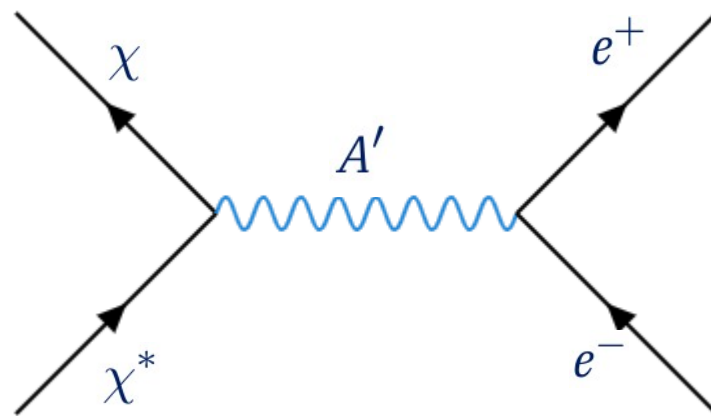
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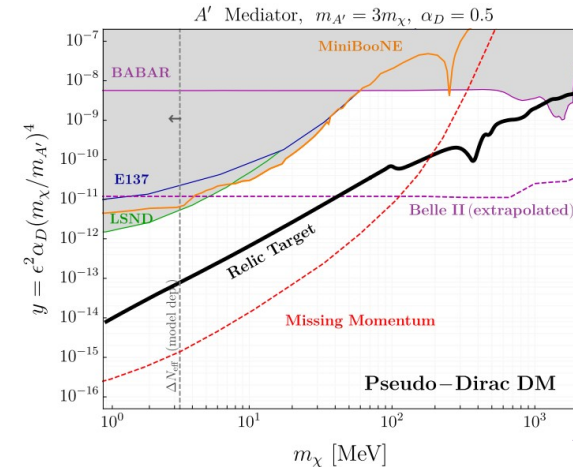
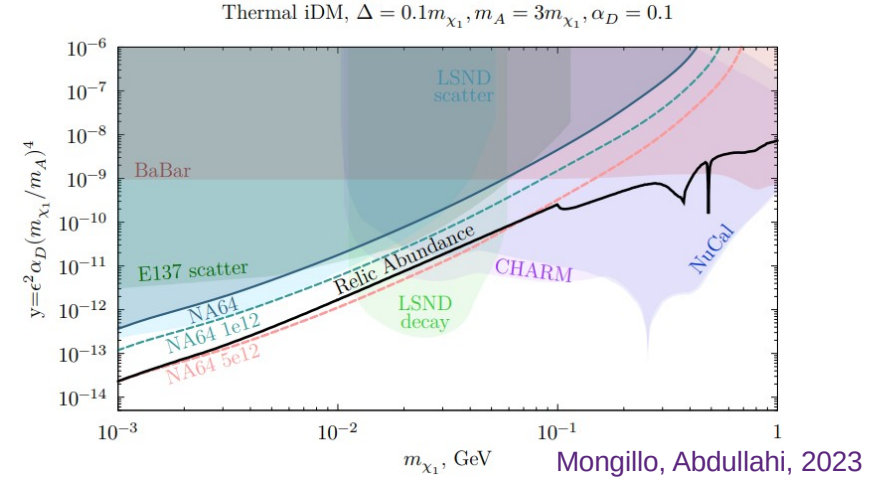
- Suppressed direct detection bounds.
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- The total relic abundance can be generated through thermal DM production (freeze-out).



# Inelastic Dark Matter Model

## Phenomenologically Viable iDM

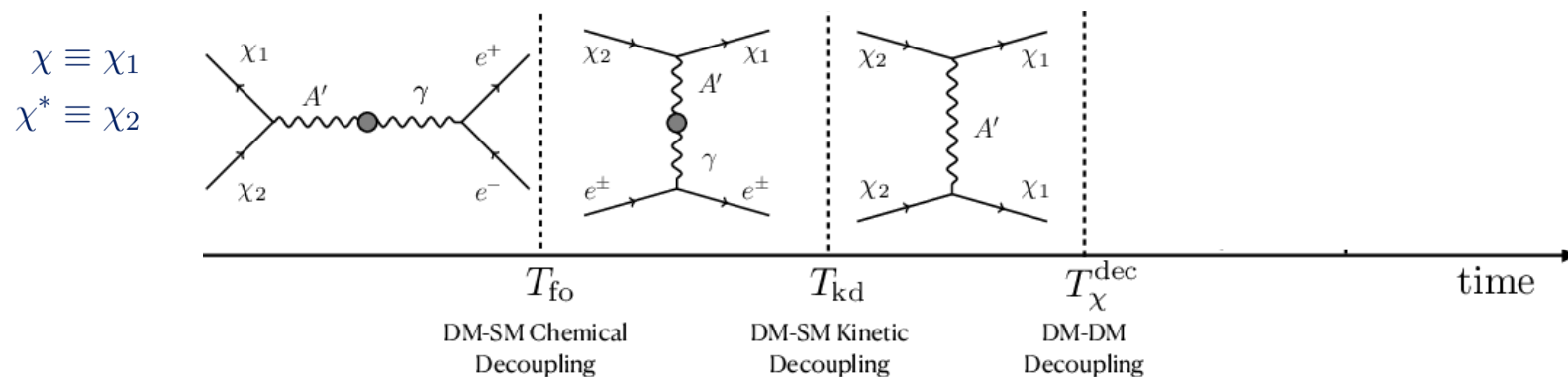
- Suppressed direct detection bounds.
- For  $m_{A'} > m_\chi$  annihilation channels are either kinematically suppressed relaxing CMB and BBN constraints.
- The total relic abundance can be generated through thermal DM production (freeze-out).
- Several experiments projections (e.g., NA64, LDMX, Belle II) are sensitive to off-diagonal interactions.





# Cosmic evolution of iDM

## Time evolution of iDM



Berlin, Krnjaic, 2023

# Evolution of Excited-States Abundance

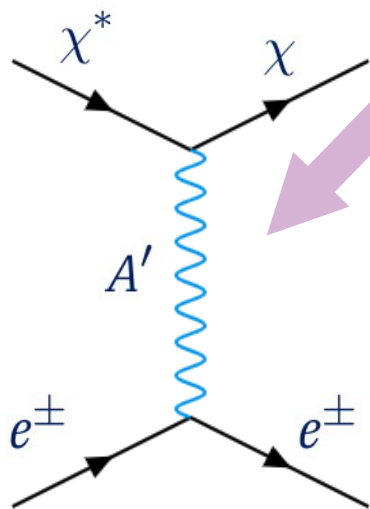
After the total freeze-out, the time evolution of the number density of  $\chi^*$

$$\begin{aligned}\dot{n}_{\chi^*} + 3Hn_{\chi^*} = & - \langle \sigma_{\chi^* e^\pm \rightarrow \chi e^\pm} v \rangle n_{\chi^*} n_{e^\pm} + \langle \sigma_{\chi e^\pm \rightarrow \chi^* e^\pm} v \rangle n_{\chi} n_{e^\pm} \\ & - \langle \sigma_{\chi^* \chi^* \rightarrow \chi \chi} v \rangle n_{\chi^*}^2 + \langle \sigma_{\chi \chi \rightarrow \chi^* \chi^*} v \rangle n_{\chi}^2\end{aligned}$$

# Evolution of Excited-States Abundance

Time evolution of the number density of  $\chi^*$

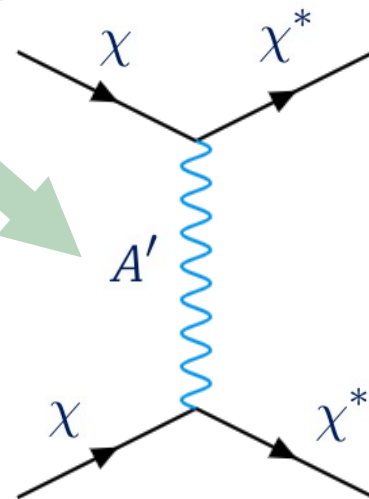
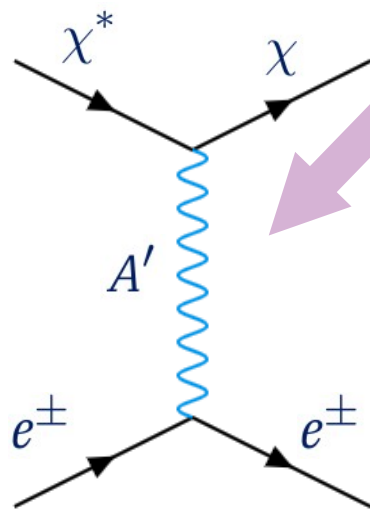
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We fixed the total number density as  $n_{\chi,\text{tot}} \equiv n_{\chi^*} + n_{\chi}$

We defined the fraction of excited states  $f \equiv \frac{n_{\chi^*}}{n_{\chi,\text{tot}}}$ ,  $0 \leq f \leq 0.5$

# Evolution of the Fraction of Excited states

Time evolution of  $f$

$$\frac{df}{dt} = - \left( \Gamma_{\downarrow}^{\text{SM}} f + \Gamma_{\downarrow}^{\text{DS}} f^2 \right) + \left[ \Gamma_{\uparrow}^{\text{SM}} (1 - f) + \Gamma_{\uparrow}^{\text{DS}} (1 - f)^2 \right]$$

with

$$\Gamma_{\uparrow}^{\text{SM}} \equiv \langle \sigma_{\chi e^{\pm} \rightarrow \chi^* e^{\pm}} v \rangle n_{e^{\pm}} ,$$

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$$\Gamma_{\uparrow}^{\text{SM}} \sim \Gamma_{\downarrow}^{\text{SM}} \times e^{-\delta/T_{\text{sm}}}$$

$$\Gamma_{\uparrow}^{\text{DS}} \sim \Gamma_{\downarrow}^{\text{DS}} \times e^{-2\delta/T_{\chi}}$$

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After kinetic decoupling ( $\Gamma_{\uparrow\downarrow}^{\text{SM}} < H$ ), the dark sector and the SM evolve with different temperatures.

# Evolution of the Fraction of Excited states

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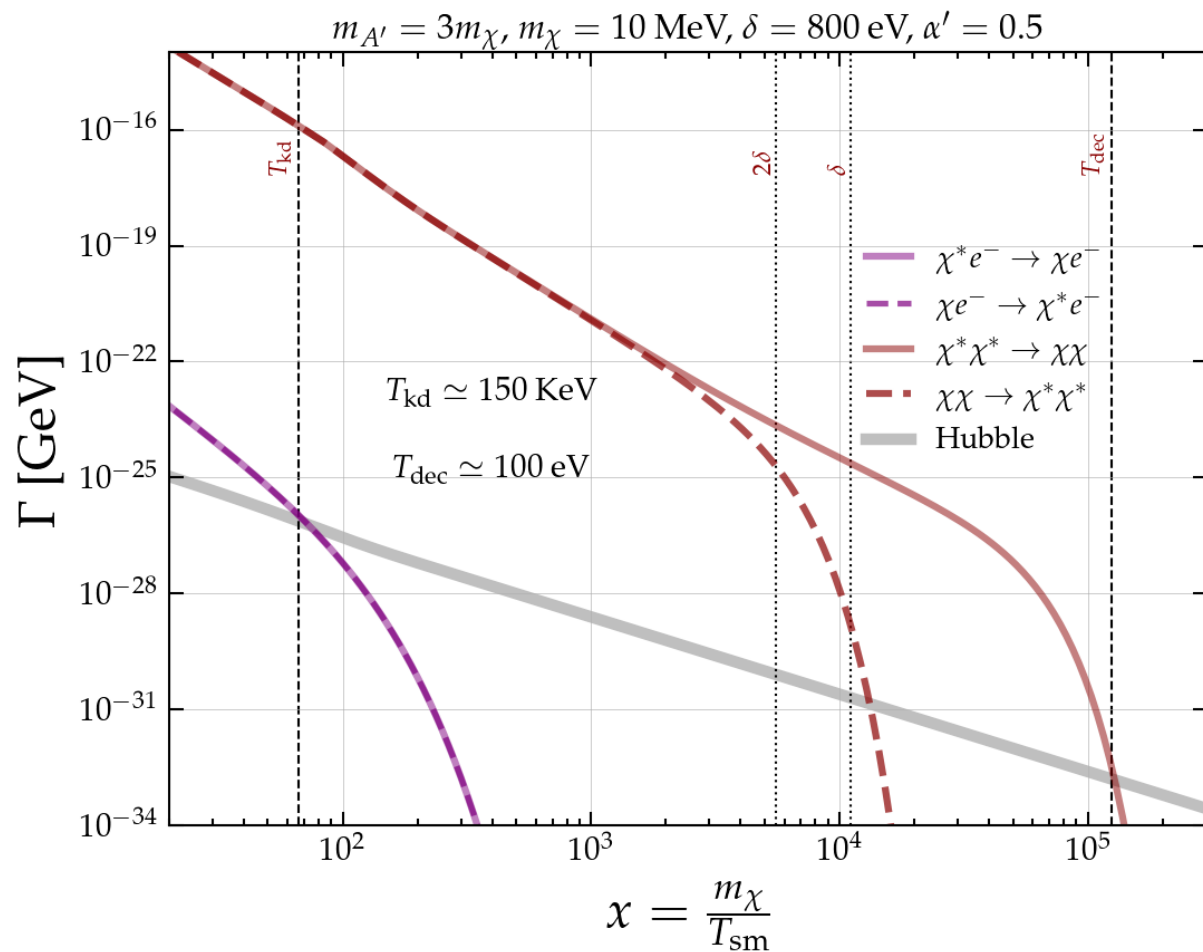
DS temperature  $T_{\chi}$ :

$$T_{\chi} = \begin{cases} T_{\text{sm}} & \text{for } T_{\text{sm}} > T_{\text{kd}}, \\ f(T_{\text{sm}}) & \text{for } T_{\text{sm}} < T_{\text{kd}}. \end{cases}$$

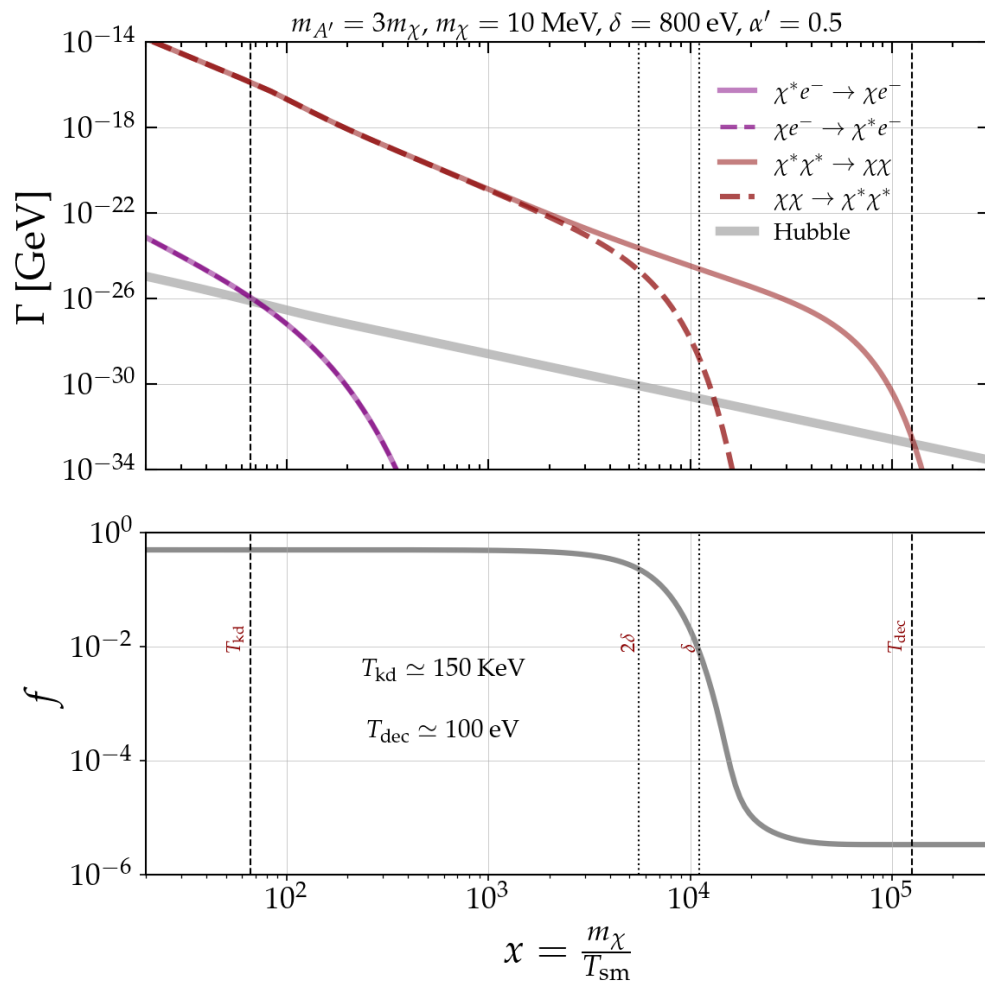
$T_{\text{kd}}$  is defined as:

$$\left. \frac{\Gamma_{\uparrow\downarrow}^{\text{SM}}}{H} \right|_{T=T_{\text{kd}}} \simeq 1$$

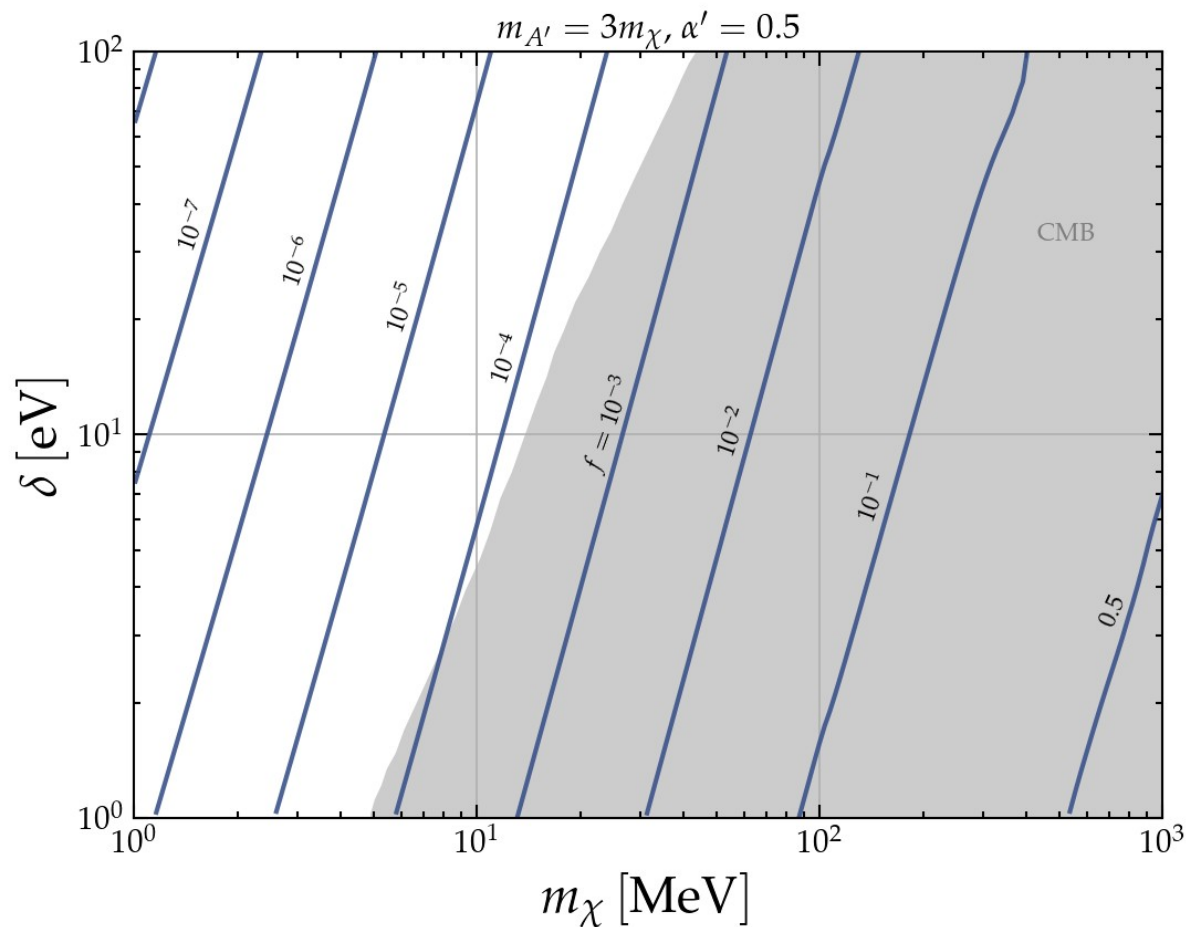
# Preliminary Results



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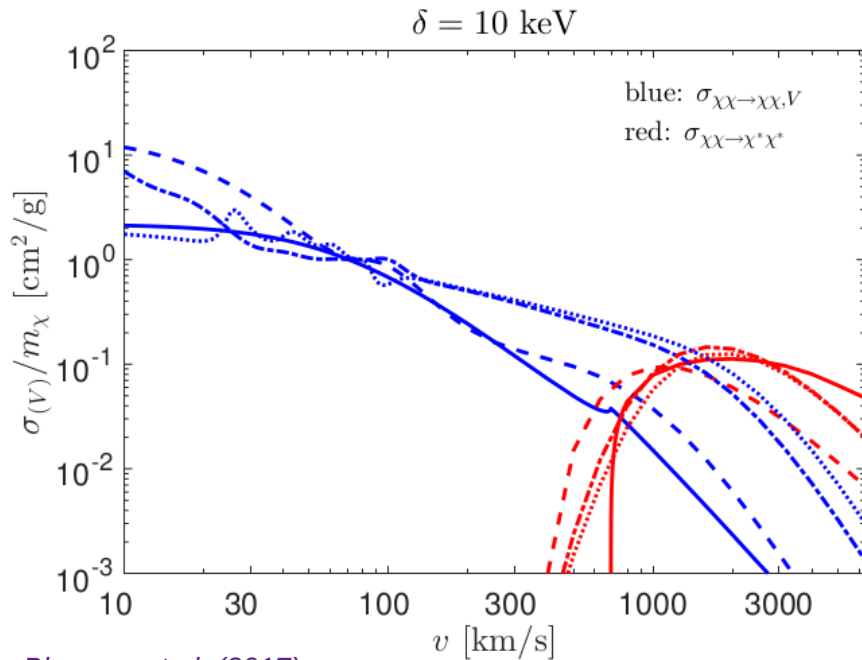
# Summary

- SIDM remains a promising solution to small-scale structure problems.
- Elastic SIDM models face strong constraints from direct detection and CMB.
- Inelastic DM naturally avoids direct detection bounds, relaxes cosmological constraints, and maintains a viable relic density through freeze-out.
- A more detailed analysis is required to the dark sector temperature evolution.

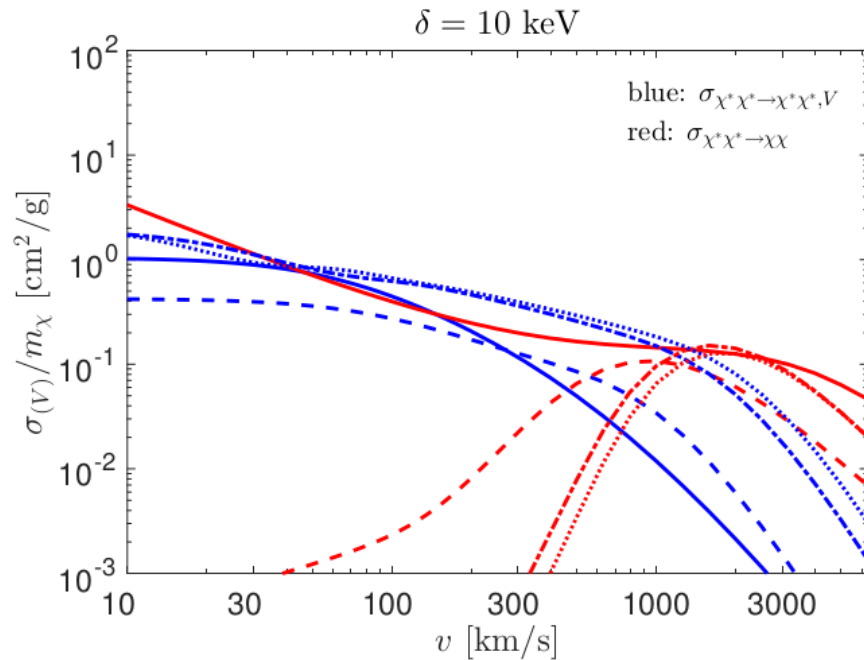
# Thanks



# Back-up



*Blennow et al. (2017)*



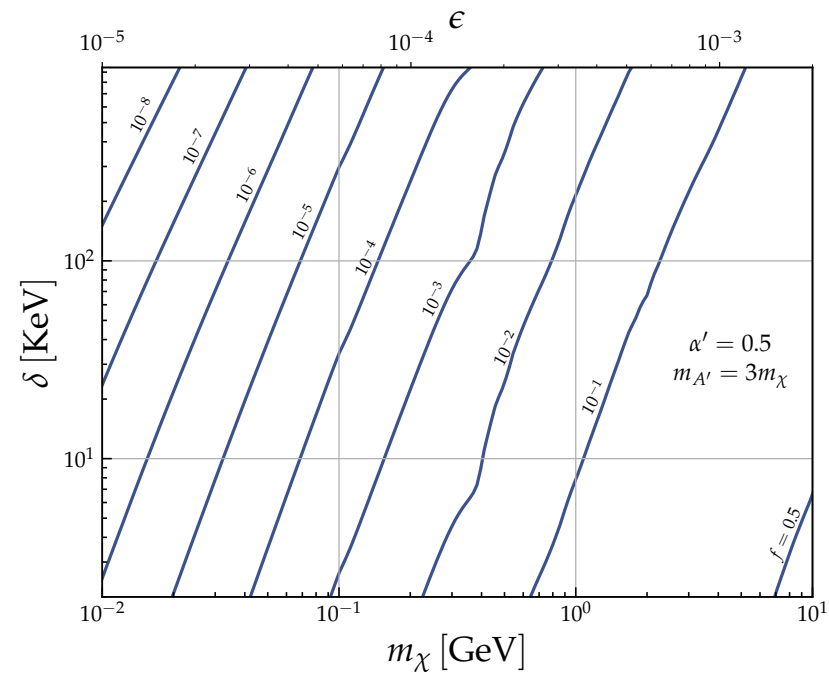
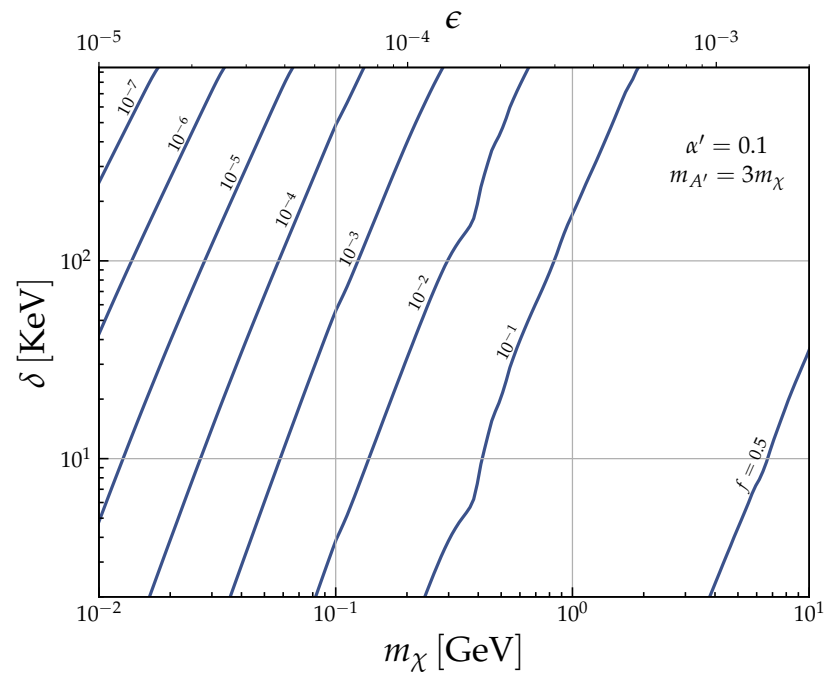
	$\delta = 10 \text{ keV}$		$\delta = 50 \text{ keV}$		$\delta = 150 \text{ keV}$	
Benchmark (line style)	$m_\chi$	$m_{A'}$	$m_\chi$	$m_{A'}$	$m_\chi$	$m_{A'}$
A (solid)	15	1	40	1	51	1
B (dashed)	55	7	80	1.5	110	1
C (dash-dotted)	100	4	120	1	140	1
D (dotted)	140	4	160	2	180	1.5

GeV

MeV

## Observations and constraints on self-interaction cross section per DM mass

Positive observations	$\sigma/m$	$v_{\text{rel}}$	Observation	Refs.
Cores in spiral galaxies (dwarf/LSB galaxies)	$\gtrsim 1 \text{ cm}^2/\text{g}$	30 – 200 km/s	Rotation curves	[102] [116]
Too-big-to-fail problem				
Milky Way	$\gtrsim 0.6 \text{ cm}^2/\text{g}$	50 km/s	Stellar dispersion	[110]
Local Group	$\gtrsim 0.5 \text{ cm}^2/\text{g}$	50 km/s	Stellar dispersion	[111]
Cores in clusters	$\sim 0.1 \text{ cm}^2/\text{g}$	1500 km/s	Stellar dispersion, lensing	[116] [126]
<i>Abell 3827 subhalo merger</i>	$\sim 1.5 \text{ cm}^2/\text{g}$	1500 km/s	DM-galaxy offset	[127]
<i>Abell 520 cluster merger</i>	$\sim 1 \text{ cm}^2/\text{g}$	2000 – 3000 km/s	DM-galaxy offset	[128] [129] [130]
<b>Constraints</b>				
Halo shapes/ellipticity	$\lesssim 1 \text{ cm}^2/\text{g}$	1300 km/s	Cluster lensing surveys	[95]
Substructure mergers	$\lesssim 2 \text{ cm}^2/\text{g}$	$\sim 500 - 4000 \text{ km/s}$	DM-galaxy offset	[115] [131]
Merging clusters	$\lesssim \text{few cm}^2/\text{g}$	2000 – 4000 km/s	Post-merger halo survival (Scattering depth $\tau < 1$ )	Table II
<i>Bullet Cluster</i>	$\lesssim 0.7 \text{ cm}^2/\text{g}$	4000 km/s	Mass-to-light ratio	[106]



# Results

